

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session One****Event 101 Girls 9-11 400 LC Meter Freestyle Level 1**

	Name	Age	Team	Seed Time	Finals Time
1	Viney, Imogen	11	City of Birmingham SC	5:11.70	5:07.34
	34.20	1:11.88 (37.68)	1:51.08 (39.20)	2:30.87 (39.79)	
	3:09.94 (39.07)	3:49.72 (39.78)	4:29.20 (39.48)	5:07.34 (38.14)	
2	Knight, Lauren	11	City of Birmingham SC	5:12.00	5:13.02
	34.81	1:14.32 (39.51)	1:55.38 (41.06)	2:35.01 (39.63)	
	3:15.01 (40.00)	3:54.80 (39.79)	4:34.75 (39.95)	5:13.02 (38.27)	
3	Milligan, Jessica	11	City of Southampton Swim Club	5:20.82	5:15.49
	35.17	1:14.50 (39.33)	1:55.30 (40.80)	2:35.52 (40.22)	
	3:16.12 (40.60)	3:56.43 (40.31)	4:36.89 (40.46)	5:15.49 (38.60)	
4	Carstairs, Macey	10	City of Southampton Swim Club	6:44.00	5:33.21
	37.48	1:20.80 (43.32)	2:04.06 (43.26)	2:47.24 (43.18)	
	3:29.45 (42.21)	4:12.21 (42.76)	4:54.14 (41.93)	5:33.21 (39.07)	
5	Tucker, Natalie E	11	Swansea Aquatics	5:24.12	5:35.05
	37.26	1:18.33 (41.07)	2:01.10 (42.77)	2:44.11 (43.01)	
	3:27.67 (43.56)	4:10.96 (43.29)	4:54.00 (43.04)	5:35.05 (41.05)	
6	Evans, Bethan	11	Neath Asc	5:38.37	5:39.57
	37.30	1:20.33 (43.03)	2:04.36 (44.03)	2:49.19 (44.83)	
	3:33.38 (44.19)	4:17.76 (44.38)	4:59.75 (41.99)	5:39.57 (39.82)	
7	Couzens, Ruby	11	City of Birmingham SC	5:26.13	5:50.84
	38.22	1:23.07 (44.85)	2:08.45 (45.38)	2:54.17 (45.72)	
	3:38.90 (44.73)	4:24.43 (45.53)	5:09.25 (44.82)	5:50.84 (41.59)	
8	Marshall, Polly	11	Caerphilly County Swim Squad	6:27.76	6:03.83
	39.08	1:25.07 (45.99)	2:11.45 (46.38)	2:58.78 (47.33)	
	3:46.70 (47.92)	4:34.15 (47.45)	5:20.33 (46.18)	6:03.83 (43.50)	
9	Keigwin, Daisy	11	Caerphilly County Swim Squad	6:37.53	6:24.68
	41.07	1:29.01 (47.94)	2:17.97 (48.96)	3:08.55 (50.58)	
	3:57.53 (48.98)	4:47.34 (49.81)	5:38.14 (50.80)	6:24.68 (46.54)	
10	George, Mia	11	Neath Asc	6:15.10	6:30.72
	44.19	1:33.51 (49.32)	2:23.27 (49.76)	3:13.90 (50.63)	
	4:03.52 (49.62)	4:54.04 (50.52)	5:43.94 (49.90)	6:30.72 (46.78)	

Event 101 Girls 12-13 400 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Erin	13	City of Birmingham SC	4:33.38	4:37.08
	31.21	1:05.87 (34.66)	1:40.86 (34.99)	2:16.35 (35.49)	
	2:51.43 (35.08)	3:26.95 (35.52)	4:02.17 (35.22)	4:37.08 (34.91)	
2	Checkley, Millie	12	City of Birmingham SC	4:50.84	4:48.03
	32.69	1:09.38 (36.69)	1:46.52 (37.14)	2:23.59 (37.07)	
	3:00.42 (36.83)	3:37.05 (36.63)	4:13.19 (36.14)	4:48.03 (34.84)	
3	Stokes, Aimee	12	Swansea Aquatics	5:01.98	4:58.08
	33.81	1:10.83 (37.02)	1:48.57 (37.74)	2:27.04 (38.47)	
	3:05.91 (38.87)	3:43.72 (37.81)	4:21.27 (37.55)	4:58.08 (36.81)	
4	Willis, Ashleigh	13	Swansea Aquatics	5:03.69	5:01.80
	33.82	1:11.51 (37.69)	1:49.99 (38.48)	2:28.48 (38.49)	
	3:06.86 (38.38)	3:45.95 (39.09)	4:24.58 (38.63)	5:01.80 (37.22)	
5	Sibbald-Perkins, Ellie	12	City of Birmingham SC	5:03.10	5:03.07
	33.20	1:10.71 (37.51)	1:49.35 (38.64)	2:28.88 (39.53)	
	3:08.38 (39.50)	3:47.54 (39.16)	4:26.69 (39.15)	5:03.07 (36.38)	
6	Davies, Charlotte	13	Swansea Aquatics	4:59.40	5:05.87
	34.07	1:11.13 (37.06)	1:49.73 (38.60)	2:28.66 (38.93)	
	3:08.27 (39.61)	3:48.33 (40.06)	4:28.26 (39.93)	5:05.87 (37.61)	
7	Blyth, Ella	12	City of Birmingham SC	5:12.88	5:05.98
	34.98	1:13.36 (38.38)	1:52.64 (39.28)	2:32.33 (39.69)	
	3:11.94 (39.61)	3:50.97 (39.03)	4:29.25 (38.28)	5:05.98 (36.73)	
8	Tooth, Phoebe	12	City of Birmingham SC	5:13.93	5:06.12
	35.35	1:14.70 (39.35)	1:53.40 (38.70)	2:33.32 (39.92)	
	3:12.10 (38.78)	3:51.60 (39.50)	4:30.22 (38.62)	5:06.12 (35.90)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session One****(Event 101 Girls 12-13 400 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
9	Robins, Aaliyah M	13	Chirk Dragons	5:01.50	5:07.61
	33.49	1:10.92 (37.43)	1:50.29 (39.37)	2:30.59 (40.30)	
	3:10.89 (40.30)	3:50.63 (39.74)	4:31.09 (40.46)	5:07.61 (36.52)	
10	Jones, Alicia D	13	Merthyr Tydfil Swimming Club	5:20.89	5:09.80
	33.31	1:11.91 (38.60)	1:51.41 (39.50)	2:31.46 (40.05)	
	3:11.68 (40.22)	3:52.93 (41.25)	4:31.89 (38.96)	5:09.80 (37.91)	
11	Carstairs, Ella	13	City of Southampton Swim Club	5:15.38	5:12.22
	34.53	1:13.59 (39.06)	1:54.01 (40.42)	2:33.89 (39.88)	
	3:14.27 (40.38)	3:54.75 (40.48)	4:34.26 (39.51)	5:12.22 (37.96)	
12	Davies, Katie	13	Neath Asc	5:13.06	5:14.28
	34.38	1:13.72 (39.34)	1:53.61 (39.89)	2:33.83 (40.22)	
	3:14.38 (40.55)	3:55.10 (40.72)	4:35.33 (40.23)	5:14.28 (38.95)	
13	Dowling, Katie	13	City of Southampton Swim Club	5:01.80	5:15.92
	34.44	1:12.84 (38.40)	1:52.86 (40.02)	2:33.10 (40.24)	
	3:14.08 (40.98)	3:55.17 (41.09)	4:36.56 (41.39)	5:15.92 (39.36)	
14	Warlow, Grace E	13	Neath Asc	5:17.45	5:24.69
	34.99	1:13.98 (38.99)	1:55.25 (41.27)	2:37.33 (42.08)	
	3:19.20 (41.87)	4:02.06 (42.86)	4:43.42 (41.36)	5:24.69 (41.27)	
15	Williams, Danielle	13	Swansea Aquatics	5:41.60	5:34.00
	37.75	1:19.09 (41.34)	2:01.46 (42.37)	2:44.23 (42.77)	
	3:28.52 (44.29)	4:12.79 (44.27)	4:54.82 (42.03)	5:34.00 (39.18)	
16	Jones, Ffion C	13	Penyrheol Asc	5:54.87	5:44.50
	38.59	1:21.82 (43.23)	2:05.98 (44.16)	2:50.98 (45.00)	
	3:36.13 (45.15)	4:20.89 (44.76)	5:03.75 (42.86)	5:44.50 (40.75)	
17	Williams, Rhona	13	Chirk Dragons	5:54.88	5:49.20
	38.39	1:22.13 (43.74)	2:06.96 (44.83)	2:52.03 (45.07)	
	3:37.23 (45.20)	4:22.13 (44.90)	5:07.23 (45.10)	5:49.20 (41.97)	

Event 101 Girls 14-15 400 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Hubbard, Caitlin	15	City of Birmingham SC	4:36.23	4:31.19
	31.19	1:05.22 (34.03)	1:40.02 (34.80)	2:14.49 (34.47)	
	2:48.72 (34.23)	3:22.89 (34.17)	3:57.43 (34.54)	4:31.19 (33.76)	
2	Bartley, Alexandra	14	City of Birmingham SC	4:30.18	4:36.16
	31.50	1:05.72 (34.22)	1:40.56 (34.84)	2:15.88 (35.32)	
	2:50.71 (34.83)	3:26.41 (35.70)	4:01.22 (34.81)	4:36.16 (34.94)	
3	Arnold, Elizabeth	14	Swansea Aquatics	4:37.49	4:39.93
	31.27	1:05.19 (33.92)	1:40.17 (34.98)	2:16.36 (36.19)	
	2:52.45 (36.09)	3:28.79 (36.34)	4:05.00 (36.21)	4:39.93 (34.93)	
4	Stephenson, Alisha	14	City of Birmingham SC	4:47.11	4:43.53
	32.13	1:07.52 (35.39)	1:43.47 (35.95)	2:19.99 (36.52)	
	2:56.88 (36.89)	3:33.57 (36.69)	4:09.10 (35.53)	4:43.53 (34.43)	
5	Molloy, Erin	14	City of Birmingham SC	5:00.96	4:54.50
	33.03	1:09.10 (36.07)	1:45.53 (36.43)	2:23.06 (37.53)	
	3:00.81 (37.75)	3:38.83 (38.02)	4:16.92 (38.09)	4:54.50 (37.58)	
6	Williams, Rhiannon	15	Swansea Aquatics	4:58.56	5:04.68
	33.61	1:11.31 (37.70)	1:49.87 (38.56)	2:28.91 (39.04)	
	3:07.80 (38.89)	3:47.80 (40.00)	4:27.20 (39.40)	5:04.68 (37.48)	
7	Paisey, Savita	14	City of Southampton Swim Club	5:05.10	5:09.08
	34.50	1:13.17 (38.67)	1:52.54 (39.37)	2:31.90 (39.36)	
	3:12.02 (40.12)	3:52.08 (40.06)	4:32.41 (40.33)	5:09.08 (36.67)	
8	Nicholls, Jasmine	15	Swansea Aquatics	5:17.20	5:16.61
	35.47	1:15.01 (39.54)	1:55.10 (40.09)	2:35.15 (40.05)	
	3:16.29 (41.14)	3:57.45 (41.16)	4:37.96 (40.51)	5:16.61 (38.65)	
9	Brown, Sophie	14	Swim Conwy Performance Centre	5:08.02	5:21.29
	34.65	1:14.04 (39.39)	1:55.12 (41.08)	2:35.59 (40.47)	
	3:17.39 (41.80)	3:58.66 (41.27)	4:41.42 (42.76)	5:21.29 (39.87)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session One****(Event 101 Girls 14-15 400 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
10	Roberts, Anya	14	Llanelli Asc	5:31.16	5:23.06
	37.49	1:18.23 (40.74)	1:59.77 (41.54)	2:41.38 (41.61)	
	3:22.58 (41.20)	4:03.33 (40.75)	4:43.80 (40.47)	5:23.06 (39.26)	
11	Holdsworth, Jasmine	14	Celtic Dolphins	5:21.25	5:25.06
	36.73	1:17.09 (40.36)	1:57.92 (40.83)	2:39.82 (41.90)	
	3:21.21 (41.39)	4:02.85 (41.64)	4:43.99 (41.14)	5:25.06 (41.07)	
12	Laugharne, Zoe	15	Celtic Dolphins	5:38.96	5:32.35
	36.79	1:17.39 (40.60)	1:59.36 (41.97)	2:41.71 (42.35)	
	3:24.99 (43.28)	4:08.05 (43.06)	4:51.02 (42.97)	5:32.35 (41.33)	
13	Davies, Sophie	14	Swansea Aquatics	5:30.80	5:36.38
	35.55	1:16.80 (41.25)	2:00.70 (43.90)	2:43.86 (43.16)	
	3:27.82 (43.96)	4:11.57 (43.75)	4:55.69 (44.12)	5:36.38 (40.69)	
14	Glover, Alysia	14	Neath Asc	5:23.44	5:38.21
	36.71	1:18.02 (41.31)	2:00.58 (42.56)	2:44.00 (43.42)	
	3:27.80 (43.80)	4:11.78 (43.98)	4:55.58 (43.80)	5:38.21 (42.63)	

Event 101 Girls 16 & Over 400 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Ellena	19	Swansea Aquatics	4:20.38	4:16.66
	30.85	1:03.11 (32.26)	1:34.84 (31.73)	2:07.02 (32.18)	
	2:39.01 (31.99)	3:11.45 (32.44)	3:44.41 (32.96)	4:16.66 (32.25)	
2	Griffiths, Isobel	17	City of Birmingham SC	4:15.48	4:24.91
	30.78	1:03.52 (32.74)	1:36.86 (33.34)	2:10.59 (33.73)	
	2:44.34 (33.75)	3:18.32 (33.98)	3:52.09 (33.77)	4:24.91 (32.82)	
3	Rothwell, Harriet	18	Swansea Aquatics	4:28.75	4:35.93
	32.08	1:06.46 (34.38)	1:41.27 (34.81)	2:16.51 (35.24)	
	2:51.15 (34.64)	3:26.75 (35.60)	4:01.74 (34.99)	4:35.93 (34.19)	
4	Kamau, Rebecca	17	City of Birmingham SC	4:28.56	4:37.33
	31.16	1:04.65 (33.49)	1:39.30 (34.65)	2:14.50 (35.20)	
	2:50.19 (35.69)	3:26.31 (36.12)	4:02.23 (35.92)	4:37.33 (35.10)	
5	Hoyle, Katie	18	Swansea Aquatics	4:27.22	4:44.07
	31.98	1:06.34 (34.36)	1:42.02 (35.68)	2:18.66 (36.64)	
	2:55.12 (36.46)	3:31.93 (36.81)	4:08.76 (36.83)	4:44.07 (35.31)	
6	Bozzard-Hill, Zoe	20	City of Birmingham SC	4:40.50	4:44.55
	31.44	1:07.18 (35.74)	1:42.36 (35.18)	2:18.39 (36.03)	
	2:54.58 (36.19)	3:31.46 (36.88)	4:08.58 (37.12)	4:44.55 (35.97)	
7	Black, Rebekah	16	Swansea Aquatics	4:49.30	5:01.01
	33.07	1:09.53 (36.46)	1:47.32 (37.79)	2:25.59 (38.27)	
	3:04.42 (38.83)	3:43.37 (38.95)	4:23.26 (39.89)	5:01.01 (37.75)	
8	Lewis, Awen	17	Neath Asc	4:57.90	5:05.85
	32.86	1:09.75 (36.89)	1:48.26 (38.51)	2:27.82 (39.56)	
	3:07.65 (39.83)	3:48.08 (40.43)	4:28.49 (40.41)	5:05.85 (37.36)	
9	Andrews, Ffion	16	Neath Asc	4:56.31	5:06.70
	33.00	1:10.77 (37.77)	1:49.34 (38.57)	2:29.87 (40.53)	
	3:08.56 (38.69)	3:49.00 (40.44)	4:27.53 (38.53)	5:06.70 (39.17)	
10	McQueen, Amy	17	Swansea Aquatics	4:47.08	5:07.50
	34.15	1:12.29 (38.14)	1:52.28 (39.99)	2:31.60 (39.32)	
	3:10.94 (39.34)	3:49.99 (39.05)	4:29.11 (39.12)	5:07.50 (38.39)	
11	Jones, Niamh J	16	Penyrheol Asc	5:03.41	5:29.20
	34.45	1:13.64 (39.19)	1:54.87 (41.23)	2:37.25 (42.38)	
	3:20.16 (42.91)	4:03.24 (43.08)	4:46.78 (43.54)	5:29.20 (42.42)	

Event 102 Boys 9-10 400 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Leckonby, Dai	10	Swansea Aquatics	6:20.78	6:06.05
	37.80	1:22.82 (45.02)	2:09.11 (46.29)	2:57.16 (48.05)	
	3:46.17 (49.01)	4:32.36 (46.19)	5:20.81 (48.45)	6:06.05 (45.24)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session One****Event 102 Boys 11-12 400 LC Meter Freestyle Level 1**

	Name	Age	Team	Seed Time	Finals Time
1	Carless, Oliver	12	City of Birmingham SC	4:55.32	4:56.36
	31.76	1:07.91 (36.15)	1:45.48 (37.57)	2:23.90 (38.42)	
	3:02.29 (38.39)	3:40.92 (38.63)	4:19.23 (38.31)	4:56.36 (37.13)	
2	Watson, Flynn	12	City of Birmingham SC	5:21.80	4:58.22
	33.09	1:10.32 (37.23)	1:48.11 (37.79)	2:25.31 (37.20)	
	3:04.64 (39.33)	3:42.58 (37.94)	4:20.71 (38.13)	4:58.22 (37.51)	
3	Seppman, Neo	12	Swansea Aquatics	5:24.19	5:22.09
	35.43	1:14.65 (39.22)	1:54.70 (40.05)	2:35.44 (40.74)	
	3:17.56 (42.12)	3:59.32 (41.76)	4:41.57 (42.25)	5:22.09 (40.52)	
4	Cole, Toby	11	Swansea Aquatics	5:41.35	5:27.47
	36.99	1:18.68 (41.69)	2:00.39 (41.71)	2:43.12 (42.73)	
	3:25.47 (42.35)	4:09.49 (44.02)	4:48.91 (39.42)	5:27.47 (38.56)	
5	Jones, Rhys	12	Caerphilly County Swim Squad	5:49.33	5:34.41
	36.90	1:17.94 (41.04)	2:00.06 (42.12)	2:42.64 (42.58)	
	3:25.20 (42.56)	4:09.12 (43.92)	4:50.67 (41.55)	5:34.41 (43.74)	
6	Wingrave-Rix, Harvey	12	Swansea Aquatics	5:23.52	5:41.55
	36.22	1:18.41 (42.19)	2:02.48 (44.07)	2:45.93 (43.45)	
	3:30.32 (44.39)	4:14.44 (44.12)	4:59.59 (45.15)	5:41.55 (41.96)	
7	Cooper, Joshua	12	Neath Asc	5:22.00	5:46.50
	36.93	1:19.80 (42.87)	2:04.01 (44.21)	2:48.32 (44.31)	
	3:32.53 (44.21)	4:16.71 (44.18)	5:02.25 (45.54)	5:46.50 (44.25)	

Event 102 Boys 13-14 400 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Jacob	14	City of Birmingham SC	4:18.57	4:20.33
	28.37	59.70 (31.33)	1:32.02 (32.32)	2:05.98 (33.96)	
	2:39.82 (33.84)	3:13.33 (33.51)	3:46.79 (33.46)	4:20.33 (33.54)	
2	Watson, Oliver	14	City of Birmingham SC	4:28.68	4:30.00
	30.60	1:04.90 (34.30)	1:38.98 (34.08)	2:14.02 (35.04)	
	2:47.89 (33.87)	3:22.65 (34.76)	3:57.15 (34.50)	4:30.00 (32.85)	
3	Skelding, Luke	14	City of Birmingham SC	4:30.91	4:34.77
	30.44	1:04.02 (33.58)	1:38.89 (34.87)	2:14.50 (35.61)	
	2:49.39 (34.89)	3:25.26 (35.87)	4:00.72 (35.46)	4:34.77 (34.05)	
4	Dark, Jamie	13	City of Birmingham SC	4:40.21	4:41.39
	30.87	1:06.30 (35.43)	1:43.12 (36.82)	2:19.58 (36.46)	
	2:55.64 (36.06)	3:31.72 (36.08)	4:06.98 (35.26)	4:41.39 (34.41)	
5	Woolley, Acer	13	City of Birmingham SC	4:45.17	4:44.66
	30.94	1:05.79 (34.85)	1:41.98 (36.19)	2:18.36 (36.38)	
	2:55.20 (36.84)	3:32.20 (37.00)	4:09.23 (37.03)	4:44.66 (35.43)	
6	Martin, Luke	13	City of Southampton Swim Club	5:09.88	5:05.60
	35.07	1:14.26 (39.19)	1:52.99 (38.73)	2:33.06 (40.07)	
	3:12.57 (39.51)	3:52.10 (39.53)	4:30.65 (38.55)	5:05.60 (34.95)	
7	Jones, Ceirion	13	Merthyr Tydfil Swimming Club	5:21.46	5:20.10
	34.04	1:13.70 (39.66)	1:54.37 (40.67)	2:34.67 (40.30)	
	3:16.59 (41.92)	3:58.89 (42.30)	4:40.37 (41.48)	5:20.10 (39.73)	

Event 102 Boys 15 & Over 400 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Osborne, Samuel	15	City of Birmingham SC	4:03.06	4:12.47
	29.24	59.84 (30.60)	1:31.43 (31.59)	2:03.07 (31.64)	
	2:34.78 (31.71)	3:07.56 (32.78)	3:40.20 (32.64)	4:12.47 (32.27)	
2	Marotta, Daniel	15	Swansea Aquatics	4:17.62	4:15.11
	29.56	1:00.94 (31.38)	1:33.28 (32.34)	2:05.74 (32.46)	
	2:38.19 (32.45)	3:10.39 (32.20)	3:42.85 (32.46)	4:15.11 (32.26)	
3	Stanford, Benjamin	17	City of Birmingham SC	4:10.73	4:17.93
	28.44	59.64 (31.20)	1:31.63 (31.99)	2:04.60 (32.97)	
	2:37.17 (32.57)	3:11.10 (33.93)	3:45.15 (34.05)	4:17.93 (32.78)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session One****(Event 102 Boys 15 & Over 400 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
4	Davies, Llewelyn W	15	Swansea Aquatics	4:15.48	4:19.34
	29.55	1:01.45 (31.90)	1:33.55 (32.10)	2:06.67 (33.12)	
	2:39.71 (33.04)	3:13.14 (33.43)	3:46.68 (33.54)	4:19.34 (32.66)	
5	Cole, Iestyn	17	Llanelli Asc	4:28.52	4:20.11
	28.13	59.95 (31.82)	1:32.85 (32.90)	2:06.24 (33.39)	
	2:39.73 (33.49)	3:13.71 (33.98)	4:20.11 (1:06.40)		
6	Andrews, Ryan	16	City of Birmingham SC	4:24.33	4:21.53
	29.96	1:03.03 (33.07)	1:36.62 (33.59)	2:10.37 (33.75)	
	2:43.40 (33.03)	3:17.03 (33.63)	3:50.04 (33.01)	4:21.53 (31.49)	
7	Budd-Thomas, Brandon	16	Swansea Aquatics	4:16.10	4:22.04
	29.87	1:02.34 (32.47)	1:36.00 (33.66)	2:09.63 (33.63)	
	2:43.09 (33.46)	3:16.58 (33.49)	3:49.93 (33.35)	4:22.04 (32.11)	
8	Pardoe, Callum	20	Swansea Aquatics	4:05.10	4:22.51
	29.49	1:02.09 (32.60)	1:35.53 (33.44)	2:09.53 (34.00)	
	2:43.42 (33.89)	3:17.55 (34.13)	3:50.78 (33.23)	4:22.51 (31.73)	
9	Pemberton, Morgan	16	Neath Asc	4:24.94	4:30.91
	30.09	1:03.56 (33.47)	1:38.01 (34.45)	2:13.44 (35.43)	
	2:47.49 (34.05)	3:22.59 (35.10)	3:58.40 (35.81)	4:30.91 (32.51)	
10	Johnson, Sam	17	Swim Conwy Performance Centre	4:32.15	4:34.06
	30.59	1:05.18 (34.59)	1:39.83 (34.65)	2:15.12 (35.29)	
	2:49.74 (34.62)	3:24.88 (35.14)	3:59.83 (34.95)	4:34.06 (34.23)	
11	Short, Simon	18	Neath Asc	4:33.63	4:42.45
	29.13	1:02.42 (33.29)	1:37.22 (34.80)	2:12.81 (35.59)	
	2:49.86 (37.05)	3:27.21 (37.35)	4:04.91 (37.70)	4:42.45 (37.54)	
12	Barton, Jack	15	City of Southampton Swim Club	4:47.83	4:45.75
	31.26	1:05.95 (34.69)	1:41.77 (35.82)	2:18.65 (36.88)	
	2:55.78 (37.13)	3:33.16 (37.38)	4:10.37 (37.21)	4:45.75 (35.38)	
13	Evans, Luke T	16	Chirk Dragons	4:53.61	4:54.28
	30.76	1:06.27 (35.51)	1:43.40 (37.13)	2:21.61 (38.21)	
	3:00.31 (38.70)	3:39.12 (38.81)	4:17.31 (38.19)	4:54.28 (36.97)	
14	Moss, Alistair J	15	Chirk Dragons	5:07.90	4:58.93
	31.77	1:07.73 (35.96)	1:45.48 (37.75)	2:23.99 (38.51)	
	3:02.90 (38.91)	3:42.02 (39.12)	4:21.47 (39.45)	4:58.93 (37.46)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****Event 201 Girls 9-11 200 LC Meter IM Level 1**

	Name	Age	Team	Seed Time	Finals Time
1	Viney, Imogen	11	City of Birmingham SC	2:47.66	2:45.07
	35.49	1:21.99 (46.50)	2:07.99 (46.00)	2:45.07 (37.08)	
2	Milligan, Jessica	11	City of Southampton Swim Club	2:55.00	2:49.12
	38.48	1:22.95 (44.47)	2:13.01 (50.06)	2:49.12 (36.11)	
3	Dickinson, Jessica	11	Swansea Aquatics	2:54.02	2:49.17
	36.77	1:20.75 (43.98)	2:12.08 (51.33)	2:49.17 (37.09)	
4	Tucker, Natalie E	11	Swansea Aquatics	2:57.57	3:01.19
	40.79	1:28.65 (47.86)	2:22.62 (53.97)	3:01.19 (38.57)	
5	Bailey-Jones, Nia	11	Swansea Aquatics	3:04.25	3:03.69
	39.88	1:25.61 (45.73)	2:23.29 (57.68)	3:03.69 (40.40)	
6	Couzens, Ruby	11	City of Birmingham SC	2:53.20	3:04.99
	39.66	1:29.27 (49.61)	2:23.46 (54.19)	3:04.99 (41.53)	
7	Evans, Bethan	11	Neath Asc	3:02.84	3:06.76
	46.10	1:33.28 (47.18)	2:28.90 (55.62)	3:06.76 (37.86)	
8	Lloyd, Ruby	11	Swansea Aquatics	3:12.19	3:08.53
	41.23	1:32.94 (51.71)	2:30.72 (57.78)	3:08.53 (37.81)	
9	Garcia, Ysabelle	11	City of Southampton Swim Club	3:27.74	3:09.01
	43.61	1:33.47 (49.86)	2:28.32 (54.85)	3:09.01 (40.69)	
10	Wilkins, Maia	11	Swansea Aquatics	3:11.71	3:09.05
	46.22	1:36.47 (50.25)	2:29.53 (53.06)	3:09.05 (39.52)	
11	Lewis, Caera	10	Pembroke & District	3:15.82	3:15.64
	44.36	1:35.76 (51.40)	2:32.74 (56.98)	3:15.64 (42.90)	
12	Garcia De Leaniz, Sofia	11	Swansea Aquatics	3:23.00	3:16.85
	44.03	1:32.19 (48.16)	2:30.71 (58.52)	3:16.85 (46.14)	
13	Francis, Mirain	11	Swansea Aquatics	3:20.00	3:18.13
	41.26	1:33.89 (52.63)	2:30.55 (56.66)	3:18.13 (47.58)	
14	Jones, Holli	10	Swansea Aquatics	3:24.29	3:18.42
	47.03	1:36.03 (49.00)	2:37.60 (1:01.57)	3:18.42 (40.82)	
15	Doughty, Katie	11	Milford Tigers	3:12.16	3:21.29
	43.60	1:35.62 (52.02)	2:34.04 (58.42)	3:21.29 (47.25)	
16	White, Amy V	11	Haverfordwest Swimming Club	3:15.02	3:21.45
	47.51	1:36.60 (49.09)	2:36.05 (59.45)	3:21.45 (45.40)	
17	Fischer, Kayleigh	10	Fishguard Flyers SC	3:18.70	3:23.23
	45.78	1:35.75 (49.97)	2:41.08 (1:05.33)	3:23.23 (42.15)	
18	Watson, Ceri	11	Swim Conwy Performance Centre	3:18.44	3:23.77
	51.67	1:40.52 (48.85)	2:38.67 (58.15)	3:23.77 (45.10)	
19	Williams, Freya	10	Milford Tigers	3:26.37	3:32.81
	48.93	1:43.24 (54.31)	2:44.57 (1:01.33)	3:32.81 (48.24)	
---	Knight, Lauren	11	City of Birmingham SC	2:48.96	DQ
	35.78	1:18.41 (42.63)	2:06.01 (47.60)	DQ (36.54)	

Event 201 Girls 12-13 200 LC Meter IM Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Erin	13	City of Birmingham SC	2:25.03	2:30.44
	34.38	1:14.03 (39.65)	1:57.16 (43.13)	2:30.44 (33.28)	
2	Checkley, Millie	12	City of Birmingham SC	2:37.06	2:34.64
	34.15	1:16.01 (41.86)	1:59.33 (43.32)	2:34.64 (35.31)	
3	Sibbald-Perkins, Ellie	12	City of Birmingham SC	2:47.10	2:41.53
	35.94	1:19.73 (43.79)	2:05.04 (45.31)	2:41.53 (36.49)	
4	Tooth, Phoebe	12	City of Birmingham SC	2:47.88	2:41.79
	35.94	1:17.25 (41.31)	2:07.18 (49.93)	2:41.79 (34.61)	
5	Sterling, Nadya	12	City of Birmingham SC	2:43.81	2:45.03
	33.66	1:18.14 (44.48)	2:08.52 (50.38)	2:45.03 (36.51)	
6	Davies, Charlotte	13	Swansea Aquatics	2:38.72	2:45.76
	35.25	1:16.87 (41.62)	2:08.25 (51.38)	2:45.76 (37.51)	
7	Blyth, Ella	12	City of Birmingham SC	2:49.18	2:47.26
	36.63	1:20.53 (43.90)	2:09.61 (49.08)	2:47.26 (37.65)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 201 Girls 12-13 200 LC Meter IM Level 1)**

	Name	Age	Team	Seed Time	Finals Time
8	Carstairs, Ella	13	City of Southampton Swim Club	2:51.84	2:47.60
	36.95	1:20.60 (43.65)	2:10.32 (49.72)	2:47.60 (37.28)	
9	Stokes, Aimee	12	Swansea Aquatics	2:49.01	2:47.67
	36.99	1:18.58 (41.59)	2:09.70 (51.12)	2:47.67 (37.97)	
10	Jones, Alicia D	13	Merthyr Tydfil Swimming Club	2:49.66	2:47.72
	37.12	1:18.80 (41.68)	2:47.72 (1:28.92)		
11	Robins, Aaliyah M	13	Chirk Dragons	2:46.20	2:47.73
	36.28	1:18.68 (42.40)	2:10.53 (51.85)	2:47.73 (37.20)	
12	Powell, Megan B	12	Swansea Aquatics	2:52.30	2:48.34
	38.42	1:17.43 (39.01)	2:10.99 (53.56)	2:48.34 (37.35)	
13	Dowling, Katie	13	City of Southampton Swim Club	2:48.40	2:54.25
	35.58	1:20.64 (45.06)	2:15.53 (54.89)	2:54.25 (38.72)	
14	Warlow, Grace E	13	Neath Asc	2:58.70	2:54.63
	38.85	1:23.38 (44.53)	2:16.67 (53.29)	2:54.63 (37.96)	
15	Davies, Katie	13	Neath Asc	3:00.59	2:56.09
	38.56	1:23.09 (44.53)	2:16.34 (53.25)	2:56.09 (39.75)	
16	Evans, Caitlin	12	Swansea Aquatics	3:00.29	2:56.42
	38.92	1:23.23 (44.31)	2:16.49 (53.26)	2:56.42 (39.93)	
17	Sullivan, Nia	12	Celtic Dolphins	3:03.15	2:56.56
	38.23	1:23.90 (45.67)	2:17.21 (53.31)	2:56.56 (39.35)	
18	Watson, Elin	13	Swim Conwy Performance Centre	2:53.99	2:56.64
	40.20	1:24.23 (44.03)	2:15.05 (50.82)	2:56.64 (41.59)	
19	Norris, Alyssa	13	Caerphilly County Swim Squad	3:02.04	2:59.64
	37.70	1:24.46 (46.76)	2:20.66 (56.20)	2:59.64 (38.98)	
20	Davies, Ellie	12	Swansea Aquatics	2:59.70	3:00.97
	40.00	1:23.16 (43.16)	2:19.28 (56.12)	3:00.97 (41.69)	
21	Robinson, Francesca S	13	Haverfordwest Swimming Club	3:01.45	3:01.73
	40.00	1:26.46 (46.46)	2:20.17 (53.71)	3:01.73 (41.56)	
22	Jones, Ffion C	13	Penyrheol Asc	3:08.44	3:08.66
	45.12	1:33.10 (47.98)	2:28.89 (55.79)	3:08.66 (39.77)	
23	Williams, Danielle	13	Swansea Aquatics	3:09.10	3:13.67
		1:34.29 ()	2:32.43 (58.14)	3:13.67 (41.24)	

Event 201 Girls 14-15 200 LC Meter IM Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Hubbard, Caitlin	15	City of Birmingham SC	2:28.27	2:28.92
	31.37	1:07.58 (36.21)	1:56.22 (48.64)	2:28.92 (32.70)	
2	Bartley, Alexandra	14	City of Birmingham SC	2:24.78	2:29.37
	33.05	1:11.54 (38.49)	1:55.67 (44.13)	2:29.37 (33.70)	
3	Stephenson, Alisha	14	City of Birmingham SC	2:30.82	2:30.46
	31.96	1:11.25 (39.29)	1:55.69 (44.44)	2:30.46 (34.77)	
4	Molloy, Erin	14	City of Birmingham SC	2:34.89	2:35.85
	34.56	1:15.95 (41.39)	1:59.83 (43.88)	2:35.85 (36.02)	
5	Wilcox, Hollie M	14	Weston Super Mare SC	2:39.75	2:40.51
	33.37	1:13.66 (40.29)	2:04.13 (50.47)	2:40.51 (36.38)	
6	Brown, Sophie	14	Swim Conwy Performance Centre	2:38.05	2:40.90
	34.55	1:17.60 (43.05)	2:04.78 (47.18)	2:40.90 (36.12)	
7	Short, Mollie	14	Neath Asc	2:48.72	2:46.42
	35.98	1:17.81 (41.83)	2:07.84 (50.03)	2:46.42 (38.58)	
8	Humphries, Chloe A	14	Bilston Swimming Club	2:43.82	2:47.14
	34.91	1:17.53 (42.62)	2:09.97 (52.44)	2:47.14 (37.17)	
9	Lewis, Helen	14	Merthyr Tydfil Swimming Club	2:47.53	2:48.41
	34.82	1:16.85 (42.03)	2:08.77 (51.92)	2:48.41 (39.64)	
10	Millan, Fiona	14	Neath Asc	2:54.60	2:49.17
	36.08	1:18.72 (42.64)	2:09.34 (50.62)	2:49.17 (39.83)	
11	Fletcher, Chloe	14	Haverfordwest Swimming Club	2:48.54	2:50.46
	36.38	1:22.61 (46.23)	2:11.73 (49.12)	2:50.46 (38.73)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 201 Girls 14-15 200 LC Meter IM Level 1)**

	Name	Age	Team	Seed Time	Finals Time
12	Nicholls, Jasmine	15	Swansea Aquatics	2:48.87	2:51.69
	35.94	1:23.17 (47.23)	2:14.03 (50.86)	2:51.69 (37.66)	
13	Thompson, Alannah	14	Penyrheol Asc	2:56.33	2:53.43
	38.39	1:22.80 (44.41)	2:13.60 (50.80)	2:53.43 (39.83)	
14	Pullen, Megan K	15	Swansea Aquatics	2:51.60	2:53.67
	40.13	1:24.09 (43.96)	2:13.21 (49.12)	2:53.67 (40.46)	
15	Mills, Rebecca	15	City of Southampton Swim Club	2:46.80	2:55.88
	36.25	1:19.63 (43.38)	2:15.86 (56.23)	2:55.88 (40.02)	
16	Day, Neve	14	City of Southampton Swim Club	2:56.40	2:56.16
	39.21	1:28.67 (49.46)	2:17.84 (49.17)	2:56.16 (38.32)	
17	Glover, Alysia	14	Neath Asc	2:56.03	2:57.12
	38.66	1:23.54 (44.88)	2:16.04 (52.50)	2:57.12 (41.08)	
18	Walters, Aisha M	14	Merthyr Tydfil Swimming Club	2:55.78	2:58.21
	37.13	1:21.62 (44.49)	2:15.85 (54.23)	2:58.21 (42.36)	
19	Wells, Bethan	15	Swansea Aquatics	2:56.80	3:00.32
	41.47	1:25.12 (43.65)	2:19.26 (54.14)	3:00.32 (41.06)	
20	Smith, Poppy	14	City of Southampton Swim Club	2:58.58	3:01.27
	39.66	1:27.79 (48.13)	2:21.18 (53.39)	3:01.27 (40.09)	

Event 201 Girls 16 & Over 200 LC Meter IM Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Kamau, Rebecca	17	City of Birmingham SC	2:18.60	2:25.95
	31.62	1:09.75 (38.13)	1:51.35 (41.60)	2:25.95 (34.60)	
2	Griffiths, Isobel	17	City of Birmingham SC	2:24.63	2:28.48
	32.31	1:11.41 (39.10)	1:56.47 (45.06)	2:28.48 (32.01)	
3	Williams, Megan	17	Swansea Aquatics	2:34.40	2:36.75
	32.21	1:13.11 (40.90)	2:01.27 (48.16)	2:36.75 (35.48)	
4	Pelders, Pam	16	Neath Asc	2:49.87	2:43.28
	35.88	1:18.74 (42.86)	2:07.44 (48.70)	2:43.28 (35.84)	
5	Wilkinson, Brooke	17	City of Southampton Swim Club	2:33.73	2:46.14
	34.60	1:15.89 (41.29)	2:06.85 (50.96)	2:46.14 (39.29)	
6	Black, Rebekah	16	Swansea Aquatics	2:20.66	2:47.59
	36.65	1:20.09 (43.44)	2:10.06 (49.97)	2:47.59 (37.53)	
7	Golding, Francesca M	24	Neath Asc	2:41.58	2:54.34
	38.01	1:22.86 (44.85)	2:17.10 (54.24)	2:54.34 (37.24)	
8	Davies, Chloe	16	Swansea Aquatics	2:51.30	2:54.95
	40.41	1:21.50 (41.09)	2:13.95 (52.45)	2:54.95 (41.00)	
9	Sack, Alexandra	18	Neath Asc	2:38.59	3:02.85
	40.99	1:27.11 (46.12)	3:02.85 (1:35.74)		

Event 202 Boys 8 Year Olds 50 LC Meter Butterfly Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Gillett, Oliver	8	Swansea Aquatics	46.80	49.34
2	Montgomery, Sammy	8	Fishguard Flyers SC	NT	57.97
3	Pugh, Twm	8	Amman Valley Swimming Club	1:03.08	1:02.62
4	Jones, Ben	8	Neath Asc	NT	1:10.06
5	Cribb, Tobie	8	Caerphilly County Swim Squad	NT	1:24.91

Event 202 Boys 9 Year Olds 50 LC Meter Butterfly Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Fletcher, Owen	9	Haverfordwest Swimming Club	47.97	51.53
2	Phillips, Alistair	9	Celtic Dolphins	1:02.68	51.76
3	Cory, Dylan	9	Swansea Aquatics	NT	52.00
4	Williams, Tyler	9	Milford Tigers	54.39	57.76
5	Thomas, Iestyn	9	Neath Asc	1:03.24	58.99
6	Williams, Rueben	9	Caerphilly County Swim Squad	NT	59.34
---	Ford, Freddie	9	Caerphilly County Swim Squad	NT	DQ
---	Weston, Liam A	9	Llanelli Asc	58.49	DQ

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 202 Boys 9 Year Olds 50 LC Meter Butterfly Level 3)**

Name	Age	Team	Seed Time	Finals Time
--- Richards, Aled	9	Celtic Dolphins	NT	DQ

Event 202 Boys 10 Year Olds 50 LC Meter Butterfly Level 3

Name	Age	Team	Seed Time	Finals Time
1 Thomas, Rhys a	10	Llanelli Asc	38.87	37.39
2 Wells, Oliver S	10	Celtic Dolphins	43.79	40.03
3 Pugh, Gethin	10	Amman Valley Swimming Club	42.40	41.09
4 West, Zac	10	Fishguard Flyers SC	46.03	43.27
5 Sanorjo, Angelo	10	Swansea Aquatics	41.60	43.58
6 Carver, William	10	Swansea Aquatics	48.19	45.02
7 Gwyn, Osian	10	Neath Asc	44.37	45.32
8 Thomas, Jac	10	Neath Asc	49.38	47.67
9 Jones, Joshua	10	Neath Asc	45.95	51.42
10 Thomas, Travis	10	Neath Asc	48.00	57.29
11 James, Owain	10	Caerphilly County Swim Squad	NT	58.35
12 Davies, Rhys	10	Penyrheol Asc	1:02.41	1:00.68
13 Eaton Sawford, Kier A	10	Chirk Dragons	NT	1:14.62

Event 202 Boys 11 Year Olds 50 LC Meter Butterfly Level 3

Name	Age	Team	Seed Time	Finals Time
1 Catling, Finlay	11	Celtic Dolphins	42.93	40.96
2 Andrews, Rory	11	Haverfordwest Swimming Club	42.65	42.35
3 Francis, Woody L	11	Swansea Aquatics	42.36	45.91
4 Budd-Thomas, Dylan	11	Llanelli Asc	44.11	46.21
5 Ralph, Robbie	11	Haverfordwest Swimming Club	59.15	51.73
6 Robinson, Ellis	11	Haverfordwest Swimming Club	49.70	54.40
7 Schmidt, Hans	11	Fishguard Flyers SC	1:00.02	55.16
--- Rogers, Travis	11	Caerphilly County Swim Squad	NT	DQ

Event 202 Boys 12 Year Olds 50 LC Meter Butterfly Level 3

Name	Age	Team	Seed Time	Finals Time
1 Cooper, Joshua	12	Neath Asc	38.87	40.63

Event 203 Boys 50 LC Meter Butterfly Level 3 MC Multi-Class

Name	Age	Team	Seed Time	Finals Time
1 Thomas, Jack R S14	21	Swansea Aquatics	28.91	28.35

Event 204 Girls 8 Year Olds 50 LC Meter Breaststroke Level 3

Name	Age	Team	Seed Time	Finals Time
1 Tucker, Holly	8	Swansea Aquatics	56.20	55.09
2 Horne, Victoria	8	Fishguard Flyers SC	1:12.42	59.72
3 Pemberton, Elen	8	Neath Asc	1:08.27	1:03.12
4 O'Mahoney, Kaitlin	8	Neath Asc	NT	1:03.32
5 Thomas, Medi A	8	Llanelli Asc	NT	1:05.29
6 Hamer, Megan	8	Celtic Dolphins	NT	1:06.61
7 Keigwin, Poppy	8	Caerphilly County Swim Squad	1:09.53	1:06.93
8 Holdsworth, Sienna	8	Celtic Dolphins	NT	1:07.66
9 Snelgrove, Violet	8	Neath Asc	1:19.45	1:09.55
10 Sparkes, Lola	8	Neath Asc	NT	1:26.16
--- Woodward, Angharad	8	Neath Asc	NT	DQ
--- Harris, Ella	8	Neath Asc	NT	DQ

Event 204 Girls 9 Year Olds 50 LC Meter Breaststroke Level 3

Name	Age	Team	Seed Time	Finals Time
1 Hughes, Cari	9	Neath Asc	52.84	52.70
2 Knowles, Amy A	9	Haverfordwest Swimming Club	51.68	53.10
3 Goddard, Evie E	9	Haverfordwest Swimming Club	54.92	53.16

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 204 Girls 9 Year Olds 50 LC Meter Breaststroke Level 3)**

	Name	Age	Team	Seed Time	Finals Time
4	Gilligan, Gracie	9	Neath Asc	56.75	54.95
5	Thomas, Ffion	9	Neath Asc	55.40	54.98
6	Richardson, Maizie	9	Swim Conwy Performance Centre	53.88	55.15
7	Edwards, Catrin	9	Swansea Aquatics	55.40	55.31
8	Tyrrell, Kiera	9	Celtic Dolphins	NT	56.90
9	Peter, Sophie	9	Swansea Aquatics	56.30	57.92
10	Allen, Erin	9	Haverfordwest Swimming Club	1:00.50	58.46
11	Enoch, Megan J	9	Caerphilly County Swim Squad	1:04.44	59.27
12	Sullivan, Katie	9	Celtic Dolphins	1:01.48	59.73
13	Wilson, Jayden	9	Pembroke & District	1:04.59	59.76
14	Edwards, Ellie	9	Celtic Dolphins	1:05.44	1:00.08
15	Cleave, Mia	9	Celtic Dolphins	1:00.67	1:00.41
16	Schmidt, Nina	9	Fishguard Flyers SC	1:10.11	1:03.13
17	Day, Livia	9	City of Southampton Swim Club	1:09.59	1:05.95
18	Davies, Ria	9	Neath Asc	1:11.26	1:06.68
19	Ward, Poppy May	9	Caerphilly County Swim Squad	1:21.16	1:08.88
20	Durbin, Isabella	9	Merthyr Tydfil Swimming Club	NT	1:09.91
21	Hetherington, Liberty	9	Neath Asc	1:10.99	1:10.02
---	Griffiths, Darcy	9	Neath Asc	NT	DQ

Event 204 Girls 10 Year Olds 50 LC Meter Breaststroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Burgess, Sienna	10	Neath Asc	46.30	43.27
2	Llewellyn, Nia	10	Haverfordwest Swimming Club	45.21	45.95
3	Krol, Sophie	10	Haverfordwest Swimming Club	47.03	48.47
4	Evans, Caitlin	10	Neath Asc	51.64	50.99
5	Williams Jones, Cari	10	Llanelli Asc	57.48	51.16
6	Lewis, Lowri	10	Neath Asc	51.80	51.18
7	Phillips, Rhianna	10	Llanelli Asc	57.48	51.86
8	Worthington, Heather	10	Chirk Dragons	NT	51.93
9	Harvey, Carys	10	Celtic Dolphins	53.67	51.97
10	Thomas, Seren	10	Swansea Aquatics	48.00	51.98
11	Phillips, Erin	10	Celtic Dolphins	53.86	52.01
12	King, Emilia	10	Penyrheol Asc	1:06.28	52.40
13	White, Eleanor R	10	Haverfordwest Swimming Club	55.03	52.82
14	Jones, Holli	10	Swansea Aquatics	54.35	53.36
15	Reed, Kayleigh	10	Fishguard Flyers SC	55.69	53.46
16	Beall, Freya L	10	Penyrheol Asc	1:00.56	54.20
17	John, Lucy	10	Haverfordwest Swimming Club	53.72	54.30
18	Lewis, Abigail	10	Neath Asc	53.99	54.58
19	Horne, Alexa	10	Fishguard Flyers SC	1:00.49	55.51
20	Hill, Marissa	10	Celtic Dolphins	57.10	55.63
21	Webb, Alys	10	Haverfordwest Swimming Club	56.60	55.82
22	Evans, Ellie	10	Neath Asc	1:00.16	56.20
23	Brierley, Jessica	10	Swim Conwy Performance Centre	55.96	56.41
24	Brownhill, Amelie	10	Neath Asc	58.34	57.47
25	Collins, Erin S	10	Caerphilly County Swim Squad	56.26	57.72
26	Barker, Hope	10	Milford Tigers	1:01.45	58.51
27	Jones, Jessica	10	Caerphilly County Swim Squad	1:04.48	1:00.41
28	Rowe-Lewis, Daisy	10	Swansea Aquatics	1:01.30	1:01.42
29	Bawden, Amy G	10	Swansea Aquatics	1:00.60	1:02.32
30	Davies, Mai	10	Penyrheol Asc	1:10.50	1:03.58
31	Smart, Libby	10	Milford Tigers	NT	1:03.98
32	Morris, Imogen	10	Neath Asc	NT	1:05.10
33	Phelps, Lucy	10	Celtic Dolphins	NT	1:05.92
34	Lewis, Hannah	10	Neath Asc	NT	1:06.27

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 204 Girls 10 Year Olds 50 LC Meter Breaststroke Level 3)**

Name	Age	Team	Seed Time	Finals Time
35 Sturgess, Lucie	10	Caerphilly County Swim Squad	1:08.55	1:08.05

Event 204 Girls 11 Year Olds 50 LC Meter Breaststroke Level 3

Name	Age	Team	Seed Time	Finals Time
1 Lewis, Rachael E	11	Fishguard Flyers SC	45.04	43.78
2 Raymond, Ellie	11	City of Southampton Swim Club	45.92	44.09
3 Morris, Alice R	11	Chirk Dragons	44.00	46.88
4 Curtis-Jones, Llian M	11	Celtic Dolphins	46.68	47.28
5 Hetherington, Verity	11	Neath Asc	47.60	48.43
6 Davies, Lydia	11	Neath Asc	56.68	49.18
7 Watts, Non	11	Celtic Dolphins	49.19	49.86
8 Davies, Katie	11	Celtic Dolphins	49.93	50.08
9 Williams, Ellen R	11	Chirk Dragons	NT	50.42
10 Moses, Ffion M	11	Haverfordwest Swimming Club	54.38	50.59
11 Lloyd, Ruby	11	Swansea Aquatics	49.18	50.94
12 Dunning, Ffion	11	Llanelli Asc	54.17	51.66
13 George, Mia	11	Neath Asc	52.41	51.77
14 Gillett, Keira	11	Swansea Aquatics	52.20	51.81
15 Thomas, Abigail E	11	Celtic Dolphins	54.44	52.09
16 Brooks, Tacha	11	Swansea Aquatics	54.90	52.62
17 Knight, Ffion L	11	Penyrheol Asc	59.78	54.10
18 Scott, Summer	11	Neath Asc	NT	55.05
19 Jones, Haf	11	Neath Asc	53.24	55.16
20 Scannell, Blythe	11	Merthyr Tydfil Swimming Club	1:00.36	56.18
21 Morris, Scarlet	11	Haverfordwest Swimming Club	1:03.17	56.82
22 Richardson, Megan	11	Swim Conwy Performance Centre	1:00.41	1:02.33
23 Evans, Samantha	11	Caerphilly County Swim Squad	NT	1:10.20
--- Williams, Thea	11	Neath Asc	1:16.96	DQ

Event 204 Girls 12 Year Olds 50 LC Meter Breaststroke Level 3

Name	Age	Team	Seed Time	Finals Time
1 Hetherington, Trinity	12	Neath Asc	44.96	45.24
2 Bennett, Briony	12	Haverfordwest Swimming Club	45.62	45.78
3 Thomson, Megan E	12	Haverfordwest Swimming Club	46.36	46.19
4 Barber, Sydney P	12	Haverfordwest Swimming Club	49.22	47.50
5 Evans, Sophie	12	Neath Asc	50.46	50.10
6 Williams, Olivia	12	Celtic Dolphins	53.81	52.16
7 Robinson, Ffion	12	Swansea Aquatics	54.20	52.78
8 Jones, Holly	12	Neath Asc	55.16	56.50
9 Shaddick, Libby	12	Caerphilly County Swim Squad	1:04.50	1:05.60

Event 205 Girls 50 LC Meter Breaststroke Level 3 - MC Multi-Class

Name	Age	Team	Seed Time	Finals Time
1 Jones, Cerys SB14	15	Swansea Aquatics	53.57	49.71
2 Leconte, Seren E SB8	11	Caerphilly County Swim Squad	NT	1:11.11

Event 206 Boys 9-10 100 LC Meter Freestyle Level 1

Name	Age	Team	Seed Time	Finals Time
1 Willis, Morgan J	10	Swansea Aquatics	1:17.60	1:15.25
35.38	1:15.25 (39.87)			
2 Wells, Oliver S	10	Celtic Dolphins	1:17.29	1:17.07
36.91	1:17.07 (40.16)			
3 Leckonby, Dai	10	Swansea Aquatics	1:26.95	1:22.21
40.16	1:22.21 (42.05)			
4 Pugh, Gethin	10	Amman Valley Swimming Club	1:22.48	1:24.82
39.34	1:24.82 (45.48)			
5 Carver, William	10	Swansea Aquatics	1:25.52	1:25.00

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 206 Boys 9-10 100 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
6	Sanorjo, Angelo	10	Swansea Aquatics	1:24.31	1:25.42
	42.11	1:25.42 (43.31)			
7	Smith, Jake	10	City of Southampton Swim Club	1:24.75	1:25.89
	42.21	1:25.89 (43.68)			
8	Gwyn, Osian	10	Neath Asc	1:28.78	1:27.06
9	Jones, Joshua	10	Neath Asc	1:25.73	1:30.73
	41.52	1:30.73 (49.21)			

Event 206 Boys 11-12 100 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Carless, Oliver	12	City of Birmingham SC	1:02.70	1:03.49
	30.44	1:03.49 (33.05)			
2	Rodriguez, Ab B	12	Swansea Aquatics	1:04.55	1:04.94
	31.00	1:04.94 (33.94)			
3	Elkin, Max	12	Swansea Aquatics	1:07.89	1:06.50
	31.80	1:06.50 (34.70)			
4	Roberts, Joshua	11	Celtic Dolphins	1:08.85	1:07.13
	32.25	1:07.13 (34.88)			
5	Lloyd, Morgan	12	Caerphilly County Swim Squad	1:09.28	1:08.67
	32.27	1:08.67 (36.40)			
6	Watson, Flynn	12	City of Birmingham SC	1:12.64	1:08.98
	33.36	1:08.98 (35.62)			
7	Burkett, Max	11	Swansea Aquatics	1:10.31	1:09.72
	33.17	1:09.72 (36.55)			
8	Jones, Lloyd O	12	Merthyr Tydfil Swimming Club	1:11.59	1:10.10
	33.16	1:10.10 (36.94)			
9	Cole, Toby	11	Swansea Aquatics	1:14.10	1:12.40
	35.48	1:12.40 (36.92)			
10	Fitzsimmons, Arron	11	Pembroke & District	1:12.76	1:12.47
	34.86	1:12.47 (37.61)			
11	Seppman, Neo	12	Swansea Aquatics	1:12.41	1:12.64
	34.98	1:12.64 (37.66)			
12	Andrews, Rory	11	Haverfordwest Swimming Club	1:16.96	1:12.82
	35.43	1:12.82 (37.39)			
13	White, Henry	12	Haverfordwest Swimming Club	1:16.06	1:12.96
	35.34	1:12.96 (37.62)			
14	Williams, Osian	12	Swim Conwy Performance Centre	1:14.49	1:15.25
	36.13	1:15.25 (39.12)			
15	Cooper, Joshua	12	Neath Asc	1:11.84	1:16.35
	35.64	1:16.35 (40.71)			
16	Wingrave-Rix, Harvey	12	Swansea Aquatics	1:14.42	1:16.98
	36.21	1:16.98 (40.77)			
17	Jones, Rhys	12	Caerphilly County Swim Squad	1:17.13	1:17.44
	37.77	1:17.44 (39.67)			
18	Roberts, Ben	12	Caerphilly County Swim Squad	1:18.67	1:19.04
	36.83	1:19.04 (42.21)			
19	Budd-Thomas, Dylan	11	Llanelli Asc	1:23.73	1:26.01
	42.92	1:26.01 (43.09)			
20	Francis, Woody L	11	Swansea Aquatics	1:19.33	1:26.46
	39.51	1:26.46 (46.95)			

Event 206 Boys 13-14 100 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Jacob	14	City of Birmingham SC	55.86	55.51
	26.77	55.51 (28.74)			
2	Watson, Oliver	14	City of Birmingham SC	58.37	58.51
	28.52	58.51 (29.99)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 206 Boys 13-14 100 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
3	Skelding, Luke	14	City of Birmingham SC	1:00.29	1:00.63
	29.63	1:00.63 (31.00)			
4	Thomas, Daniel D	14	Haverfordwest Swimming Club	1:01.01	1:01.48
	30.00	1:01.48 (31.48)			
5	Dark, Jamie	13	City of Birmingham SC	1:00.90	1:02.34
	30.11	1:02.34 (32.23)			
6	Wells, Lewis	13	Neath Asc	1:04.30	1:04.04
	30.19	1:04.04 (33.85)			
7	Langman, George T	14	Weston Super Mare SC	1:05.33	1:04.12
	30.87	1:04.12 (33.25)			
8	Vernon, Thomas A	14	Chirk Dragons	1:05.93	1:04.36
	31.26	1:04.36 (33.10)			
9	Williams, Osian C	13	Swansea Aquatics	1:04.29	1:04.62
	31.09	1:04.62 (33.53)			
10	Woolley, Acer	13	City of Birmingham SC	1:04.42	1:05.03
	30.99	1:05.03 (34.04)			
11	Close, Finan	13	Swim Conwy Performance Centre	1:08.08	1:05.69
	31.76	1:05.69 (33.93)			
12	Dunning, Luke	14	Llanelli Asc	1:18.73	1:13.75
	34.27	1:13.75 (39.48)			
13	Beckett, Harrison	13	City of Southampton Swim Club	1:20.30	1:16.53
	36.99	1:16.53 (39.54)			

Event 206 Boys 15 & Over 100 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Fraser, Lewis W	16	Swansea Aquatics	54.90	53.72
	25.99	53.72 (27.73)			
2	Stanford, Benjamin	17	City of Birmingham SC	51.77	53.75
	26.02	53.75 (27.73)			
3	Llewellyn, Jack	15	Swansea Aquatics	55.15	54.61
	26.37	54.61 (28.24)			
4	Osborne, Samuel	15	City of Birmingham SC	55.79	56.31
	27.61	56.31 (28.70)			
5	Loney, Joshua	15	Swansea Aquatics	57.40	56.47
	27.18	56.47 (29.29)			
6	Davies, Llewelyn W	15	Swansea Aquatics	56.48	56.84
	27.65	56.84 (29.19)			
7	Beckett, Kieran	15	City of Southampton Swim Club	56.78	57.20
	27.28	57.20 (29.92)			
8	Andrews, Ryan	16	City of Birmingham SC	57.29	58.14
	28.25	58.14 (29.89)			
9	Lee Davies, Sam	16	Neath Asc	59.69	58.92
	27.53	58.92 (31.39)			
10	Johnson, Sam	17	Swim Conwy Performance Centre	59.37	59.52
	29.00	59.52 (30.52)			
11	Evans, Luke	17	Neath Asc	1:00.55	1:00.34
	28.68	1:00.34 (31.66)			
12	Pemberton, Morgan	16	Neath Asc	58.67	1:01.43
	29.13	1:01.43 (32.30)			
13	Mullins, Joshua	16	Merthyr Tydfil Swimming Club	1:00.48	1:01.70
	29.27	1:01.70 (32.43)			
14	Evans, Luke T	16	Chirk Dragons	1:02.79	1:01.73
	28.77	1:01.73 (32.96)			
15	Barton, Jack	15	City of Southampton Swim Club	1:01.60	1:02.07
	30.26	1:02.07 (31.81)			
16	Job, Kyle	17	Penyrheol Asc	1:02.85	1:02.66
	30.50	1:02.66 (32.16)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 206 Boys 15 & Over 100 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
17	Elliott, Morgan	15	Haverfordwest Swimming Club	1:00.56	1:02.84
	29.75	1:02.84 (33.09)			
18	Jenkins, Llyr L	16	Amman Valley Swimming Club	1:04.23	1:03.03
	29.92	1:03.03 (33.11)			
19	Thompson, Jack	16	Penyrheol Asc	1:01.40	1:04.06
	29.67	1:04.06 (34.39)			
20	Wilk, Harri D	15	Chirk Dragons	1:06.30	1:04.18
	30.67	1:04.18 (33.51)			
21	Moss, Alistair J	15	Chirk Dragons	1:05.97	1:04.25
	30.66	1:04.25 (33.59)			
22	Thomas, Joshua	15	Merthyr Tydfil Swimming Club	1:06.69	1:06.63
	32.44	1:06.63 (34.19)			
23	Healey, Richard	18	Chirk Dragons	1:06.01	1:07.14
	30.81	1:07.14 (36.33)			
24	Gibson, Jason	16	Swansea Aquatics	1:10.00	1:10.82
	34.31	1:10.82 (36.51)			

Event 207 Girls 9-11 100 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Dickinson, Jessica	11	Swansea Aquatics	1:17.98	1:20.09
	38.81	1:20.09 (41.28)			
*2	Milligan, Jessica	11	City of Southampton Swim Club	1:22.80	1:24.91
	40.68	1:24.91 (44.23)			
*2	Carstairs, Macey	10	City of Southampton Swim Club	1:24.13	1:24.91
	40.83	1:24.91 (44.08)			
4	Tucker, Natalie E	11	Swansea Aquatics	1:21.64	1:25.39
	40.98	1:25.39 (44.41)			
5	Pritchard, Kara	10	Swansea Aquatics	1:35.00	1:33.52
	42.99	1:33.52 (50.53)			
6	Moses, Ffion M	11	Haverfordwest Swimming Club	1:41.04	1:37.80
	45.39	1:37.80 (52.41)			
7	Harvey, Carys	10	Celtic Dolphins	1:36.44	1:38.76
	43.32	1:38.76 (55.44)			
8	Garcia, Ysabelle	11	City of Southampton Swim Club	1:36.97	1:41.13
	46.84	1:41.13 (54.29)			
9	Doughty, Katie	11	Milford Tigers	1:34.69	1:41.40
	45.43	1:41.40 (55.97)			
10	Francis, Mirain	11	Swansea Aquatics	1:38.85	1:41.70
	43.64	1:41.70 (58.06)			
11	Lewis, Caera	10	Pembroke & District	1:45.13	1:43.54
	47.08	1:43.54 (56.46)			
12	Thomas, Ffion	9	Neath Asc	1:49.42	1:46.77
	48.33	1:46.77 (58.44)			
13	White, Eleanor R	10	Haverfordwest Swimming Club	1:53.56	1:48.35
	1:48.35	1:48.35 ()			
14	Williams, Freya	10	Milford Tigers	1:47.32	1:49.92
	48.94	1:49.92 (1:00.98)			
15	White, Amy V	11	Haverfordwest Swimming Club	1:47.13	1:51.17
	51.35	1:51.17 (59.82)			
16	Lewis, Abigail	10	Neath Asc	1:56.94	1:57.84
	56.11	1:57.84 (1:01.73)			

Event 207 Girls 12-13 100 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Edwards, Megan	13	Swansea Aquatics	1:15.99	1:14.33
	35.93	1:14.33 (38.40)			
2	Peter, Hannah	12	Swansea Aquatics	1:17.71	1:15.78
	34.85	1:15.78 (40.93)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 207 Girls 12-13 100 LC Meter Butterfly Level 1)**

	Name	Age	Team	Seed Time	Finals Time
3	Sterling, Nadya	12	City of Birmingham SC	1:12.05	1:16.27
	34.74	1:16.27 (41.53)			
4	Blyth, Ella	12	City of Birmingham SC	1:16.70	1:19.13
	37.46	1:19.13 (41.67)			
5	Robins, Aaliyah M	13	Chirk Dragons	1:19.35	1:19.25
	35.96	1:19.25 (43.29)			
6	Tooth, Phoebe	12	City of Birmingham SC	1:20.90	1:19.47
	37.74	1:19.47 (41.73)			
7	Stokes, Aimee	12	Swansea Aquatics	1:20.72	1:21.21
	37.43	1:21.21 (43.78)			
8	Evans, Caitlin	12	Swansea Aquatics	1:25.90	1:26.35
	40.53	1:26.35 (45.82)			
9	Davies, Ellie	12	Swansea Aquatics	1:27.72	1:29.02
	42.16	1:29.02 (46.86)			
10	Owen, Caitlin	13	Swim Conwy Performance Centre	1:31.60	1:31.16
	40.50	1:31.16 (50.66)			
11	Pearce, Molly	12	Llanelli Asc	1:36.94	1:31.40
	42.26	1:31.40 (49.14)			
12	Bennett, Briony	12	Haverfordwest Swimming Club	1:37.90	1:33.11
	42.55	1:33.11 (50.56)			
13	Williams, Rhona	13	Chirk Dragons	1:39.75	1:44.10
	43.02	1:44.10 (1:01.08)			
14	Williams, Danielle	13	Swansea Aquatics	1:42.50	1:48.48
	51.91	1:48.48 (56.57)			

Event 207 Girls 14-15 100 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Hubbard, Caitlin	15	City of Birmingham SC	1:01.85	1:03.85
	30.17	1:03.85 (33.68)			
2	Stephenson, Alisha	14	City of Birmingham SC	1:05.22	1:07.46
	31.97	1:07.46 (35.49)			
3	Wilcox, Hollie M	14	Weston Super Mare SC	1:09.42	1:11.10
	32.94	1:11.10 (38.16)			
4	Bartley, Alexandra	14	City of Birmingham SC	1:11.41	1:11.35
	33.39	1:11.35 (37.96)			
5	Rayment, Ashleigh	15	City of Southampton Swim Club	1:10.27	1:12.36
	33.69	1:12.36 (38.67)			
6	Pearce, Lowri	15	Swansea Aquatics	1:11.01	1:12.84
	33.63	1:12.84 (39.21)			
7	Lewis, Helen	14	Merthyr Tydfil Swimming Club	1:11.12	1:13.39
	34.27	1:13.39 (39.12)			
8	Davies, Cara J	15	Swansea Aquatics	1:12.80	1:13.88
	33.63	1:13.88 (40.25)			
9	Trueman, Lily M	14	Haverfordwest Swimming Club	1:15.99	1:14.31
	35.74	1:14.31 (38.57)			
10	Williams, Rhiannon	15	Swansea Aquatics	1:15.02	1:14.79
	35.11	1:14.79 (39.68)			
11	Fletcher, Chloe	14	Haverfordwest Swimming Club	1:16.54	1:17.46
	36.13	1:17.46 (41.33)			
12	Roberts, Anya	14	Llanelli Asc	1:22.30	1:18.20
	36.56	1:18.20 (41.64)			
13	Harvey, Rhiannon	15	Celtic Dolphins	1:18.47	1:18.65
	36.38	1:18.65 (42.27)			
14	Humphries, Chloe A	14	Bilston Swimming Club	1:16.69	1:19.11
	35.99	1:19.11 (43.12)			
15	Day, Neve	14	City of Southampton Swim Club	1:20.80	1:26.10
	40.40	1:26.10 (45.70)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 207 Girls 14-15 100 LC Meter Butterfly Level 1)**

	Name	Age	Team	Seed Time	Finals Time
16	Wells, Bethan	15	Swansea Aquatics	1:26.70	1:28.66
	41.54	1:28.66 (47.12)			
17	Smith, Poppy	14	City of Southampton Swim Club	1:34.93	1:32.19
	41.56	1:32.19 (50.63)			

Event 207 Girls 16 & Over 100 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Bryan, Charlotte	21	Swansea Aquatics	1:02.68	1:05.34
	30.61	1:05.34 (34.73)			
2	Bozzard-Hill, Zoe	20	City of Birmingham SC	1:09.49	1:08.16
	31.72	1:08.16 (36.44)			
3	Williams, Megan	17	Swansea Aquatics	1:07.60	1:08.50
	31.98	1:08.50 (36.52)			
4	Dalling, Rebecca	17	Swansea Aquatics	1:05.41	1:08.78
	31.64	1:08.78 (37.14)			
5	Griffiths, Isobel	17	City of Birmingham SC	1:06.62	1:09.50
	33.08	1:09.50 (36.42)			
6	Lewis, Awen	17	Neath Asc	1:13.50	1:13.86
	33.12	1:13.86 (40.74)			
7	Wilkinson, Brooke	17	City of Southampton Swim Club	1:11.08	1:18.04
	35.12	1:18.04 (42.92)			
8	Fletcher, Megan	16	Haverfordwest Swimming Club	1:27.71	1:27.83
	37.84	1:27.83 (49.99)			

Event 208 Boys 9-10 200 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Leckonby, Dai	10	Swansea Aquatics	3:09.26	3:14.13
	47.01	1:36.32 (49.31)	2:25.54 (49.22)	3:14.13 (48.59)	
2	Smith, Jake	10	City of Southampton Swim Club	3:27.81	3:16.67
	48.95	1:41.82 (52.87)	2:31.60 (49.78)	3:16.67 (45.07)	
3	Carver, William	10	Swansea Aquatics	3:22.32	3:26.55
	52.09	1:46.51 (54.42)	2:39.81 (53.30)	3:26.55 (46.74)	

Event 208 Boys 11-12 200 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Carless, Oliver	12	City of Birmingham SC	2:36.69	2:37.18
	37.55	1:17.53 (39.98)	1:57.76 (40.23)	2:37.18 (39.42)	
2	Rodriguez, Ab B	12	Swansea Aquatics	2:38.58	2:38.70
	38.01	1:18.88 (40.87)	2:00.39 (41.51)	2:38.70 (38.31)	
3	Watson, Flynn	12	City of Birmingham SC	2:56.08	2:43.21
	38.52	1:19.72 (41.20)	2:01.31 (41.59)	2:43.21 (41.90)	
4	Seppman, Neo	12	Swansea Aquatics	2:53.69	2:56.43
	41.95	1:26.30 (44.35)	2:11.55 (45.25)	2:56.43 (44.88)	
5	Cole, Toby	11	Swansea Aquatics	3:04.49	3:00.41
	43.98	1:30.27 (46.29)	2:16.01 (45.74)	3:00.41 (44.40)	
6	Wingrave-Rix, Harvey	12	Swansea Aquatics	2:50.76	3:06.75
	44.83	1:33.50 (48.67)	2:21.40 (47.90)	3:06.75 (45.35)	
7	Jones, Rhys	12	Caerphilly County Swim Squad	3:11.54	3:12.85
	45.25	1:36.13 (50.88)	2:24.93 (48.80)	3:12.85 (47.92)	
8	Francis, Woody L	11	Swansea Aquatics	3:13.12	3:14.27
	44.57	1:36.87 (52.30)	2:27.12 (50.25)	3:14.27 (47.15)	
---	Fitzsimmons, Arron	11	Pembroke & District	2:51.71	DQ
	40.76	1:25.16 (44.40)	2:09.41 (44.25)	DQ (41.65)	

Event 208 Boys 13-14 200 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Jacob	14	City of Birmingham SC	2:10.74	2:11.80
	31.32	1:04.43 (33.11)	1:38.25 (33.82)	2:11.80 (33.55)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 208 Boys 13-14 200 LC Meter Backstroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
2	Watson, Oliver	14	City of Birmingham SC	2:20.77	2:24.03
	33.85	1:10.41 (36.56)	1:47.73 (37.32)	2:24.03 (36.30)	
3	Skelding, Luke	14	City of Birmingham SC	2:28.10	2:26.35
	34.12	1:11.66 (37.54)	1:49.79 (38.13)	2:26.35 (36.56)	
4	Dark, Jamie	13	City of Birmingham SC	2:26.62	2:26.96
	35.71	1:12.96 (37.25)	1:51.01 (38.05)	2:26.96 (35.95)	
5	Woolley, Acer	13	City of Birmingham SC	2:34.84	2:33.88
	37.12	1:15.99 (38.87)	1:55.48 (39.49)	2:33.88 (38.40)	
6	Langman, George T	14	Weston Super Mare SC	2:27.94	2:34.15
	36.27	1:14.87 (38.60)	1:54.93 (40.06)	2:34.15 (39.22)	
7	Williams, Osian C	13	Swansea Aquatics	2:34.40	2:39.47
	38.36	1:19.34 (40.98)	2:00.40 (41.06)	2:39.47 (39.07)	
8	Close, Finan	13	Swim Conwy Performance Centre	2:54.77	2:39.90
	38.01	1:19.37 (41.36)	2:00.54 (41.17)	2:39.90 (39.36)	

Event 208 Boys 15 & Over 200 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Evans, Luke	17	Neath Asc	2:25.16	2:32.16
	34.29	1:12.26 (37.97)	1:52.21 (39.95)	2:32.16 (39.95)	
2	Moss, Alistair J	15	Chirk Dragons	2:41.03	2:40.15
	37.06	1:17.43 (40.37)	1:59.30 (41.87)	2:40.15 (40.85)	

Event 209 Girls 9-11 200 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Knight, Lauren	11	City of Birmingham SC	3:05.78	3:03.48
	41.13	1:28.69 (47.56)	2:16.48 (47.79)	3:03.48 (47.00)	
2	Viney, Imogen	11	City of Birmingham SC	3:06.70	3:10.80
	44.14	1:33.86 (49.72)	2:22.18 (48.32)	3:10.80 (48.62)	
3	Milligan, Jessica	11	City of Southampton Swim Club	3:20.20	3:16.58
	44.73	1:35.14 (50.41)	2:27.09 (51.95)	3:16.58 (49.49)	
4	Burgess, Sienna	10	Neath Asc	3:27.98	3:27.37
	45.87	1:39.26 (53.39)	2:34.73 (55.47)	3:27.37 (52.64)	
5	Wilkins, Maia	11	Swansea Aquatics	3:28.73	3:28.55
	46.75	1:40.32 (53.57)	2:34.71 (54.39)	3:28.55 (53.84)	
6	Lewis, Rachael E	11	Fishguard Flyers SC	3:46.56	3:33.49
	49.31	1:43.40 (54.09)	2:41.81 (58.41)	3:33.49 (51.68)	
7	Raymond, Ellie	11	City of Southampton Swim Club	3:31.10	3:39.04
	49.44	1:45.12 (55.68)	2:43.09 (57.97)	3:39.04 (55.95)	
8	Curtis-Jones, Llian M	11	Celtic Dolphins	3:39.12	3:39.34
	49.37	1:45.55 (56.18)	2:42.90 (57.35)	3:39.34 (56.44)	
9	Cribb, Millie Lacie	11	Caerphilly County Swim Squad	3:54.06	3:42.86
	50.83	1:47.52 (56.69)	2:46.21 (58.69)	3:42.86 (56.65)	
10	Lewis, Caera	10	Pembroke & District	3:40.10	3:44.08
	49.83	1:46.91 (57.08)	2:46.62 (59.71)	3:44.08 (57.46)	
11	Hetherington, Verity	11	Neath Asc	3:47.53	3:49.82
	50.99	1:49.53 (58.54)	2:49.66 (1:00.13)	3:49.82 (1:00.16)	
12	Krol, Sophie	10	Haverfordwest Swimming Club	3:47.04	3:50.34
	53.44	1:51.57 (58.13)	3:50.34 (1:58.77)		
13	Evans, Caitlin	10	Neath Asc	3:47.29	3:50.42
	52.93	1:52.05 (59.12)	2:52.06 (1:00.01)	3:50.42 (58.36)	
14	Davies, Rhian	9	Swansea Aquatics	3:44.50	3:52.71
	53.71	1:54.43 (1:00.72)	2:54.01 (59.58)	3:52.71 (58.70)	
---	Francis, Mirain	11	Swansea Aquatics	3:42.50	DQ
	47.20	1:42.77 (55.57)	2:36.63 (53.86)	DQ (57.29)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****Event 209 Girls 12-13 200 LC Meter Breaststroke Level 1**

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Erin	13	City of Birmingham SC	2:39.83	2:43.55
	38.56	1:20.84 (42.28)	2:01.60 (40.76)	2:43.55 (41.95)	
2	Checkley, Millie	12	City of Birmingham SC	2:50.45	2:50.42
	38.91	1:22.42 (43.51)	2:07.23 (44.81)	2:50.42 (43.19)	
3	Sibbald-Perkins, Ellie	12	City of Birmingham SC	3:04.34	3:00.11
	42.85	1:27.15 (44.30)	2:15.47 (48.32)	3:00.11 (44.64)	
4	Carstairs, Ella	13	City of Southampton Swim Club	3:14.46	3:08.58
	43.27	1:32.27 (49.00)	2:21.76 (49.49)	3:08.58 (46.82)	
5	Davies, Emily	13	Celtic Dolphins	3:10.54	3:15.82
	43.81	1:33.92 (50.11)	2:26.12 (52.20)	3:15.82 (49.70)	
6	Hetherington, Trinity	12	Neath Asc	3:27.78	3:37.19
	47.92	1:42.74 (54.82)	2:39.40 (56.66)	3:37.19 (57.79)	

Event 209 Girls 14-15 200 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Molloy, Erin	14	City of Birmingham SC	2:44.98	2:47.93
	39.13	1:21.67 (42.54)	2:04.94 (43.27)	2:47.93 (42.99)	
2	Stephenson, Alisha	14	City of Birmingham SC	2:44.53	2:48.08
	38.91	1:21.19 (42.28)	2:04.91 (43.72)	2:48.08 (43.17)	
3	Bartley, Alexandra	14	City of Birmingham SC	2:40.81	2:50.91
	39.04	1:23.13 (44.09)	2:07.78 (44.65)	2:50.91 (43.13)	
4	Jones, Jessica	14	Swim Conwy Performance Centre	2:56.78	2:54.84
	38.80	1:22.62 (43.82)	2:09.60 (46.98)	2:54.84 (45.24)	
5	Williams, Rhiannon	15	Swansea Aquatics	3:04.44	3:04.45
	41.80	1:30.22 (48.42)	2:18.47 (48.25)	3:04.45 (45.98)	
6	Pullen, Megan K	15	Swansea Aquatics	3:09.80	3:14.91
	43.82	1:33.44 (49.62)	2:24.04 (50.60)	3:14.91 (50.87)	
7	Maiden, Mya	15	Merthyr Tydfil Swimming Club	3:12.17	3:18.21
	43.97	1:34.16 (50.19)	2:26.27 (52.11)	3:18.21 (51.94)	
8	Fletcher, Chloe	14	Haverfordwest Swimming Club	3:08.76	3:21.11
	45.38	1:37.05 (51.67)	2:30.17 (53.12)	3:21.11 (50.94)	
9	Johns, Hannah K	14	Celtic Dolphins	3:14.27	3:34.49
	47.76	1:41.21 (53.45)	2:37.73 (56.52)	3:34.49 (56.76)	

Event 209 Girls 16 & Over 200 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Kamau, Rebecca	17	City of Birmingham SC	2:29.65	2:40.21
	35.85	1:17.48 (41.63)	2:00.00 (42.52)	2:40.21 (40.21)	

Event 210 Boys 50 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Fraser, Lewis W	16	Swansea Aquatics	28.30	25.64
2	Stanford, Benjamin	17	City of Birmingham SC	27.18	27.42
3	Simons, Fabio	20	Neath Asc	26.40	27.77
*4	Beckett, Kieran	15	City of Southampton Swim Club	27.62	27.95
*4	Osborne, Samuel	15	City of Birmingham SC	27.41	27.95
6	Davies, Jacob	14	City of Birmingham SC	28.82	28.47
7	Lee Davies, Sam	16	Neath Asc	29.59	29.60
8	Andrews, Ryan	16	City of Birmingham SC	28.95	29.61
9	Job, Kyle	17	Penyrheol Asc	30.92	30.68
10	Short, Simon	18	Neath Asc	30.88	30.85
11	Thompson, Jack	16	Penyrheol Asc	31.54	31.01
12	Mullins, Joshua	16	Merthyr Tydfil Swimming Club	31.06	31.12
13	Vernon, Thomas A	14	Chirk Dragons	32.07	31.38
14	Langman, George T	14	Weston Super Mare SC	34.05	33.22
15	Thomas, Joshua	15	Merthyr Tydfil Swimming Club	40.91	33.99
16	Elkin, Max	12	Swansea Aquatics	33.80	34.10

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 210 Boys 50 LC Meter Butterfly Level 1)**

	Name	Age	Team	Seed Time	Finals Time
17	Preece, Alex J	13	Neath Asc	34.21	34.13
18	Martin, Luke	13	City of Southampton Swim Club	34.89	34.19
19	Roberts, Joshua	11	Celtic Dolphins	35.47	34.83
20	Burkett, Max	11	Swansea Aquatics	35.12	34.93
21	Wells, Lewis	13	Neath Asc	35.21	35.41
22	Wilk, Harri D	15	Chirk Dragons	39.39	36.51
23	Fitzsimmons, Arron	11	Pembroke & District	37.08	36.90
24	Jones, Lloyd O	12	Merthyr Tydfil Swimming Club	37.48	37.40
25	Close, Finan	13	Swim Conwy Performance Centre	41.09	38.08
26	Wingrave-Rix, Harvey	12	Swansea Aquatics	36.53	38.56
27	Williams, Osian	12	Swim Conwy Performance Centre	40.38	39.86
28	Hearn, Calum	17	Penyrheol Asc	45.40	43.18
29	Hall, Lewis	13	Swim Conwy Performance Centre	40.86	43.61
30	Smith, Jake	10	City of Southampton Swim Club	45.60	46.82

Event 211 Girls 50 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Bozzard-Hill, Zoe	20	City of Birmingham SC	26.51	27.31
2	Dalling, Rebecca	17	Swansea Aquatics	27.44	28.38
3	Hubbard, Caitlin	15	City of Birmingham SC	28.55	28.83
4	Kamau, Rebecca	17	City of Birmingham SC	28.21	28.98
5	Sterling, Nadya	12	City of Birmingham SC	28.27	29.39
6	Griffiths, Isobel	17	City of Birmingham SC	29.32	29.52
7	Williams, Megan	17	Swansea Aquatics	30.39	29.62
8	Jones, Alicia D	13	Merthyr Tydfil Swimming Club	29.73	29.74
*9	Wilkinson, Brooke	17	City of Southampton Swim Club	28.73	29.85
*9	Bartley, Alexandra	14	City of Birmingham SC	30.74	29.85
11	Rayment, Ashleigh	15	City of Southampton Swim Club	29.62	29.89
12	Pelders, Pam	16	Neath Asc	30.08	29.92
13	Davies, Cara J	15	Swansea Aquatics	29.25	30.05
14	Stephenson, Alisha	14	City of Birmingham SC	29.83	30.44
15	Fletcher, Megan	16	Haverfordwest Swimming Club	30.57	30.56
16	Cole, Cerys	14	Neath Asc	30.23	30.57
17	Pearce, Lowri	15	Swansea Aquatics	29.10	30.61
18	Wilcox, Hollie M	14	Weston Super Mare SC	29.79	30.67
19	Black, Rebekah	16	Swansea Aquatics	30.84	30.90
20	Sack, Alexandra	18	Neath Asc	29.45	31.03
21	Andrews, Ffion	16	Neath Asc	30.01	31.06
*22	Millan, Fiona	14	Neath Asc	30.97	31.10
*22	Dowling, Katie	13	City of Southampton Swim Club	29.91	31.10
*22	Gibbins, Layla	15	Neath Asc	31.17	31.10
25	Short, Mollie	14	Neath Asc	31.78	31.11
26	Jones, Niamh J	16	Penyrheol Asc	30.78	31.20
27	Edwards, Megan	13	Swansea Aquatics	30.41	31.33
28	Robins, Aaliyah M	13	Chirk Dragons	29.98	31.35
29	Trueman, Lily M	14	Haverfordwest Swimming Club	31.89	31.39
30	Maiden, Mya	15	Merthyr Tydfil Swimming Club	30.62	31.52
*31	Paisey, Savita	14	City of Southampton Swim Club	31.63	31.56
*31	Peter, Hannah	12	Swansea Aquatics	31.82	31.56
33	Hopkins, Lauren	14	Celtic Dolphins	31.02	31.60
34	Thompson, Alannah	14	Penyrheol Asc	31.68	31.61
35	Davies, Katie	13	Neath Asc	32.03	31.68
36	Golding, Francesca M	24	Neath Asc	30.12	31.70
37	Norris, Alyssa	13	Caerphilly County Swim Squad	30.75	31.77
38	Harvey, Rhiannon	15	Celtic Dolphins	31.42	31.86
39	Humphries, Chloe A	14	Bilston Swimming Club	31.36	31.89

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Two****(Event 211 Girls 50 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
40	Nicholls, Jasmine	15	Swansea Aquatics	31.28	31.94
41	Carstairs, Ella	13	City of Southampton Swim Club	32.40	32.14
42	Davies, Charlotte	13	Swansea Aquatics	31.32	32.24
43	Smith, Poppy	14	City of Southampton Swim Club	33.22	32.39
44	Best, Summer	13	Swim Conwy Performance Centre	31.84	32.41
45	Mills, Rebecca	15	City of Southampton Swim Club	32.41	32.48
46	Robinson, Francesca S	13	Haverfordwest Swimming Club	32.78	32.55
47	Langman, Sophie L	17	Weston Super Mare SC	30.97	32.57
48	Evans, Bethan	11	Neath Asc	34.11	32.80
49	Day, Neve	14	City of Southampton Swim Club	33.40	32.96
*50	Armstrong, Sophie	14	Neath Asc	34.73	33.15
*50	Davies, Katie-May	15	Merthyr Tydfil Swimming Club	32.43	33.15
52	Watson, Elin	13	Swim Conwy Performance Centre	32.83	33.18
53	Bailey-Jones, Nia	11	Swansea Aquatics	34.71	33.23
54	Davies, Ellie	12	Swansea Aquatics	33.50	33.27
55	Nicholls, Cameron	12	Swansea Aquatics	33.42	33.40
56	Davies, Emily	13	Celtic Dolphins	32.90	33.41
57	Holdsworth, Jasmine	14	Celtic Dolphins	33.87	33.50
58	Dickinson, Jessica	11	Swansea Aquatics	33.11	33.56
59	Evans, Caitlin	12	Swansea Aquatics	33.79	33.76
60	Glover, Alysia	14	Neath Asc	33.69	33.81
61	Watson, Kimberleigh	13	City of Southampton Swim Club	35.54	34.17
62	Carstairs, Macey	10	City of Southampton Swim Club	34.94	34.20
63	Warlow, Grace E	13	Neath Asc	33.56	34.37
64	Doughty, Katie	11	Milford Tigers	35.82	34.46
65	Davies, Chloe	16	Swansea Aquatics	33.47	34.53
66	Garcia, Ysabelle	11	City of Southampton Swim Club	35.04	34.67
67	Hughes, Ellie	14	Swim Conwy Performance Centre	34.22	34.69
68	Tucker, Natalie E	11	Swansea Aquatics	33.79	34.85
69	Sullivan, Nia	12	Celtic Dolphins	36.59	34.89
70	Pearce, Molly	12	Llanelli Asc	35.19	35.00
71	Jones, Ffion C	13	Penyrheol Asc	35.12	35.32
72	Owen, Caitlin	13	Swim Conwy Performance Centre	36.91	35.37
73	Slater, Jessica	13	City of Southampton Swim Club	37.02	35.88
74	Garcia De Leaniz, Sofia	11	Swansea Aquatics	37.60	36.21
75	Pritchard, Kara	10	Swansea Aquatics	37.50	36.40
76	Watson, Ceri	11	Swim Conwy Performance Centre	35.18	36.56
77	Job, Aliesha	14	Penyrheol Asc	34.85	36.58
78	Jones, Holli	10	Swansea Aquatics	37.60	36.84
79	Morris, Alice R	11	Chirk Dragons	39.00	36.95
80	Dunning, Ffion	11	Llanelli Asc	39.35	37.09
81	Ost, Katie	13	Penyrheol Asc	39.32	37.45
82	Williams, Freya	10	Milford Tigers	37.97	38.30
83	Thomas, Seren	10	Swansea Aquatics	38.41	38.69
84	Ord, Tamzin L	12	Amman Valley Swimming Club	42.40	40.77
85	Lambert-Jones, Sofia	13	Neath Asc	39.00	41.94

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****Event 301 Boys 8 Year Olds 50 LC Meter Backstroke Level 3**

	Name	Age	Team	Seed Time	Finals Time
1	Gillett, Oliver	8	Swansea Aquatics	48.60	46.62
2	Montgomery, Sammy	8	Fishguard Flyers SC	1:00.84	49.49
3	Jones, Ben	8	Neath Asc	55.38	52.09
4	Pugh, Twm	8	Amman Valley Swimming Club	54.79	56.79
5	Cribb, Tobie	8	Caerphilly County Swim Squad	1:11.24	1:03.69
6	Hartery, Kai	8	Neath Asc	44.71	1:22.22

Event 301 Boys 9 Year Olds 50 LC Meter Backstroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Weston, Liam A	9	Llanelli Asc	46.50	49.37
2	Cory, Dylan	9	Swansea Aquatics	59.60	50.35
3	Richards, Aled	9	Celtic Dolphins	NT	50.37
4	Thomas, Iestyn	9	Neath Asc	52.61	50.54
5	Williams, Tyler	9	Milford Tigers	53.67	50.98
6	Phillips, Alistair	9	Celtic Dolphins	54.18	51.40
7	Thomas, Evan	9	Celtic Dolphins	NT	51.96
8	Fletcher, Owen	9	Haverfordwest Swimming Club	52.10	52.00
9	Williams, Rueben	9	Caerphilly County Swim Squad	59.02	55.51
10	Ford, Freddie	9	Caerphilly County Swim Squad	1:01.26	59.21

Event 301 Boys 10 Year Olds 50 LC Meter Backstroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Thomas, Rhys a	10	Llanelli Asc	41.19	40.84
2	Pugh, Gethin	10	Amman Valley Swimming Club	41.78	42.58
3	Gwyn, Osian	10	Neath Asc	44.53	43.19
4	Wells, Oliver S	10	Celtic Dolphins	43.82	43.46
5	West, Zac	10	Fishguard Flyers SC	45.73	44.22
6	Thomas, Jac	10	Neath Asc	46.01	44.41
7	Carver, William	10	Swansea Aquatics	45.22	44.61
8	Sanorjo, Angelo	10	Swansea Aquatics	46.60	46.60
9	Thomas, Travis	10	Neath Asc	49.14	46.80
10	Jones, Joshua	10	Neath Asc	45.88	47.76
11	Rogers, Logan	10	Neath Asc	50.96	49.92
12	Williams, Corey	10	Swansea Aquatics	54.10	49.99
13	James, Owain	10	Caerphilly County Swim Squad	56.81	50.88
14	Davies, Rhys	10	Penyrheol Asc	54.02	53.54
15	Garcia, Raphael	10	City of Southampton Swim Club	59.97	55.07
16	Eaton Sawford, Kier A	10	Chirk Dragons	NT	1:03.73

Event 301 Boys 11 Year Olds 50 LC Meter Backstroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Budd-Thomas, Dylan	11	Llanelli Asc	44.95	42.12
2	Andrews, Rory	11	Haverfordwest Swimming Club	43.99	42.14
3	Catling, Finlay	11	Celtic Dolphins	42.69	42.71
4	Ralph, Robbie	11	Haverfordwest Swimming Club	46.07	45.28
5	Francis, Woody L	11	Swansea Aquatics	42.40	46.17
6	Schmidt, Hans	11	Fishguard Flyers SC	50.11	46.65
7	Robinson, Ellis	11	Haverfordwest Swimming Club	47.05	47.64
8	Rogers, Travis	11	Caerphilly County Swim Squad	NT	1:04.10

Event 301 Boys 12 Year Olds 50 LC Meter Backstroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Cooper, Joshua	12	Neath Asc	40.69	43.08
2	Vernon, Harrison J	12	Chirk Dragons	54.43	44.91

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****Event 302 Boys 50 LC Meter Backstroke Level 3 MC Multi-Class**

	Name	Age	Team	Seed Time	Finals Time
1	Thomas, Jack R S14	21	Swansea Aquatics	30.43	30.45

Event 303 Girls 8 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Tucker, Holly	8	Swansea Aquatics	43.30	40.29
2	Horne, Victoria	8	Fishguard Flyers SC	58.76	44.41
3	O'Mahoney, Kaitlin	8	Neath Asc	NT	45.34
4	Snelgrove, Violet	8	Neath Asc	53.41	45.64
5	Martin, Gabrielle	8	City of Southampton Swim Club	48.75	46.09
6	Hamer, Megan	8	Celtic Dolphins	NT	46.86
7	Page, Ann	8	Amman Valley Swimming Club	55.21	47.13
8	Keigwin, Poppy	8	Caerphilly County Swim Squad	51.31	47.53
9	Raymond, Emily	8	City of Southampton Swim Club	57.16	49.42
10	Pemberton, Elen	8	Neath Asc	54.50	49.49
11	Holdsworth, Sienna	8	Celtic Dolphins	NT	50.77
12	Woodward, Angharad	8	Neath Asc	NT	51.69
13	Sparkes, Lola	8	Neath Asc	NT	51.76
14	Harris, Ella	8	Neath Asc	NT	54.57
15	Griffiths, Gwen M	8	Neath Asc	NT	56.47
16	Thomas, Medi A	8	Llanelli Asc	NT	57.06

Event 303 Girls 9 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Peter, Sophie	9	Swansea Aquatics	38.00	37.92
2	Knowles, Amy A	9	Haverfordwest Swimming Club	38.21	39.04
3	Edwards, Catrin	9	Swansea Aquatics	41.20	39.09
4	Thomas, Ffion	9	Neath Asc	38.89	39.49
5	Richardson, Maizie	9	Swim Conwy Performance Centre	38.38	39.61
6	Cleave, Mia	9	Celtic Dolphins	44.19	39.88
7	Hughes, Cari	9	Neath Asc	40.03	40.31
8	Gilligan, Gracie	9	Neath Asc	43.70	41.67
9	Goddard, Evie E	9	Haverfordwest Swimming Club	40.83	42.08
10	Tyrrell, Kiera	9	Celtic Dolphins	NT	42.60
11	Allen, Erin	9	Haverfordwest Swimming Club	44.32	43.73
12	Sullivan, Katie	9	Celtic Dolphins	48.85	43.82
13	Enoch, Megan J	9	Caerphilly County Swim Squad	48.91	45.84
14	Wilson, Jayden	9	Pembroke & District	47.39	47.03
15	Ward, Poppy May	9	Caerphilly County Swim Squad	NT	47.56
16	Day, Livia	9	City of Southampton Swim Club	49.11	47.93
17	Edwards, Ellie	9	Celtic Dolphins	NT	48.50
18	Durbin, Isabella	9	Merthyr Tydfil Swimming Club	52.19	48.95
19	Davies, Ria	9	Neath Asc	52.73	49.55
20	Griffiths, Darcy	9	Neath Asc	NT	50.60
21	Egan, Ffion	9	Neath Asc	NT	53.93
22	Hetherington, Liberty	9	Neath Asc	53.65	54.70

Event 303 Girls 10 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Burgess, Sienna	10	Neath Asc	35.23	33.73
2	Harvey, Carys	10	Celtic Dolphins	37.57	34.51
3	Reed, Kayleigh	10	Fishguard Flyers SC	37.05	36.23
4	Lewis, Lowri	10	Neath Asc	36.85	36.83
5	Krol, Sophie	10	Haverfordwest Swimming Club	38.65	36.95
6	Jones, Holli	10	Swansea Aquatics	37.60	37.05
7	Llewellyn, Nia	10	Haverfordwest Swimming Club	37.12	37.14
8	King, Emilia	10	Penyrheol Asc	41.44	37.18

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 303 Girls 10 Year Olds 50 LC Meter Freestyle Level 3)**

	Name	Age	Team	Seed Time	Finals Time
9	Wookey, Katie	10	Llanelli Asc	39.86	38.05
10	Phillips, Erin	10	Celtic Dolphins	47.54	38.52
11	Williams Jones, Cari	10	Llanelli Asc	42.59	38.70
12	Brierley, Jessica	10	Swim Conwy Performance Centre	40.06	38.88
13	White, Eleanor R	10	Haverfordwest Swimming Club	42.67	38.94
14	Thomas, Seren	10	Swansea Aquatics	38.41	40.25
15	Evans, Caitlin	10	Neath Asc	39.37	40.38
16	Webb, Alys	10	Haverfordwest Swimming Club	41.19	40.55
17	Beall, Freya L	10	Penyrheol Asc	47.27	40.67
18	Davies, Mai	10	Penyrheol Asc	49.94	41.02
19	John, Lucy	10	Haverfordwest Swimming Club	43.23	41.23
20	Lewis, Abigail	10	Neath Asc	41.67	41.34
21	Bawden, Amy G	10	Swansea Aquatics	43.60	41.38
22	Rowe-Lewis, Daisy	10	Swansea Aquatics	41.20	41.67
23	Hill, Marissa	10	Celtic Dolphins	49.07	41.89
24	Evans, Ellie	10	Neath Asc	46.18	42.50
25	Phillips, Rhianna	10	Llanelli Asc	56.98	42.53
26	Collins, Erin S	10	Caerphilly County Swim Squad	44.33	43.36
27	Worthington, Heather	10	Chirk Dragons	NT	43.96
28	Brownhill, Amelie	10	Neath Asc	43.45	44.61
29	Jones, Jessica	10	Caerphilly County Swim Squad	45.64	45.13
30	Morris, Imogen	10	Neath Asc	NT	46.51
31	Lewis, Hannah	10	Neath Asc	NT	46.55
32	Smart, Libby	10	Milford Tigers	NT	46.66
33	Horne, Alexa	10	Fishguard Flyers SC	51.21	46.84
34	Sturgess, Lucie	10	Caerphilly County Swim Squad	50.31	50.04
35	Barker, Hope	10	Milford Tigers	49.54	51.41
36	Phelps, Lucy	10	Celtic Dolphins	NT	53.51

Event 303 Girls 11 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Raymond, Ellie	11	City of Southampton Swim Club	34.73	33.86
2	Lloyd, Ruby	11	Swansea Aquatics	35.96	34.52
3	Curtis-Jones, Llian M	11	Celtic Dolphins	36.12	34.72
4	Hetherington, Verity	11	Neath Asc	35.79	35.33
5	Scott, Summer	11	Neath Asc	NT	36.08
6	Moses, Ffion M	11	Haverfordwest Swimming Club	36.27	36.40
7	Watts, Non	11	Celtic Dolphins	45.12	37.17
8	Davies, Lydia	11	Neath Asc	38.39	37.54
9	Morris, Alice R	11	Chirk Dragons	39.00	37.66
10	Glover, Katie	11	Neath Asc	37.98	37.84
11	George, Mia	11	Neath Asc	39.00	38.44
12	Brooks, Tacha	11	Swansea Aquatics	39.40	38.45
13	Davies, Katie	11	Celtic Dolphins	39.18	38.82
14	Williams, Ellen R	11	Chirk Dragons	NT	38.96
15	Scannell, Blythe	11	Merthyr Tydfil Swimming Club	40.79	40.26
16	Thomas, Abigail E	11	Celtic Dolphins	40.74	41.94
17	Jones, Haf	11	Neath Asc	44.08	43.90
18	Knight, Ffion L	11	Penyrheol Asc	49.80	45.26
19	Morris, Scarlet	11	Haverfordwest Swimming Club	51.61	45.82
20	Richardson, Megan	11	Swim Conwy Performance Centre	48.28	46.73
21	Evans, Samantha	11	Caerphilly County Swim Squad	44.66	49.24
22	Williams, Thea	11	Neath Asc	56.56	54.38

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****Event 303 Girls 12 Year Olds 50 LC Meter Freestyle Level 3**

	Name	Age	Team	Seed Time	Finals Time
1	Thomson, Megan E	12	Haverfordwest Swimming Club	34.02	32.73
2	Hetherington, Trinity	12	Neath Asc	34.67	34.25
3	Barber, Sydney P	12	Haverfordwest Swimming Club	36.65	35.61
4	Bennett, Briony	12	Haverfordwest Swimming Club	37.21	36.39
5	Jones, Holly	12	Neath Asc	36.23	37.09
6	Williams, Olivia	12	Celtic Dolphins	39.21	38.70
7	Evans, Elena	12	Neath Asc	40.86	38.91
8	Robinson, Ffion	12	Swansea Aquatics	40.10	39.25
9	Evans, Sophie	12	Neath Asc	39.51	40.30
10	Willis, Ffion	12	Neath Asc	42.75	43.91
11	Shaddick, Libby	12	Caerphilly County Swim Squad	45.10	46.39

Event 304 Girls 50 LC Meter Freestyle Level 3 - MC Multi-Class

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Cerys S14	15	Swansea Aquatics	33.88	34.23
2	Leconte, Seren E S9	11	Caerphilly County Swim Squad	37.81	40.55

Event 305 Boys 9-10 100 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Wells, Oliver S	10	Celtic Dolphins	1:30.40	1:30.35
	44.27	1:30.35 (46.08)			
2	Pugh, Gethin	10	Amman Valley Swimming Club	1:28.83	1:33.41
	45.37	1:33.41 (48.04)			
3	Gwyn, Osian	10	Neath Asc	1:41.08	1:35.79
	47.50	1:35.79 (48.29)			
4	Smith, Jake	10	City of Southampton Swim Club	1:34.04	1:36.20
	47.54	1:36.20 (48.66)			
5	Carver, William	10	Swansea Aquatics	1:37.52	1:38.24
	50.15	1:38.24 (48.09)			
6	West, Zac	10	Fishguard Flyers SC	1:33.05	1:38.92
	48.57	1:38.92 (50.35)			
7	Jones, Joshua	10	Neath Asc	1:44.67	1:45.13
	50.89	1:45.13 (54.24)			

Event 305 Boys 11-12 100 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Rodriguez, Ab B	12	Swansea Aquatics	1:12.76	1:12.67
	35.41	1:12.67 (37.26)			
2	Elkin, Max	12	Swansea Aquatics	1:13.10	1:15.48
	36.97	1:15.48 (38.51)			
3	Burkett, Max	11	Swansea Aquatics	1:16.40	1:18.05
	37.59	1:18.05 (40.46)			
4	Fitzsimmons, Arron	11	Pembroke & District	1:20.00	1:20.29
	38.91	1:20.29 (41.38)			
5	White, Henry	12	Haverfordwest Swimming Club	1:26.05	1:23.37
	41.13	1:23.37 (42.24)			
6	Seppman, Neo	12	Swansea Aquatics	1:23.23	1:24.48
	41.53	1:24.48 (42.95)			
7	Cole, Toby	11	Swansea Aquatics	1:24.58	1:25.29
	42.29	1:25.29 (43.00)			
8	Williams, Osian	12	Swim Conwy Performance Centre	1:23.72	1:27.44
	42.78	1:27.44 (44.66)			
9	Andrews, Rory	11	Haverfordwest Swimming Club	1:31.41	1:30.13
	44.90	1:30.13 (45.23)			
10	Roberts, Ben	12	Caerphilly County Swim Squad	1:34.26	1:32.98
	44.81	1:32.98 (48.17)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 305 Boys 11-12 100 LC Meter Backstroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
11	Budd-Thomas, Dylan	11	Llanelli Asc	1:33.90	1:36.60
	50.13		1:36.60 (46.47)		
12	Francis, Woody L	11	Swansea Aquatics	1:31.00	1:36.85
	47.30		1:36.85 (49.55)		

Event 305 Boys 13-14 100 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Jacob	14	City of Birmingham SC	1:00.90	1:00.64
	29.06		1:00.64 (31.58)		
2	Thomas, Daniel D	14	Haverfordwest Swimming Club	1:07.17	1:08.29
	33.53		1:08.29 (34.76)		
3	Langman, George T	14	Weston Super Mare SC	1:10.43	1:12.08
	35.26		1:12.08 (36.82)		
4	Williams, Osian C	13	Swansea Aquatics	1:11.40	1:14.23
	36.05		1:14.23 (38.18)		
5	Close, Finan	13	Swim Conwy Performance Centre	1:17.32	1:14.36
	36.29		1:14.36 (38.07)		
6	Wells, Lewis	13	Neath Asc	1:14.68	1:14.71
	35.89		1:14.71 (38.82)		
7	Webb, Jac D	13	Haverfordwest Swimming Club	1:23.21	1:18.91
	39.32		1:18.91 (39.59)		
8	Hall, Lewis	13	Swim Conwy Performance Centre	1:24.80	1:28.26
	43.16		1:28.26 (45.10)		
9	Beckett, Harrison	13	City of Southampton Swim Club	1:31.10	1:32.87
	45.92		1:32.87 (46.95)		

Event 305 Boys 15 & Over 100 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Evans, Luke	17	Neath Asc	1:05.78	1:07.57
	32.57		1:07.57 (35.00)		
2	Andrews, Ryan	16	City of Birmingham SC	1:08.69	1:08.73
	33.70		1:08.73 (35.03)		
3	Evans, Luke T	16	Chirk Dragons	1:08.45	1:11.36
	34.18		1:11.36 (37.18)		
4	Job, Kyle	17	Penyrheol Asc	1:10.14	1:13.45
	36.21		1:13.45 (37.24)		
5	Elliott, Morgan	15	Haverfordwest Swimming Club	1:09.10	1:14.27
	36.51		1:14.27 (37.76)		
6	Moss, Alistair J	15	Chirk Dragons	1:16.52	1:14.81
	36.30		1:14.81 (38.51)		
7	Wilk, Harri D	15	Chirk Dragons	1:19.29	1:17.94
	37.20		1:17.94 (40.74)		
8	Gibson, Jason	16	Swansea Aquatics	1:20.00	1:22.01
	40.24		1:22.01 (41.77)		
---	Osborne, Samuel	15	City of Birmingham SC	1:15.40	DQ
	33.64		DQ (35.29)		

Event 306 Girls 9-11 100 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Knight, Lauren	11	City of Birmingham SC	1:27.37	1:25.85
	40.22		1:25.85 (45.63)		
2	Viney, Imogen	11	City of Birmingham SC	1:29.10	1:27.33
	42.40		1:27.33 (44.93)		
3	Milligan, Jessica	11	City of Southampton Swim Club	1:34.29	1:33.15
	45.43		1:33.15 (47.72)		
4	Couzens, Ruby	11	City of Birmingham SC	1:32.00	1:35.39
	46.41		1:35.39 (48.98)		

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 306 Girls 9-11 100 LC Meter Breaststroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
5	Francis, Mirain	11	Swansea Aquatics	1:39.50	1:37.42
	45.02		1:37.42 (52.40)		
6	Burgess, Sienna	10	Neath Asc	1:37.24	1:39.08
	47.62		1:39.08 (51.46)		
7	Wilkins, Maia	11	Swansea Aquatics	1:41.96	1:39.37
	47.32		1:39.37 (52.05)		
8	Tucker, Natalie E	11	Swansea Aquatics	1:38.03	1:39.71
	47.67		1:39.71 (52.04)		
9	Raymond, Ellie	11	City of Southampton Swim Club	1:42.04	1:41.35
	47.24		1:41.35 (54.11)		
10	Llewellyn, Nia	10	Haverfordwest Swimming Club	1:36.74	1:43.15
	48.84		1:43.15 (54.31)		
11	Curtis-Jones, Llian M	11	Celtic Dolphins	1:43.58	1:43.98
	50.10		1:43.98 (53.88)		
12	Bailey-Jones, Nia	11	Swansea Aquatics	1:49.76	1:44.62
	50.30		1:44.62 (54.32)		
13	Garcia, Ysabelle	11	City of Southampton Swim Club	1:40.10	1:44.86
	50.43		1:44.86 (54.43)		
14	Lewis, Caera	10	Pembroke & District	1:39.69	1:45.57
	50.62		1:45.57 (54.95)		
15	Pritchard, Kara	10	Swansea Aquatics	1:42.30	1:45.67
	51.28		1:45.67 (54.39)		
16	White, Amy V	11	Haverfordwest Swimming Club	1:44.83	1:45.86
	50.74		1:45.86 (55.12)		
17	Morris, Alice R	11	Chirk Dragons	1:56.04	1:47.41
	51.50		1:47.41 (55.91)		
18	Cribb, Millie Lacie	11	Caerphilly County Swim Squad	1:45.99	1:47.52
	52.66		1:47.52 (54.86)		
19	Krol, Sophie	10	Haverfordwest Swimming Club	1:48.89	1:47.86
	52.72		1:47.86 (55.14)		
20	Garcia De Leaniz, Sofia	11	Swansea Aquatics	1:49.80	1:49.12
	51.59		1:49.12 (57.53)		
21	Davies, Rhian	9	Swansea Aquatics	1:49.90	1:50.39
	52.59		1:50.39 (57.80)		
22	Evans, Caitlin	10	Neath Asc	1:49.70	1:50.78
	52.99		1:50.78 (57.79)		
23	Doughty, Katie	11	Milford Tigers	1:40.48	1:50.79
	51.95		1:50.79 (58.84)		
24	Watson, Ceri	11	Swim Conwy Performance Centre	1:41.72	1:52.27
	54.97		1:52.27 (57.30)		
25	Thomas, Seren	10	Swansea Aquatics	1:51.11	1:52.34
	54.55		1:52.34 (57.79)		
26	Scott, Summer	11	Neath Asc	1:57.67	1:53.75
	52.81		1:53.75 (1:00.94)		
27	Jones, Isabelle	11	Caerphilly County Swim Squad	1:53.61	1:54.74
	55.40		1:54.74 (59.34)		
28	Knowles, Amy A	9	Haverfordwest Swimming Club	1:52.09	1:55.18
	55.50		1:55.18 (59.68)		
29	Lewis, Lowri	10	Neath Asc	1:52.25	1:55.54
	54.96		1:55.54 (1:00.58)		
30	John, Lucy	10	Haverfordwest Swimming Club	1:54.24	1:57.25
	56.37		1:57.25 (1:00.88)		
31	Hughes, Cari	9	Neath Asc	1:59.58	1:58.18
	56.43		1:58.18 (1:01.75)		
32	Lewis, Abigail	10	Neath Asc	1:56.54	1:58.46
	56.08		1:58.46 (1:02.38)		
33	Goddard, Evie E	9	Haverfordwest Swimming Club	1:55.71	1:59.43
	57.51		1:59.43 (1:01.92)		

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 306 Girls 9-11 100 LC Meter Breaststroke Level 1)**

Name	Age	Team	Seed Time	Finals Time
--- Morris, Imogen	10	Neath Asc	1:56.89	DQ
1:10.93	DQ (1:12.39)			

Event 306 Girls 12-13 100 LC Meter Breaststroke Level 1

Name	Age	Team	Seed Time	Finals Time
1 Davies, Erin	13	City of Birmingham SC	1:15.70	1:18.33
2 Checkley, Millie	12	City of Birmingham SC	1:21.10	1:21.13
3 Sibbald-Perkins, Ellie	12	City of Birmingham SC	1:27.85	1:25.79
42.26	1:25.79 (43.53)			
4 Best, Summer	13	Swim Conwy Performance Centre	1:27.93	1:27.55
41.68	1:27.55 (45.87)			
5 Jones, Alicia D	13	Merthyr Tydfil Swimming Club	1:30.27	1:29.66
44.02	1:29.66 (45.64)			
6 Carstairs, Ella	13	City of Southampton Swim Club	1:30.22	1:30.29
42.71	1:30.29 (47.58)			
7 Tooth, Phoebe	12	City of Birmingham SC	1:38.04	1:31.68
45.06	1:31.68 (46.62)			
8 Blyth, Ella	12	City of Birmingham SC	1:32.03	1:34.47
44.43	1:34.47 (50.04)			
9 Robinson, Francesca S	13	Haverfordwest Swimming Club	1:33.66	1:34.64
45.82	1:34.64 (48.82)			
10 Robins, Aaliyah M	13	Chirk Dragons	1:31.60	1:34.91
44.87	1:34.91 (50.04)			
11 Davies, Katie	13	Neath Asc	1:38.22	1:35.79
43.42	1:35.79 (52.37)			
12 Powell, Megan B	12	Swansea Aquatics	1:41.80	1:38.59
46.57	1:38.59 (52.02)			
13 Davies, Ellie	12	Swansea Aquatics	1:42.20	1:40.30
48.39	1:40.30 (51.91)			
14 Hetherington, Trinity	12	Neath Asc	1:38.95	1:40.95
47.36	1:40.95 (53.59)			
15 Jones, Ffion C	13	Penyrheol Asc	1:41.13	1:41.09
47.54	1:41.09 (53.55)			
16 Sullivan, Nia	12	Celtic Dolphins	1:45.01	1:42.18
48.89	1:42.18 (53.29)			
17 Thomson, Megan E	12	Haverfordwest Swimming Club	1:39.96	1:42.53
49.06	1:42.53 (53.47)			
18 Jaworska, Maja	13	Caerphilly County Swim Squad	1:47.61	1:43.14
49.47	1:43.14 (53.67)			
19 Nicholls, Cameron	12	Swansea Aquatics	1:41.70	1:44.96
48.60	1:44.96 (56.36)			
20 Owen, Caitlin	13	Swim Conwy Performance Centre	1:43.05	1:46.42
52.60	1:46.42 (53.82)			
21 Williams, Danielle	13	Swansea Aquatics	1:45.81	1:47.06
52.29	1:47.06 (54.77)			
22 Pearce, Molly	12	Llanelli Asc	1:45.46	1:50.51
52.48	1:50.51 (58.03)			

Event 306 Girls 14-15 100 LC Meter Breaststroke Level 1

Name	Age	Team	Seed Time	Finals Time
1 Jones, Jessica	14	Swim Conwy Performance Centre	1:22.50	1:20.07
2 Bartley, Alexandra	14	City of Birmingham SC	1:18.31	1:20.84
3 Molloy, Erin	14	City of Birmingham SC	1:18.79	1:23.37
4 Brown, Sophie	14	Swim Conwy Performance Centre	1:22.66	1:26.11
5 Williams, Rhiannon	15	Swansea Aquatics	1:28.27	1:27.50
41.10	1:27.50 (46.40)			
6 Millan, Fiona	14	Neath Asc	1:27.18	1:28.54
41.90	1:28.54 (46.64)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 306 Girls 14-15 100 LC Meter Breaststroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
7	Thompson, Alannah	14	Penyrheol Asc	1:27.03	1:28.80
	41.30		1:28.80 (47.50)		
8	Day, Neve	14	City of Southampton Swim Club	1:32.90	1:29.22
	42.66		1:29.22 (46.56)		
9	Fletcher, Chloe	14	Haverfordwest Swimming Club	1:27.41	1:30.79
	43.36		1:30.79 (47.43)		
10	Short, Mollie	14	Neath Asc	1:30.90	1:31.37
	43.74		1:31.37 (47.63)		
11	Walters, Aisha M	14	Merthyr Tydfil Swimming Club	1:32.06	1:32.43
	43.67		1:32.43 (48.76)		
12	Nicholls, Jasmine	15	Swansea Aquatics	1:28.20	1:32.86
	44.59		1:32.86 (48.27)		
*13	Maiden, Mya	15	Merthyr Tydfil Swimming Club	1:29.52	1:33.52
	45.09		1:33.52 (48.43)		
*13	Davies, Katie-May	15	Merthyr Tydfil Swimming Club	1:31.19	1:33.52
	43.13		1:33.52 (50.39)		
15	Hughes, Ellie	14	Swim Conwy Performance Centre	1:36.30	1:33.77
	45.49		1:33.77 (48.28)		
16	Trueman, Lily M	14	Haverfordwest Swimming Club	1:32.49	1:34.20
	45.07		1:34.20 (49.13)		
17	Job, Aliesha	14	Penyrheol Asc	1:28.52	1:34.32
	46.81		1:34.32 (47.51)		
18	Pullen, Megan K	15	Swansea Aquatics	1:31.20	1:34.82
	44.47		1:34.82 (50.35)		
19	Wells, Bethan	15	Swansea Aquatics	1:33.20	1:34.97
	45.56		1:34.97 (49.41)		
20	Holdsworth, Jasmine	14	Celtic Dolphins	1:36.41	1:38.21
	45.62		1:38.21 (52.59)		
21	Johns, Hannah K	14	Celtic Dolphins	1:32.85	1:42.40
	48.27		1:42.40 (54.13)		

Event 306 Girls 16 & Over 100 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Kamau, Rebecca	17	City of Birmingham SC	1:10.12	1:14.77
2	Langman, Sophie L	17	Weston Super Mare SC	1:24.27	1:26.25
	41.30		1:26.25 (44.95)		
3	Wilkinson, Brooke	17	City of Southampton Swim Club	1:23.50	1:28.81
4	Pelders, Pam	16	Neath Asc	1:26.14	1:29.50
	42.24		1:29.50 (47.26)		
5	Davies, Chloe	16	Swansea Aquatics	1:27.78	1:34.34
	44.67		1:34.34 (49.67)		

Event 307 Boys 9-10 200 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Wells, Oliver S	10	Celtic Dolphins	2:46.65	2:52.94
	39.03		1:23.82 (44.79) 2:09.02 (45.20)	2:52.94 (43.92)	
2	Smith, Jake	10	City of Southampton Swim Club	2:57.66	3:04.72
	43.04		1:30.87 (47.83) 2:21.23 (50.36)	3:04.72 (43.49)	
3	Carver, William	10	Swansea Aquatics	2:59.96	3:05.37
	44.14		1:33.68 (49.54) 2:22.92 (49.24)	3:05.37 (42.45)	

Event 307 Boys 11-12 200 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Rodriguez, Ab B	12	Swansea Aquatics	2:22.61	2:19.59
	32.95		1:09.22 (36.27) 1:46.06 (36.84)	2:19.59 (33.53)	
2	Watson, Flynn	12	City of Birmingham SC	2:34.08	2:25.38
	33.47		1:10.56 (37.09) 1:48.54 (37.98)	2:25.38 (36.84)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 307 Boys 11-12 200 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
3	Roberts, Joshua	11	Celtic Dolphins	2:27.14	2:27.41
	34.12	1:11.84 (37.72)	1:50.23 (38.39)	2:27.41 (37.18)	
4	Andrews, Rory	11	Haverfordwest Swimming Club	2:41.89	2:35.92
	35.95	1:17.10 (41.15)	1:57.72 (40.62)	2:35.92 (38.20)	
5	Seppman, Neo	12	Swansea Aquatics	2:34.60	2:36.48
	36.43	1:16.38 (39.95)	1:57.01 (40.63)	2:36.48 (39.47)	
6	Lloyd, Morgan	12	Caerphilly County Swim Squad	2:37.07	2:37.55
	34.24	1:13.68 (39.44)	1:56.23 (42.55)	2:37.55 (41.32)	
7	Fitzsimmons, Arron	11	Pembroke & District	2:41.79	2:41.98
	37.16	1:19.54 (42.38)	2:01.34 (41.80)	2:41.98 (40.64)	
8	Cooper, Joshua	12	Neath Asc	2:36.29	2:45.77
	36.73	1:19.25 (42.52)	2:02.65 (43.40)	2:45.77 (43.12)	

Event 307 Boys 13-14 200 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Watson, Oliver	14	City of Birmingham SC	2:07.40	2:08.92
	29.95	1:03.08 (33.13)	1:36.65 (33.57)	2:08.92 (32.27)	
2	Skelding, Luke	14	City of Birmingham SC	2:08.41	2:12.59
	29.93	1:03.44 (33.51)	1:38.53 (35.09)	2:12.59 (34.06)	
3	Webb, Jac D	13	Haverfordwest Swimming Club	2:19.34	2:17.93
	32.39	1:08.10 (35.71)	1:43.77 (35.67)	2:17.93 (34.16)	
4	Thomas, Daniel D	14	Haverfordwest Swimming Club	2:24.25	2:19.47
	31.68	1:08.74 (37.06)	1:46.82 (38.08)	2:19.47 (32.65)	
5	Martin, Luke	13	City of Southampton Swim Club	2:27.79	2:22.13
	33.24	1:09.57 (36.33)	1:46.71 (37.14)	2:22.13 (35.42)	
6	Vernon, Thomas A	14	Chirk Dragons	2:27.45	2:23.09
	32.64	1:10.15 (37.51)	1:48.76 (38.61)	2:23.09 (34.33)	
7	Close, Finan	13	Swim Conwy Performance Centre	2:30.00	2:23.89
	33.06	1:10.06 (37.00)	1:47.42 (37.36)	2:23.89 (36.47)	
8	Preece, Alex J	13	Neath Asc	2:27.12	2:25.81
	32.62	1:10.08 (37.46)	1:48.97 (38.89)	2:25.81 (36.84)	
9	Dunning, Luke	14	Llanelli Asc	2:53.84	2:43.93
	36.09	1:17.68 (41.59)	2:01.16 (43.48)	2:43.93 (42.77)	

Event 307 Boys 15 & Over 200 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Cameron	20	Swansea Aquatics	1:50.92	1:53.98
	26.41	55.38 (28.97)	1:25.20 (29.82)	1:53.98 (28.78)	
2	Jones, Daniel	20	Swansea Aquatics	1:51.71	1:56.06
	26.05	55.47 (29.42)	1:25.68 (30.21)	1:56.06 (30.38)	
3	Davies, Daniel J	18	Swansea Aquatics	1:54.10	1:57.82
	27.12	56.58 (29.46)	1:27.18 (30.60)	1:57.82 (30.64)	
4	Stanford, Benjamin	17	City of Birmingham SC	1:54.82	1:58.86
	27.77	57.91 (30.14)	1:28.72 (30.81)	1:58.86 (30.14)	
5	Osborne, Samuel	15	City of Birmingham SC	1:55.33	1:59.75
	28.31	58.35 (30.04)	1:29.15 (30.80)	1:59.75 (30.60)	
6	Davies, Llewelyn W	15	Swansea Aquatics	2:00.54	2:02.03
	27.88	58.39 (30.51)	1:30.39 (32.00)	2:02.03 (31.64)	
7	Loney, Joshua	15	Swansea Aquatics	1:59.97	2:06.47
	29.02	1:00.45 (31.43)	1:32.82 (32.37)	2:06.47 (33.65)	
8	Andrews, Ryan	16	City of Birmingham SC	2:04.34	2:06.86
	29.71	1:02.41 (32.70)	1:35.43 (33.02)	2:06.86 (31.43)	
9	Pemberton, Morgan	16	Neath Asc	2:04.92	2:07.99
	28.77	1:00.65 (31.88)	1:33.91 (33.26)	2:07.99 (34.08)	
10	Johnson, Sam	17	Swim Conwy Performance Centre	2:09.10	2:08.47
	30.38	1:03.44 (33.06)	1:36.07 (32.63)	2:08.47 (32.40)	
11	Beckett, Kieran	15	City of Southampton Swim Club	2:09.73	2:10.88
	29.73	1:03.35 (33.62)	1:38.20 (34.85)	2:10.88 (32.68)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 307 Boys 15 & Over 200 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
12	Pardoe, Callum	20	Swansea Aquatics	1:57.80	2:11.51
	29.48	1:03.01 (33.53)	1:37.46 (34.45)	2:11.51 (34.05)	
13	Short, Simon	18	Neath Asc	2:10.63	2:12.15
	29.40	1:03.11 (33.71)	1:38.39 (35.28)	2:12.15 (33.76)	
14	Barton, Jack	15	City of Southampton Swim Club	2:12.10	2:14.53
	30.55	1:04.81 (34.26)	1:39.63 (34.82)	2:14.53 (34.90)	
15	Moss, Alistair J	15	Chirk Dragons	2:24.68	2:19.55
	31.51	1:06.84 (35.33)	1:44.08 (37.24)	2:19.55 (35.47)	
16	Mullins, Joshua	16	Merthyr Tydfil Swimming Club	2:16.05	2:21.97
	31.23	1:07.45 (36.22)	1:45.30 (37.85)	2:21.97 (36.67)	
17	Elliott, Morgan	15	Haverfordwest Swimming Club	2:16.89	2:25.12
	32.13	1:08.34 (36.21)	1:46.34 (38.00)	2:25.12 (38.78)	
18	Thomas, Joshua	15	Merthyr Tydfil Swimming Club	2:26.24	2:26.89
	33.78	1:11.45 (37.67)	1:50.86 (39.41)	2:26.89 (36.03)	

Event 308 Girls 9-11 200 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Dickinson, Jessica	11	Swansea Aquatics	2:49.45	2:49.72
	38.01	1:21.18 (43.17)	2:05.49 (44.31)	2:49.72 (44.23)	
2	Carstairs, Macey	10	City of Southampton Swim Club	3:28.84	3:11.76
	41.59	1:32.81 (51.22)	2:25.32 (52.51)	3:11.76 (46.44)	

Event 308 Girls 14-15 200 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Hubbard, Caitlin	15	City of Birmingham SC	2:16.13	2:19.27
	30.74	1:05.63 (34.89)	1:42.29 (36.66)	2:19.27 (36.98)	
2	Stephenson, Alisha	14	City of Birmingham SC	2:26.93	2:30.30
	32.95	1:10.60 (37.65)	1:50.04 (39.44)	2:30.30 (40.26)	
3	Wilcox, Hollie M	14	Weston Super Mare SC	2:36.56	2:39.71
	34.56	1:14.08 (39.52)	1:56.73 (42.65)	2:39.71 (42.98)	
4	Roberts, Anya	14	Llanelli Asc	2:55.06	2:52.90
	37.41	1:21.50 (44.09)	2:07.32 (45.82)	2:52.90 (45.58)	

Event 308 Girls 16 & Over 200 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Griffiths, Isobel	17	City of Birmingham SC	2:15.27	2:20.20
	31.84	1:07.57 (35.73)	1:43.93 (36.36)	2:20.20 (36.27)	

Event 309 Boys 50 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Jacob	14	City of Birmingham SC	28.31	28.63
2	Stanford, Benjamin	17	City of Birmingham SC	30.47	29.68
3	Beckett, Kieran	15	City of Southampton Swim Club	30.66	31.07
4	Evans, Luke	17	Neath Asc	31.02	31.74
5	Lee Davies, Sam	16	Neath Asc	32.61	32.48
6	Evans, Luke T	16	Chirk Dragons	31.72	33.58
7	Langman, George T	14	Weston Super Mare SC	34.75	34.44
8	Elkin, Max	12	Swansea Aquatics	33.90	34.70
9	Job, Kyle	17	Penyrheol Asc	33.01	35.13
*10	Healey, Richard	18	Chirk Dragons	40.00	35.17
*10	Williams, Osian C	13	Swansea Aquatics	34.38	35.17
12	Wells, Lewis	13	Neath Asc	34.56	35.21
13	Vernon, Thomas A	14	Chirk Dragons	35.11	35.22
14	Close, Finan	13	Swim Conwy Performance Centre	35.88	35.23
15	Moss, Alistair J	15	Chirk Dragons	35.76	35.63
16	Mullins, Joshua	16	Merthyr Tydfil Swimming Club	33.95	35.80
17	Short, Simon	18	Neath Asc	32.59	36.34
18	Burkett, Max	11	Swansea Aquatics	35.38	36.54

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 309 Boys 50 LC Meter Backstroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
19	Thomas, Joshua	15	Merthyr Tydfil Swimming Club	39.16	37.18
20	Wilk, Harri D	15	Chirk Dragons	38.02	37.42
21	Fitzsimmons, Arron	11	Pembroke & District	37.32	37.44
22	Gibson, Jason	16	Swansea Aquatics	38.00	38.50
23	Dunning, Luke	14	Llanelli Asc	42.37	39.19
24	Jones, Lloyd O	12	Merthyr Tydfil Swimming Club	39.13	39.30
25	Roberts, Joshua	11	Celtic Dolphins	38.94	39.43
26	Williams, Osian	12	Swim Conwy Performance Centre	39.22	39.74
27	Cole, Toby	11	Swansea Aquatics	38.70	39.90
28	Hall, Lewis	13	Swim Conwy Performance Centre	39.77	40.92
29	Yates, Kieran	11	Amman Valley Swimming Club	52.61	43.49
30	Beckett, Harrison	13	City of Southampton Swim Club	43.47	43.83
31	Smith, Jake	10	City of Southampton Swim Club	45.42	43.92
32	Hearn, Calum	17	Penyrheol Asc	46.97	44.03

Event 310 Girls 50 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Jessica	14	Swim Conwy Performance Centre	39.05	37.39
2	Best, Summer	13	Swim Conwy Performance Centre	38.96	39.47
3	Langman, Sophie L	17	Weston Super Mare SC	37.19	39.88
4	Thompson, Alannah	14	Penyrheol Asc	39.71	40.67
5	Pelders, Pam	16	Neath Asc	40.96	40.74
6	Jones, Niamh J	16	Penyrheol Asc	39.39	40.81
7	Carstairs, Ella	13	City of Southampton Swim Club	42.70	41.07
8	Day, Neve	14	City of Southampton Swim Club	42.45	41.22
9	Fletcher, Chloe	14	Haverfordwest Swimming Club	39.95	41.28
10	Millan, Fiona	14	Neath Asc	41.50	41.54
11	Sack, Alexandra	18	Neath Asc	38.88	41.98
12	Short, Mollie	14	Neath Asc	42.70	42.54
13	Job, Aliesha	14	Penyrheol Asc	40.42	42.59
14	Nicholls, Jasmine	15	Swansea Aquatics	41.10	42.86
*15	Davies, Katie-May	15	Merthyr Tydfil Swimming Club	44.26	43.05
*15	Jones, Alicia D	13	Merthyr Tydfil Swimming Club	40.96	43.05
17	Humphries, Chloe A	14	Bilston Swimming Club	41.14	43.09
18	Robinson, Francesca S	13	Haverfordwest Swimming Club	49.68	43.49
19	Hughes, Ellie	14	Swim Conwy Performance Centre	43.56	43.54
20	Cole, Cerys	14	Neath Asc	42.80	43.64
21	Pullen, Megan K	15	Swansea Aquatics	41.69	43.74
22	Maiden, Mya	15	Merthyr Tydfil Swimming Club	40.91	43.90
23	Fletcher, Megan	16	Haverfordwest Swimming Club	44.15	44.10
24	Trueman, Lily M	14	Haverfordwest Swimming Club	42.42	44.23
25	Smith, Poppy	14	City of Southampton Swim Club	45.93	44.32
26	Robins, Aaliyah M	13	Chirk Dragons	42.57	44.60
27	Davies, Chloe	16	Swansea Aquatics	41.17	44.90
28	Francis, Mirain	11	Swansea Aquatics	45.30	45.41
29	Carstairs, Macey	10	City of Southampton Swim Club	44.31	45.45
30	Norris, Alyssa	13	Caerphilly County Swim Squad	47.95	45.89
31	Powell, Megan B	12	Swansea Aquatics	47.30	45.91
32	Mills, Rebecca	15	City of Southampton Swim Club	44.83	47.07
33	Doughty, Katie	11	Milford Tigers	44.80	47.20
34	Evans, Bethan	11	Neath Asc	46.57	47.63
35	Jones, Ffion C	13	Penyrheol Asc	48.63	47.69
36	Nicholls, Cameron	12	Swansea Aquatics	46.60	48.74
37	Watson, Kimberleigh	13	City of Southampton Swim Club	48.84	48.83
38	France, Ffion	14	Neath Asc	47.15	48.86
39	Bailey-Jones, Nia	11	Swansea Aquatics	49.70	49.02

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 310 Girls 50 LC Meter Breaststroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
40	Garcia, Ysabelle	11	City of Southampton Swim Club	49.81	49.16
41	Owen, Caitlin	13	Swim Conwy Performance Centre	48.01	49.66
42	Garcia De Leaniz, Sofia	11	Swansea Aquatics	48.39	49.74
43	Watson, Ceri	11	Swim Conwy Performance Centre	46.78	50.77
44	Pearce, Molly	12	Llanelli Asc	49.94	51.16
45	Williams, Rhona	13	Chirk Dragons	48.04	51.93
46	Williams, Freya	10	Milford Tigers	54.89	52.23
47	Thomas, Seren	10	Swansea Aquatics	50.30	53.14

Event 311 Boys 8 Year Olds 200 LC Meter IM Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Gillett, Oliver	8	Swansea Aquatics	4:09.30	3:45.14
	53.71	1:48.32 (54.61)	2:57.31 (1:08.99)	3:45.14 (47.83)	
2	Montgomery, Sammy	8	Fishguard Flyers SC	NT	4:13.30
	1:01.47	2:04.52 (1:03.05)	3:22.98 (1:18.46)	4:13.30 (50.32)	
3	Pugh, Twm	8	Amman Valley Swimming Club	NT	4:35.49
	1:06.96	2:11.40 (1:04.44)	3:33.76 (1:22.36)	4:35.49 (1:01.73)	

Event 311 Boys 9 Year Olds 200 LC Meter IM Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Phillips, Alistair	9	Celtic Dolphins	NT	3:52.07
		1:55.06 ()	2:57.42 (1:02.36)	3:52.07 (54.65)	
2	Fletcher, Owen	9	Haverfordwest Swimming Club	3:48.53	3:53.69
	52.71	1:54.68 (1:01.97)	3:00.11 (1:05.43)	3:53.69 (53.58)	
3	Thomas, Iestyn	9	Neath Asc	3:56.78	3:56.84
	59.03	2:01.40 (1:02.37)	3:08.07 (1:06.67)	3:56.84 (48.77)	
4	Cory, Dylan	9	Swansea Aquatics	NT	4:05.81
		1:57.68 ()	3:07.54 (1:09.86)	4:05.81 (58.27)	
5	Richards, Aled	9	Celtic Dolphins	NT	4:12.09
		2:06.05 ()	3:15.29 (1:09.24)	4:12.09 (56.80)	
6	Weston, Liam A	9	Llanelli Asc	3:42.80	4:13.36
		2:05.60 ()	3:20.22 (1:14.62)	4:13.36 (53.14)	
---	Williams, Tyler	9	Milford Tigers	4:00.31	DQ
		2:02.13 ()	3:09.73 (1:07.60)	DQ (54.90)	
---	Williams, Rueben	9	Caerphilly County Swim Squad	NT	DQ
	1:04.35	2:09.74 (1:05.39)	3:27.11 (1:17.37)	DQ (57.79)	
---	Ford, Freddie	9	Caerphilly County Swim Squad	NT	DQ
	1:13.13	2:21.83 (1:08.70)	3:31.61 (1:09.78)	DQ (1:09.01)	

Event 311 Boys 10 Year Olds 200 LC Meter IM Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Thomas, Rhys a	10	Llanelli Asc	3:09.40	3:07.66
	40.68	1:29.19 (48.51)	2:26.50 (57.31)	3:07.66 (41.16)	
2	Wells, Oliver S	10	Celtic Dolphins	3:54.84	3:13.45
	42.26	1:30.32 (48.06)	2:31.21 (1:00.89)	3:13.45 (42.24)	
3	Pugh, Gethin	10	Amman Valley Swimming Club	3:17.16	3:15.00
	43.04	1:31.45 (48.41)	2:31.68 (1:00.23)	3:15.00 (43.32)	
4	West, Zac	10	Fishguard Flyers SC	3:32.89	3:29.80
	47.37	1:40.61 (53.24)	2:45.23 (1:04.62)	3:29.80 (44.57)	
5	Sanorjo, Angelo	10	Swansea Aquatics	3:29.10	3:33.83
	46.20	1:41.39 (55.19)	2:45.61 (1:04.22)	3:33.83 (48.22)	
6	Thomas, Jac	10	Neath Asc	3:53.62	3:35.73
	51.06	1:46.95 (55.89)	2:48.96 (1:02.01)	3:35.73 (46.77)	
7	Carver, William	10	Swansea Aquatics	3:57.50	3:42.65
	51.67	1:46.22 (54.55)	2:58.56 (1:12.34)	3:42.65 (44.09)	
8	Williams, Corey	10	Swansea Aquatics	3:48.80	3:43.76
	52.45	1:47.60 (55.15)	2:55.18 (1:07.58)	3:43.76 (48.58)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Three****(Event 311 Boys 10 Year Olds 200 LC Meter IM Level 3)**

	Name	Age	Team	Seed Time	Finals Time
9	Thomas, Travis	10	Neath Asc	4:25.28	4:08.53
	1:03.19	1:59.92 (56.73)	3:14.37 (1:14.45)	4:08.53 (54.16)	
10	Davies, Rhys	10	Penyrheol Asc	NT	4:11.73
	1:02.02	2:04.96 (1:02.94)	3:14.50 (1:09.54)	4:11.73 (57.23)	
---	Jones, Joshua	10	Neath Asc	3:32.49	DQ
	54.88	1:48.83 (53.95)	3:02.34 (1:13.51)	DQ (46.42)	
---	Gwyn, Osian	10	Neath Asc	3:41.12	DQ
	50.14	1:43.11 (52.97)	2:50.30 (1:07.19)	DQ (45.74)	
---	James, Owain	10	Caerphilly County Swim Squad	NT	DQ
		2:06.63 ()	3:13.55 (1:06.92)	DQ (55.39)	

Event 311 Boys 11 Year Olds 200 LC Meter IM Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Catling, Finlay	11	Celtic Dolphins	3:12.35	3:02.72
	43.92	1:30.16 (46.24)	2:23.42 (53.26)	3:02.72 (39.30)	
2	Andrews, Rory	11	Haverfordwest Swimming Club	3:08.63	3:02.91
	44.70	1:33.25 (48.55)	2:26.00 (52.75)	3:02.91 (36.91)	
3	Ralph, Robbie	11	Haverfordwest Swimming Club	3:46.29	3:35.58
	52.36	1:47.10 (54.74)	2:51.37 (1:04.27)	3:35.58 (44.21)	
4	Schmidt, Hans	11	Fishguard Flyers SC	3:56.92	3:45.59
	55.19	1:48.46 (53.27)	2:52.14 (1:03.68)	3:45.59 (53.45)	
---	Robinson, Ellis	11	Haverfordwest Swimming Club	NT	DQ
	1:04.97	2:02.04 (57.07)	3:16.29 (1:14.25)	DQ (48.97)	
---	Rogers, Travis	11	Caerphilly County Swim Squad	NT	DQ
	1:15.24	2:28.02 (1:12.78)	3:41.47 (1:13.45)	DQ (56.49)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****Event 401 Boys 9-10 200 LC Meter IM Level 1**

	Name	Age	Team	Seed Time	Finals Time
1	Leckonby, Dai	10	Swansea Aquatics	3:16.20	3:17.06
	43.39	1:31.26 (47.87)	2:32.50 (1:01.24)	3:17.06 (44.56)	
2	Smith, Jake	10	City of Southampton Swim Club	3:29.38	3:28.54
	46.40	1:39.85 (53.45)	3:28.54 (1:48.69)		

Event 401 Boys 11-12 200 LC Meter IM Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Rodriguez, Ab B	12	Swansea Aquatics	2:40.27	2:35.97
	34.35	1:14.18 (39.83)	2:01.02 (46.84)	2:35.97 (34.95)	
2	Elkin, Max	12	Swansea Aquatics	2:41.64	2:44.23
	36.05	1:19.02 (42.97)	2:07.39 (48.37)	2:44.23 (36.84)	
3	Burkett, Max	11	Swansea Aquatics	2:46.90	2:48.48
	37.21	1:18.65 (41.44)	2:09.61 (50.96)	2:48.48 (38.87)	
4	Seppman, Neo	12	Swansea Aquatics	2:54.20	2:53.21
	39.44	1:23.01 (43.57)	2:15.40 (52.39)	2:53.21 (37.81)	
5	White, Henry	12	Haverfordwest Swimming Club	2:56.14	2:56.73
	37.93	1:23.52 (45.59)	2:14.66 (51.14)	2:56.73 (42.07)	
6	Fitzsimmons, Arron	11	Pembroke & District	2:58.90	2:57.31
	40.57	1:23.88 (43.31)	2:17.32 (53.44)	2:57.31 (39.99)	
7	Cole, Toby	11	Swansea Aquatics	3:04.17	2:58.07
	42.36	1:28.02 (45.66)	2:19.65 (51.63)	2:58.07 (38.42)	
8	Partridge, Rhys	11	Llanelli Asc	3:03.92	2:59.08
		1:24.71 ()	2:20.12 (55.41)	2:59.08 (38.96)	
9	Williams, Osian	12	Swim Conwy Performance Centre	3:01.89	3:01.37
	40.74	1:29.31 (48.57)	2:22.26 (52.95)	3:01.37 (39.11)	
10	Andrews, Rory	11	Haverfordwest Swimming Club	3:08.63	3:03.29
	43.53	1:33.36 (49.83)	2:26.04 (52.68)	3:03.29 (37.25)	
11	Wingrave-Rix, Harvey	12	Swansea Aquatics	3:03.94	3:03.38
	38.34	1:25.33 (46.99)	2:24.67 (59.34)	3:03.38 (38.71)	

Event 401 Boys 13-14 200 LC Meter IM Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Langman, George T	14	Weston Super Mare SC	2:32.54	2:34.72
	33.77	1:13.12 (39.35)	1:58.32 (45.20)	2:34.72 (36.40)	
2	Webb, Jac D	13	Haverfordwest Swimming Club	2:41.75	2:39.73
	34.13	1:18.22 (44.09)	2:05.71 (47.49)	2:39.73 (34.02)	
3	Vernon, Thomas A	14	Chirk Dragons	2:47.81	2:44.31
	34.16	1:18.44 (44.28)	2:08.18 (49.74)	2:44.31 (36.13)	
4	Wells, Lewis	13	Neath Asc	2:47.93	2:46.39
	36.18	1:16.73 (40.55)	2:09.35 (52.62)	2:46.39 (37.04)	
5	Jones, Kyran	13	Caerphilly County Swim Squad	2:51.92	2:49.04
	37.10	1:21.09 (43.99)	2:11.24 (50.15)	2:49.04 (37.80)	

Event 401 Boys 15 & Over 200 LC Meter IM Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Daniel J	18	Swansea Aquatics	2:05.50	2:13.60
	29.38	1:03.83 (34.45)	1:42.71 (38.88)	2:13.60 (30.89)	
2	Simons, Fabio	20	Neath Asc	2:26.34	2:27.76
	31.71	1:12.12 (40.41)	1:54.58 (42.46)	2:27.76 (33.18)	
3	Short, Simon	18	Neath Asc	2:24.74	2:30.20
	31.99	1:10.85 (38.86)	1:56.36 (45.51)	2:30.20 (33.84)	
4	Jones, Daniel	18	City of Cardiff Swimming Club	2:25.96	2:32.61
	33.08	1:14.36 (41.28)	1:56.59 (42.23)	2:32.61 (36.02)	
5	Elliott, Morgan	15	Haverfordwest Swimming Club	2:31.69	2:37.16
	33.03	1:11.97 (38.94)	1:59.74 (47.77)	2:37.16 (37.42)	
6	Stephens, Thomas	17	Neath Asc	2:28.76	2:40.89
	32.92	1:13.41 (40.49)	1:59.31 (45.90)	2:40.89 (41.58)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 401 Boys 15 & Over 200 LC Meter IM Level 1)**

Name	Age	Team	Seed Time	Finals Time
7 Evans, Luke T	16	Chirk Dragons	2:39.60	2:42.27
32.81	1:12.04 (39.23)	2:05.20 (53.16)	2:42.27 (37.07)	

Event 402 Girls 8 Year Olds 50 LC Meter Butterfly Level 3

Name	Age	Team	Seed Time	Finals Time
1 Tucker, Holly	8	Swansea Aquatics	50.50	49.05
2 Watkins, Amelia	8	Caerphilly County Swim Squad	1:00.16	55.64
3 Page, Ann	8	Amman Valley Swimming Club	NT	58.75
4 Horne, Victoria	8	Fishguard Flyers SC	NT	59.13
5 Pemberton, Elen	8	Neath Asc	1:06.14	1:05.85
6 Hamer, Megan	8	Celtic Dolphins	NT	1:06.27
7 Keigwin, Poppy	8	Caerphilly County Swim Squad	1:08.47	1:07.56
8 Holdsworth, Sienna	8	Celtic Dolphins	NT	1:08.64
--- Thomas, Medi A	8	Llanelli Asc	NT	DQ
--- Snelgrove, Violet	8	Neath Asc	NT	DQ
--- Sparkes, Lola	8	Neath Asc	NT	DQ

Event 402 Girls 9 Year Olds 50 LC Meter Butterfly Level 3

Name	Age	Team	Seed Time	Finals Time
1 Peter, Sophie	9	Swansea Aquatics	43.13	42.64
2 Knowles, Amy A	9	Haverfordwest Swimming Club	43.54	43.03
3 Thomas, Ffion	9	Neath Asc	48.32	45.23
4 Richardson, Maizie	9	Swim Conwy Performance Centre	46.43	48.31
5 Sullivan, Katie	9	Celtic Dolphins	1:01.07	48.66
6 Cleave, Mia	9	Celtic Dolphins	52.24	49.71
7 Goddard, Evie E	9	Haverfordwest Swimming Club	48.81	50.97
8 Edwards, Catrin	9	Swansea Aquatics	49.30	51.88
9 Hughes, Cari	9	Neath Asc	50.97	54.31
10 Allen, Erin	9	Haverfordwest Swimming Club	1:04.63	55.25
11 Wilson, Jayden	9	Pembroke & District	56.70	55.70
12 Gilligan, Gracie	9	Neath Asc	54.06	56.04
13 Ward, Poppy May	9	Caerphilly County Swim Squad	NT	1:00.76
14 Nutt, Kira	9	Caerphilly County Swim Squad	1:13.21	1:06.11
15 Durbin, Isabella	9	Merthyr Tydfil Swimming Club	NT	1:11.09
16 Enoch, Megan J	9	Caerphilly County Swim Squad	NT	1:14.04

Event 402 Girls 10 Year Olds 50 LC Meter Butterfly Level 3

Name	Age	Team	Seed Time	Finals Time
1 Burgess, Sienna	10	Neath Asc	39.83	38.88
2 Pritchard, Kara	10	Swansea Aquatics	43.80	40.59
3 Harvey, Carys	10	Celtic Dolphins	39.08	40.65
4 White, Eleanor R	10	Haverfordwest Swimming Club	44.16	41.59
5 Llewellyn, Nia	10	Haverfordwest Swimming Club	41.85	43.00
6 Webb, Alys	10	Haverfordwest Swimming Club	45.87	43.27
7 Reed, Kayleigh	10	Fishguard Flyers SC	45.34	44.11
8 Jones, Holli	10	Swansea Aquatics	44.90	44.58
9 Lewis, Lowri	10	Neath Asc	46.33	45.82
10 Evans, Caitlin	10	Neath Asc	48.41	47.85
11 Fitchett, Molly	10	Neath Asc	50.73	47.93
12 Krol, Sophie	10	Haverfordwest Swimming Club	47.79	48.09
13 Rowe-Lewis, Daisy	10	Swansea Aquatics	45.90	48.98
14 King, Emilia	10	Penyrheol Asc	NT	49.03
15 Brierley, Jessica	10	Swim Conwy Performance Centre	49.65	49.26
16 Thomas, Seren	10	Swansea Aquatics	47.64	49.66
17 Bawden, Amy G	10	Swansea Aquatics	51.90	52.14
18 Phillips, Rhianna	10	Llanelli Asc	58.78	52.27

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 402 Girls 10 Year Olds 50 LC Meter Butterfly Level 3)**

	Name	Age	Team	Seed Time	Finals Time
19	Lewis, Abigail	10	Neath Asc	53.87	52.36
20	John, Lucy	10	Haverfordwest Swimming Club	50.51	53.04
21	Worthington, Heather	10	Chirk Dragons	NT	53.52
22	Davies, Mai	10	Penyrheol Asc	58.04	54.28
23	Phillips, Erin	10	Celtic Dolphins	56.44	55.08
24	Hill, Marissa	10	Celtic Dolphins	NT	55.09
25	Collins, Erin S	10	Caerphilly County Swim Squad	54.87	55.50
26	Jones, Jessica	10	Caerphilly County Swim Squad	1:03.62	56.43
27	Horne, Alexa	10	Fishguard Flyers SC	1:06.95	1:00.34

Event 402 Girls 11 Year Olds 50 LC Meter Butterfly Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Lloyd, Ruby	11	Swansea Aquatics	38.76	39.77
2	Raymond, Ellie	11	City of Southampton Swim Club	43.00	40.37
3	Moses, Ffion M	11	Haverfordwest Swimming Club	42.15	40.55
4	Gillett, Keira	11	Swansea Aquatics	47.70	44.43
5	Curtis-Jones, Llian M	11	Celtic Dolphins	41.90	44.63
6	Watts, Non	11	Celtic Dolphins	1:05.67	45.77
7	Brooks, Tacha	11	Swansea Aquatics	47.00	46.14
8	Williams, Ellen R	11	Chirk Dragons	NT	46.29
9	Clapham, Rhiannon m	11	Fishguard Flyers SC	46.75	47.21
10	George, Mia	11	Neath Asc	50.68	48.59
11	Davies, Katie	11	Celtic Dolphins	49.35	48.74
12	Scott, Summer	11	Neath Asc	NT	49.49
13	Thomas, Abigail E	11	Celtic Dolphins	47.26	50.72
14	Scannell, Blythe	11	Merthyr Tydfil Swimming Club	53.61	54.60
15	Morris, Scarlet	11	Haverfordwest Swimming Club	NT	58.91
16	Richardson, Megan	11	Swim Conwy Performance Centre	56.67	1:01.82
17	Williams, Thea	11	Neath Asc	NT	1:06.15
18	Evans, Samantha	11	Caerphilly County Swim Squad	NT	1:08.67

Event 402 Girls 12 Year Olds 50 LC Meter Butterfly Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Thomson, Megan E	12	Haverfordwest Swimming Club	41.35	38.28
2	Nicholls, Cameron	12	Swansea Aquatics	38.36	39.09
3	Greenwood, Hannah	12	Pembroke & District	39.48	40.43
4	Bennett, Briony	12	Haverfordwest Swimming Club	41.96	40.50
5	Barber, Sydney P	12	Haverfordwest Swimming Club	41.62	41.59
6	Williams, Olivia	12	Celtic Dolphins	45.75	44.36
7	Robinson, Ffion	12	Swansea Aquatics	49.80	47.75
8	Shaddick, Libby	12	Caerphilly County Swim Squad	1:03.74	1:00.98

Event 403 Girls 50 LC Meter Butterfly Level 3 - MC Multi-Class

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Cerys S14	15	Swansea Aquatics	43.09	38.76
2	Leconte, Seren E S9	11	Caerphilly County Swim Squad	1:06.07	1:02.16

Event 404 Boys 8 Year Olds 50 LC Meter Breaststroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Gillett, Oliver	8	Swansea Aquatics	1:16.70	59.71
2	Jones, Ben	8	Neath Asc	1:07.56	1:00.57
3	Montgomery, Sammy	8	Fishguard Flyers SC	NT	1:05.84
4	Pugh, Twm	8	Amman Valley Swimming Club	1:10.37	1:09.95

Event 404 Boys 9 Year Olds 50 LC Meter Breaststroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Phillips, Alistair	9	Celtic Dolphins	54.32	51.33

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 404 Boys 9 Year Olds 50 LC Meter Breaststroke Level 3)**

	Name	Age	Team	Seed Time	Finals Time
2	Thomas, Iestyn	9	Neath Asc	56.57	54.25
3	Fletcher, Owen	9	Haverfordwest Swimming Club	57.13	57.84
4	Cory, Dylan	9	Swansea Aquatics	1:01.50	58.84
5	Ford, Freddie	9	Caerphilly County Swim Squad	1:08.74	1:02.06
6	Williams, Tyler	9	Milford Tigers	58.92	1:03.32
7	Thomas, Cameron	9	Neath Asc	1:13.09	1:10.31
---	Williams, Rueben	9	Caerphilly County Swim Squad	NT	DQ
---	Richards, Aled	9	Celtic Dolphins	NT	DQ

Event 404 Boys 10 Year Olds 50 LC Meter Breaststroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Thomas, Rhys a	10	Llanelli Asc	49.95	49.09
2	Wells, Oliver S	10	Celtic Dolphins	54.58	50.31
3	West, Zac	10	Fishguard Flyers SC	54.35	50.86
4	Woodhouse, Seth	10	Fishguard Flyers SC	53.87	51.34
5	Gwyn, Osian	10	Neath Asc	55.67	52.92
6	Sanorjo, Angelo	10	Swansea Aquatics	54.71	53.75
7	Thomas, Jac	10	Neath Asc	56.24	53.95
8	Williams, Corey	10	Swansea Aquatics	56.30	57.36
9	Jones, Joshua	10	Neath Asc	58.46	59.14
10	Davies, Rhys	10	Penyrheol Asc	1:02.44	59.96
11	Williams, Cai	10	Neath Asc	NT	1:00.07
12	Rogers, Logan	10	Neath Asc	1:02.20	1:00.26
13	Eaton Sawford, Kier A	10	Chirk Dragons	NT	1:01.00
14	Thomas, Travis	10	Neath Asc	1:01.77	1:02.05
15	Garcia, Raphael	10	City of Southampton Swim Club	NT	1:03.66
---	Shopland, Oliver	10	Neath Asc	1:22.91	DQ
---	James, Owain	10	Caerphilly County Swim Squad	NT	DQ

Event 404 Boys 11 Year Olds 50 LC Meter Breaststroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Cole, Toby	11	Swansea Aquatics	42.60	43.28
2	Catling, Finlay	11	Celtic Dolphins	46.47	45.51
3	Andrews, Rory	11	Haverfordwest Swimming Club	48.21	48.89
4	Francis, Woody L	11	Swansea Aquatics	49.91	50.20
5	Schmidt, Hans	11	Fishguard Flyers SC	53.68	50.70
6	Ralph, Robbie	11	Haverfordwest Swimming Club	56.99	52.83
7	Rogers, Travis	11	Caerphilly County Swim Squad	NT	1:02.84
8	Robinson, Ellis	11	Haverfordwest Swimming Club	1:03.36	1:06.70

Event 404 Boys 12 Year Olds 50 LC Meter Breaststroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Harry E	12	Celtic Dolphins	44.76	43.61
2	Cooper, Joshua	12	Neath Asc	50.25	49.33
3	Vernon, Harrison J	12	Chirk Dragons	58.83	52.29

Event 406 Girls 9-11 100 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Dickinson, Jessica	11	Swansea Aquatics	1:11.84	1:09.50
	33.02		1:09.50 (36.48)		
2	Milligan, Jessica	11	City of Southampton Swim Club	1:11.50	1:10.05
	33.92		1:10.05 (36.13)		
3	Evans, Bethan	11	Neath Asc	1:13.26	1:12.04
	34.74		1:12.04 (37.30)		
4	Carstairs, Macey	10	City of Southampton Swim Club	1:17.38	1:12.08
	34.53		1:12.08 (37.55)		

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 406 Girls 9-11 100 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
5	Bailey-Jones, Nia	11	Swansea Aquatics	1:14.29	1:13.07
	35.47	1:13.07 (37.60)			
6	Tucker, Natalie E	11	Swansea Aquatics	1:12.66	1:13.81
	35.50	1:13.81 (38.31)			
7	Doughty, Katie	11	Milford Tigers	1:18.42	1:15.38
	36.98	1:15.38 (38.40)			
8	Garcia, Ysabelle	11	City of Southampton Swim Club	1:18.64	1:15.57
	36.80	1:15.57 (38.77)			
9	Burgess, Sienna	10	Neath Asc	1:16.52	1:15.98
	35.00	1:15.98 (40.98)			
10	Lloyd, Ruby	11	Swansea Aquatics	1:20.28	1:17.44
	37.95	1:17.44 (39.49)			
11	Moses, Ffion M	11	Haverfordwest Swimming Club	1:21.97	1:17.76
	37.65	1:17.76 (40.11)			
12	Hetherington, Verity	11	Neath Asc	1:17.72	1:18.33
	36.34	1:18.33 (41.99)			
13	Harvey, Carys	10	Celtic Dolphins	1:21.28	1:19.27
14	Pritchard, Kara	10	Swansea Aquatics	1:21.37	1:19.78
	38.15	1:19.78 (41.63)			
15	Lewis, Caera	10	Pembroke & District	1:21.02	1:20.09
	37.91	1:20.09 (42.18)			
16	Curtis-Jones, Llian M	11	Celtic Dolphins	1:16.69	1:20.50
	38.85	1:20.50 (41.65)			
17	Watson, Ceri	11	Swim Conwy Performance Centre	1:20.34	1:21.49
	38.20	1:21.49 (43.29)			
18	Gillett, Keira	11	Swansea Aquatics	1:22.40	1:22.17
	39.44	1:22.17 (42.73)			
19	Glover, Katie	11	Neath Asc	1:23.49	1:22.54
	39.23	1:22.54 (43.31)			
20	Wilkins, Maia	11	Swansea Aquatics	1:22.83	1:22.78
	39.06	1:22.78 (43.72)			
21	Jones, Holli	10	Swansea Aquatics	1:21.56	1:23.43
	40.24	1:23.43 (43.19)			
22	Reed, Kayleigh	10	Fishguard Flyers SC	1:29.18	1:23.69
	39.10	1:23.69 (44.59)			
23	Williams, Freya	10	Milford Tigers	1:23.78	1:23.79
	39.17	1:23.79 (44.62)			
24	Lewis, Lowri	10	Neath Asc	1:26.88	1:23.98
	40.07	1:23.98 (43.91)			
25	Davies, Ella	11	Penyrheol Asc	1:26.05	1:24.17
	39.84	1:24.17 (44.33)			
26	Keigwin, Daisy	11	Caerphilly County Swim Squad	1:29.11	1:24.78
	40.14	1:24.78 (44.64)			
*27	White, Amy V	11	Haverfordwest Swimming Club	1:24.15	1:25.70
	39.82	1:25.70 (45.88)			
*27	Thomas, Seren	10	Swansea Aquatics	1:24.75	1:25.70
	40.77	1:25.70 (44.93)			
29	Scott, Summer	11	Neath Asc	1:32.89	1:26.37
	40.75	1:26.37 (45.62)			
30	George, Mia	11	Neath Asc	1:27.13	1:26.69
	41.15	1:26.69 (45.54)			
31	Krol, Sophie	10	Haverfordwest Swimming Club	1:30.35	1:27.80
32	Knowles, Amy A	9	Haverfordwest Swimming Club	1:25.12	1:28.02
	42.67	1:28.02 (45.35)			
33	Richardson, Maizie	9	Swim Conwy Performance Centre	1:28.81	1:29.81
	42.88	1:29.81 (46.93)			
34	Thomas, Ffion	9	Neath Asc	1:27.83	1:30.14
	42.36	1:30.14 (47.78)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 406 Girls 9-11 100 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
35	Hughes, Cari	9	Neath Asc	1:27.89	1:30.29
	43.28	1:30.29 (47.01)			
36	Lewis, Abigail	10	Neath Asc	1:41.54	1:31.31
	43.55	1:31.31 (47.76)			
37	Jones, Isabelle	11	Caerphilly County Swim Squad	1:32.49	1:31.69
	43.08	1:31.69 (48.61)			
38	Davies, Rhian	9	Swansea Aquatics	1:30.09	1:32.21
	43.37	1:32.21 (48.84)			
39	Goddard, Evie E	9	Haverfordwest Swimming Club	1:34.27	1:36.67
	44.29	1:36.67 (52.38)			
40	John, Lucy	10	Haverfordwest Swimming Club	1:34.13	1:38.65
	45.30	1:38.65 (53.35)			
41	Morris, Imogen	10	Neath Asc	1:34.32	1:44.17
	48.23	1:44.17 (55.94)			

Event 406 Girls 12-13 100 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Robins, Aaliyah M	13	Chirk Dragons	1:05.23	1:05.44
	31.66	1:05.44 (33.78)			
2	Dowling, Katie	13	City of Southampton Swim Club	1:05.33	1:05.60
	31.29	1:05.60 (34.31)			
3	Edwards, Megan	13	Swansea Aquatics	1:05.38	1:06.31
	32.22	1:06.31 (34.09)			
4	Peter, Hannah	12	Swansea Aquatics	1:07.76	1:07.89
	32.49	1:07.89 (35.40)			
5	Stokes, Aimee	12	Swansea Aquatics	1:08.32	1:07.95
	32.52	1:07.95 (35.43)			
6	Powell, Megan B	12	Swansea Aquatics	1:11.03	1:08.52
	33.59	1:08.52 (34.93)			
7	Carstairs, Ella	13	City of Southampton Swim Club	1:12.10	1:08.89
	32.90	1:08.89 (35.99)			
8	Best, Summer	13	Swim Conwy Performance Centre	1:11.67	1:11.13
	34.56	1:11.13 (36.57)			
9	Robinson, Francesca S	13	Haverfordwest Swimming Club	1:15.30	1:11.73
	35.18	1:11.73 (36.55)			
10	Thomson, Megan E	12	Haverfordwest Swimming Club	1:14.10	1:11.83
	34.88	1:11.83 (36.95)			
11	Warlow, Grace E	13	Neath Asc	1:11.38	1:12.10
	34.53	1:12.10 (37.57)			
12	Hetherington, Trinity	12	Neath Asc	1:16.02	1:12.71
	35.14	1:12.71 (37.57)			
13	Williams, Danielle	13	Swansea Aquatics	1:15.80	1:12.80
	35.25	1:12.80 (37.55)			
14	Davies, Ellie	12	Swansea Aquatics	1:14.52	1:13.11
	34.63	1:13.11 (38.48)			
15	Norris, Alyssa	13	Caerphilly County Swim Squad	1:13.59	1:13.22
	34.26	1:13.22 (38.96)			
16	Sullivan, Nia	12	Celtic Dolphins	1:15.86	1:13.51
	35.72	1:13.51 (37.79)			
17	Evans, Caitlin	12	Swansea Aquatics	1:16.14	1:13.65
	35.98	1:13.65 (37.67)			
18	Watson, Kimberleigh	13	City of Southampton Swim Club	1:18.50	1:13.77
	35.84	1:13.77 (37.93)			
19	Watson, Elin	13	Swim Conwy Performance Centre	1:11.87	1:13.87
	35.05	1:13.87 (38.82)			
20	Pearce, Molly	12	Llanelli Asc	1:17.98	1:14.72
	35.63	1:14.72 (39.09)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 406 Girls 12-13 100 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
21	Jones, Ffion C	13	Penyrheol Asc	1:14.48	1:14.74
	36.17		1:14.74 (38.57)		
22	Davies, Emily	13	Celtic Dolphins	1:14.39	1:15.36
	35.25		1:15.36 (40.11)		
23	Nicholls, Cameron	12	Swansea Aquatics	1:17.99	1:15.85
	36.09		1:15.85 (39.76)		
24	Williams, Rhona	13	Chirk Dragons	1:15.36	1:16.96
	36.34		1:16.96 (40.62)		
25	Jaworska, Maja	13	Caerphilly County Swim Squad	1:18.19	1:17.15
	35.97		1:17.15 (41.18)		
26	Owen, Caitlin	13	Swim Conwy Performance Centre	1:21.24	1:17.72
	36.98		1:17.72 (40.74)		
27	Greenwood, Hannah	12	Pembroke & District	1:22.71	1:19.05
	38.39		1:19.05 (40.66)		
28	Evans, Elena	12	Neath Asc	1:25.00	1:22.75
	39.43		1:22.75 (43.32)		
29	Ost, Katie	13	Penyrheol Asc	1:22.91	1:25.02
	39.69		1:25.02 (45.33)		
30	Oates, Ellia	13	Neath Asc	1:24.37	1:25.11
	40.30		1:25.11 (44.81)		
31	Robinson, Ffion	12	Swansea Aquatics	1:24.30	1:30.96
	42.36		1:30.96 (48.60)		

Event 406 Girls 14-15 100 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Wheel, Heather E	15	Llanelli Asc	1:02.07	1:02.02
	29.85		1:02.02 (32.17)		
2	Arnold, Elizabeth	14	Swansea Aquatics	1:01.60	1:02.79
	30.01		1:02.79 (32.78)		
3	Davies, Cara J	15	Swansea Aquatics	1:04.09	1:05.13
	31.52		1:05.13 (33.61)		
4	Brown, Sophie	14	Swim Conwy Performance Centre	1:04.71	1:05.33
	31.05		1:05.33 (34.28)		
5	Wilcox, Hollie M	14	Weston Super Mare SC	1:04.18	1:05.81
	31.25		1:05.81 (34.56)		
6	Pearce, Lowri	15	Swansea Aquatics	1:03.74	1:06.33
	31.71		1:06.33 (34.62)		
7	Rayment, Ashleigh	15	City of Southampton Swim Club	1:04.00	1:06.45
	31.66		1:06.45 (34.79)		
8	Millan, Fiona	14	Neath Asc	1:06.21	1:06.58
	31.65		1:06.58 (34.93)		
9	Cole, Cerys	14	Neath Asc	1:05.97	1:07.08
	31.53		1:07.08 (35.55)		
10	Paisey, Savita	14	City of Southampton Swim Club	1:06.99	1:07.17
	32.30		1:07.17 (34.87)		
11	Humphries, Chloe A	14	Bilston Swimming Club	1:06.02	1:07.19
	32.38		1:07.19 (34.81)		
12	Maiden, Mya	15	Merthyr Tydfil Swimming Club	1:06.35	1:07.40
	31.92		1:07.40 (35.48)		
13	Gibbins, Layla	15	Neath Asc	1:08.07	1:07.87
	32.61		1:07.87 (35.26)		
14	Harvey, Rhiannon	15	Celtic Dolphins	1:07.23	1:07.88
	32.51		1:07.88 (35.37)		
15	Short, Mollie	14	Neath Asc	1:08.44	1:08.08
	32.53		1:08.08 (35.55)		
16	Trueman, Lily M	14	Haverfordwest Swimming Club	1:08.43	1:08.31
	33.04		1:08.31 (35.27)		

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 406 Girls 14-15 100 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
17	Nicholls, Jasmine	15	Swansea Aquatics	1:08.44	1:08.57
	33.32	1:08.57 (35.25)			
18	Thompson, Alannah	14	Penyrheol Asc	1:09.12	1:08.65
	32.98	1:08.65 (35.67)			
19	Hopkins, Lauren	14	Celtic Dolphins	1:09.34	1:09.44
	33.04	1:09.44 (36.40)			
20	Walters, Aisha M	14	Merthyr Tydfil Swimming Club	1:10.37	1:10.01
	33.47	1:10.01 (36.54)			
21	Fletcher, Chloe	14	Haverfordwest Swimming Club	1:09.77	1:10.28
	33.97	1:10.28 (36.31)			
22	Day, Neve	14	City of Southampton Swim Club	1:12.20	1:11.10
	33.81	1:11.10 (37.29)			
23	Holdsworth, Jasmine	14	Celtic Dolphins	1:12.31	1:11.89
	34.08	1:11.89 (37.81)			
24	Davies, Katie-May	15	Merthyr Tydfil Swimming Club	1:10.32	1:12.60
	34.02	1:12.60 (38.58)			
25	Armstrong, Sophie	14	Neath Asc	1:15.00	1:12.73
	34.08	1:12.73 (38.65)			
26	Wells, Bethan	15	Swansea Aquatics	1:13.10	1:13.38
	35.32	1:13.38 (38.06)			
27	Smith, Poppy	14	City of Southampton Swim Club	1:13.42	1:14.26
	34.58	1:14.26 (39.68)			
28	Hughes, Ellie	14	Swim Conwy Performance Centre	1:13.80	1:16.64
	35.72	1:16.64 (40.92)			

Event 406 Girls 16 & Over 100 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Ellena	19	Swansea Aquatics	57.48	58.82
	28.84	58.82 (29.98)			
2	Dalling, Rebecca	17	Swansea Aquatics	58.65	1:00.65
	29.30	1:00.65 (31.35)			
3	Hoyle, Katie	18	Swansea Aquatics	59.90	1:01.33
	29.39	1:01.33 (31.94)			
4	Allen, April	18	Swansea Aquatics	1:01.23	1:03.11
	30.29	1:03.11 (32.82)			
5	Rothwell, Harriet	18	Swansea Aquatics	1:02.28	1:03.47
	30.72	1:03.47 (32.75)			
6	Wilkinson, Brooke	17	City of Southampton Swim Club	1:01.56	1:04.60
	30.48	1:04.60 (34.12)			
7	Andrews, Ffion	16	Neath Asc	1:04.22	1:04.88
	31.80	1:04.88 (33.08)			
8	Lewis, Awen	17	Neath Asc	1:06.78	1:05.16
	30.81	1:05.16 (34.35)			
9	Jones, Niamh J	16	Penyrheol Asc	1:07.73	1:07.44
	32.23	1:07.44 (35.21)			
10	Fletcher, Megan	16	Haverfordwest Swimming Club	1:08.42	1:07.84
	31.70	1:07.84 (36.14)			
11	McQueen, Amy	17	Swansea Aquatics	1:06.20	1:10.11
	33.07	1:10.11 (37.04)			
12	Golding, Francesca M	24	Neath Asc	1:03.86	1:11.27
	33.52	1:11.27 (37.75)			
13	Langman, Sophie L	17	Weston Super Mare SC	1:09.45	1:12.00
	34.09	1:12.00 (37.91)			
14	Johns, Lauren M	17	Celtic Dolphins	1:10.02	1:12.18
	34.30	1:12.18 (37.88)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****Event 407 Boys 9-10 100 LC Meter Butterfly Level 1**

	Name	Age	Team	Seed Time	Finals Time
1	Leckonby, Dai	10	Swansea Aquatics	1:34.92	1:31.60
	42.43	1:31.60 (49.17)			
2	Sanorjo, Angelo	10	Swansea Aquatics	1:37.80	1:44.72
	47.87	1:44.72 (56.85)			

Event 407 Boys 11-12 100 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Rodriguez, Ab B	12	Swansea Aquatics	1:13.78	1:12.77
	34.34	1:12.77 (38.43)			
2	Burkett, Max	11	Swansea Aquatics	1:17.00	1:19.34
	36.93	1:19.34 (42.41)			
3	Fitzsimmons, Arron	11	Pembroke & District	1:29.40	1:25.63
	41.92	1:25.63 (43.71)			
4	White, Henry	12	Haverfordwest Swimming Club	1:26.76	1:26.17
	39.85	1:26.17 (46.32)			
5	Wingrave-Rix, Harvey	12	Swansea Aquatics	1:24.99	1:27.82
	39.80	1:27.82 (48.02)			
6	Andrews, Rory	11	Haverfordwest Swimming Club	1:32.89	1:32.91
	43.78	1:32.91 (49.13)			
7	Williams, Osian	12	Swim Conwy Performance Centre	1:30.74	1:34.19
	43.39	1:34.19 (50.80)			

Event 407 Boys 13-14 100 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Vernon, Thomas A	14	Chirk Dragons	1:17.14	1:14.79
	33.81	1:14.79 (40.98)			
2	Preece, Alex J	13	Neath Asc	1:15.14	1:15.64
	34.97	1:15.64 (40.67)			
3	Martin, Luke	13	City of Southampton Swim Club	1:14.30	1:16.21
	36.38	1:16.21 (39.83)			
4	Jones, Kyran	13	Caerphilly County Swim Squad	1:24.66	1:23.10
	38.54	1:23.10 (44.56)			

Event 407 Boys 15 & Over 100 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Fraser, Lewis W	16	Swansea Aquatics	57.18	58.03
	27.45	58.03 (30.58)			
2	Cole, Iestyn	17	Llanelli Asc	57.90	58.62
	27.56	58.62 (31.06)			
3	Davies, Llewelyn W	15	Swansea Aquatics	1:00.95	1:00.93
	28.89	1:00.93 (32.04)			
4	Beckett, Kieran	15	City of Southampton Swim Club	1:01.14	1:01.40
	28.98	1:01.40 (32.42)			
5	Loney, Joshua	15	Swansea Aquatics	1:01.86	1:03.94
	30.01	1:03.94 (33.93)			
6	Job, Kyle	17	Penyrheol Asc	1:10.43	1:13.54
	33.56	1:13.54 (39.98)			
7	Thompson, Jack	16	Penyrheol Asc	1:15.69	1:15.67
	33.23	1:15.67 (42.44)			
8	Oates, Callum	15	Neath Asc	1:15.50	1:17.71
	34.78	1:17.71 (42.93)			

Event 408 Girls 9-11 200 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Dickinson, Jessica	11	Swansea Aquatics	2:47.40	2:50.49
	40.53	1:23.64 (43.11)	2:07.93 (44.29)	2:50.49 (42.56)	
2	Milligan, Jessica	11	City of Southampton Swim Club	2:51.99	2:51.36
	41.41	1:25.74 (44.33)	2:09.22 (43.48)	2:51.36 (42.14)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 408 Girls 9-11 200 LC Meter Backstroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
3	Evans, Bethan	11	Neath Asc	2:57.97	2:53.22
	41.48	1:27.30 (45.82)	2:12.76 (45.46)	2:53.22 (40.46)	
4	Raymond, Ellie	11	City of Southampton Swim Club	3:09.05	3:03.15
	41.73	1:28.24 (46.51)	2:16.35 (48.11)	3:03.15 (46.80)	
5	Fischer, Kayleigh	10	Fishguard Flyers SC	3:15.17	3:04.76
	44.10		2:19.83 ()	3:04.76 (44.93)	
6	White, Amy V	11	Haverfordwest Swimming Club	3:11.82	3:08.74
	45.62	1:33.66 (48.04)	2:22.57 (48.91)	3:08.74 (46.17)	
7	Lewis, Caera	10	Pembroke & District	3:16.21	3:13.73
	45.49	1:35.33 (49.84)	2:26.51 (51.18)	3:13.73 (47.22)	
8	Glover, Katie	11	Neath Asc	3:04.86	3:14.97
	46.07	1:35.75 (49.68)	3:14.97 (1:39.22)		
9	Hetherington, Verity	11	Neath Asc	3:21.07	3:16.47
	46.76	1:37.51 (50.75)	2:28.65 (51.14)	3:16.47 (47.82)	
10	Clapham, Rhiannon m	11	Fishguard Flyers SC	3:24.95	3:16.49
	47.27	1:39.02 (51.75)	2:29.16 (50.14)	3:16.49 (47.33)	

Event 408 Girls 12-13 200 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Powell, Megan B	12	Swansea Aquatics	2:42.80	2:42.56
	39.41	1:20.23 (40.82)	2:02.61 (42.38)	2:42.56 (39.95)	
2	Stokes, Aimee	12	Swansea Aquatics	2:48.22	2:47.46
	38.86	1:21.36 (42.50)	2:04.71 (43.35)	2:47.46 (42.75)	
3	Hetherington, Trinity	12	Neath Asc	2:54.51	2:49.15
	39.98	1:23.01 (43.03)	2:06.49 (43.48)	2:49.15 (42.66)	
4	Dowling, Katie	13	City of Southampton Swim Club	2:43.70	2:49.67
	39.81	1:22.40 (42.59)	2:06.79 (44.39)	2:49.67 (42.88)	
5	Carstairs, Ella	13	City of Southampton Swim Club	2:50.10	2:49.89
	40.06	1:23.26 (43.20)	2:08.22 (44.96)	2:49.89 (41.67)	
6	Watson, Elin	13	Swim Conwy Performance Centre	2:50.70	2:55.57
	42.20	1:27.43 (45.23)	2:11.75 (44.32)	2:55.57 (43.82)	
7	Evans, Caitlin	12	Swansea Aquatics	2:56.13	2:56.43
	41.60	1:25.89 (44.29)	2:11.80 (45.91)	2:56.43 (44.63)	
8	Davies, Ellie	12	Swansea Aquatics	3:01.10	3:01.22
	41.20	1:27.24 (46.04)	2:15.15 (47.91)	3:01.22 (46.07)	
9	Thomson, Megan E	12	Haverfordwest Swimming Club	2:55.91	3:04.85
	44.26	1:30.98 (46.72)	2:19.12 (48.14)	3:04.85 (45.73)	
10	Owen, Caitlin	13	Swim Conwy Performance Centre	3:04.45	3:05.80
	44.56	1:32.69 (48.13)	2:20.85 (48.16)	3:05.80 (44.95)	
11	Greenwood, Hannah	12	Pembroke & District	3:00.32	3:06.95
	43.33	1:31.42 (48.09)	2:21.07 (49.65)	3:06.95 (45.88)	

Event 408 Girls 14-15 200 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Arnold, Elizabeth	14	Swansea Aquatics	2:27.65	2:33.06
	35.76	1:14.34 (38.58)	1:54.22 (39.88)	2:33.06 (38.84)	
2	Wilcox, Hollie M	14	Weston Super Mare SC	2:33.91	2:35.16
	36.16	1:15.00 (38.84)	1:55.35 (40.35)	2:35.16 (39.81)	
3	Mills, Rebecca	15	City of Southampton Swim Club	2:43.73	2:45.70
	38.59	1:21.09 (42.50)	2:03.93 (42.84)	2:45.70 (41.77)	
4	Maiden, Mya	15	Merthyr Tydfil Swimming Club	2:44.22	2:46.89
	39.03	1:21.83 (42.80)	2:05.43 (43.60)	2:46.89 (41.46)	
5	Pullen, Megan K	15	Swansea Aquatics	2:46.10	2:47.53
	38.93	1:21.12 (42.19)	2:04.83 (43.71)	2:47.53 (42.70)	
6	Thompson, Alannah	14	Penyrheol Asc	2:48.75	2:49.62
	40.29	1:24.24 (43.95)	2:08.41 (44.17)	2:49.62 (41.21)	
7	Millan, Fiona	14	Neath Asc	2:41.77	2:50.93
	40.03	1:22.79 (42.76)	2:07.43 (44.64)	2:50.93 (43.50)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 408 Girls 14-15 200 LC Meter Backstroke Level 1)**

Name	Age	Team	Seed Time	Finals Time
8 Walters, Aisha M	14	Merthyr Tydfil Swimming Club	2:50.98	2:52.17
40.52	1:23.89 (43.37)	2:08.18 (44.29)	2:52.17 (43.99)	
9 Glover, Alysia	14	Neath Asc	2:46.36	2:55.40
39.80	1:23.93 (44.13)	2:09.74 (45.81)	2:55.40 (45.66)	

Event 409 Boys 11-12 200 LC Meter Breaststroke Level 1

Name	Age	Team	Seed Time	Finals Time
1 Seppman, Neo	12	Swansea Aquatics	3:11.80	3:16.16
45.50	1:34.93 (49.43)	2:26.38 (51.45)	3:16.16 (49.78)	
2 Cole, Toby	11	Swansea Aquatics	3:19.80	3:20.01
47.70	1:38.65 (50.95)	2:29.94 (51.29)	3:20.01 (50.07)	

Event 409 Boys 13-14 200 LC Meter Breaststroke Level 1

Name	Age	Team	Seed Time	Finals Time
1 Langman, George T	14	Weston Super Mare SC	2:52.06	2:53.59
39.59	1:23.40 (43.81)	2:08.70 (45.30)	2:53.59 (44.89)	
2 Webb, Jac D	13	Haverfordwest Swimming Club	3:07.38	3:07.24
43.09	1:33.26 (50.17)	2:22.70 (49.44)	3:07.24 (44.54)	

Event 409 Boys 15 & Over 200 LC Meter Breaststroke Level 1

Name	Age	Team	Seed Time	Finals Time
1 Jones, Daniel	18	City of Cardiff Swimming Club	2:40.01	2:47.21
37.39	1:19.65 (42.26)	2:03.37 (43.72)	2:47.21 (43.84)	
2 Barton, Jack	15	City of Southampton Swim Club	2:51.40	2:53.17
38.31	1:22.90 (44.59)	2:08.41 (45.51)	2:53.17 (44.76)	
3 Elliott, Morgan	15	Haverfordwest Swimming Club	2:51.65	3:05.50
39.79	1:26.82 (47.03)	2:15.98 (49.16)	3:05.50 (49.52)	

Event 410 Girls 50 LC Meter Butterfly Level 1

Name	Age	Team	Seed Time	Finals Time
1 Bryan, Charlotte	21	Swansea Aquatics	28.65	29.48
2 Dalling, Rebecca	17	Swansea Aquatics	29.21	30.15
3 Wheel, Heather E	15	Llanelli Asc	31.73	30.26
4 Rayment, Ashleigh	15	City of Southampton Swim Club	30.42	31.51
5 Lewis, Awen	17	Neath Asc	31.87	31.94
6 Lewis, Helen	14	Merthyr Tydfil Swimming Club	31.35	32.10
7 Wilcox, Hollie M	14	Weston Super Mare SC	32.01	32.40
8 Davies, Chloe M	17	Swansea Aquatics	32.06	32.50
9 Pearce, Lowri	15	Swansea Aquatics	32.20	33.44
10 Wilkinson, Brooke	17	City of Southampton Swim Club	31.07	33.51
11 Peter, Hannah	12	Swansea Aquatics	33.05	33.75
12 Trueman, Lily M	14	Haverfordwest Swimming Club	34.43	33.82
13 Davies, Cara J	15	Swansea Aquatics	32.68	33.86
14 Humphries, Chloe A	14	Bilston Swimming Club	33.66	34.12
15 Andrews, Ffion	16	Neath Asc	33.82	34.19
16 Fletcher, Chloe	14	Haverfordwest Swimming Club	34.65	34.62
17 Carstairs, Macey	10	City of Southampton Swim Club	37.43	34.68
18 Short, Mollie	14	Neath Asc	34.29	34.93
19 Nicholls, Jasmine	15	Swansea Aquatics	33.88	35.01
20 Dowling, Katie	13	City of Southampton Swim Club	35.99	35.13
21 Golding, Francesca M	24	Neath Asc	34.13	35.33
22 Robins, Aaliyah M	13	Chirk Dragons	35.20	35.38
23 Harvey, Rhiannon	15	Celtic Dolphins	35.49	35.47
24 Gibbins, Layla	15	Neath Asc	36.10	35.67
25 Norris, Alyssa	13	Caerphilly County Swim Squad	35.27	35.76
26 Dickinson, Jessica	11	Swansea Aquatics	36.21	35.80
27 Cole, Cerys	14	Neath Asc	35.57	35.86

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Four****(Event 410 Girls 50 LC Meter Butterfly Level 1)**

	Name	Age	Team	Seed Time	Finals Time
28	Robinson, Francesca S	13	Haverfordwest Swimming Club	36.87	35.89
*29	Fletcher, Megan	16	Haverfordwest Swimming Club	36.68	35.95
*29	McQueen, Amy	17	Swansea Aquatics	34.96	35.95
31	Maiden, Mya	15	Merthyr Tydfil Swimming Club	35.74	36.15
32	Day, Neve	14	City of Southampton Swim Club	35.93	36.33
33	Mills, Rebecca	15	City of Southampton Swim Club	34.41	36.36
34	Langman, Sophie L	17	Weston Super Mare SC	37.08	37.56
35	Thompson, Alannah	14	Penyrheol Asc	37.24	37.68
36	Owen, Caitlin	13	Swim Conwy Performance Centre	40.43	37.90
37	Bailey-Jones, Nia	11	Swansea Aquatics	39.76	37.93
38	Tucker, Natalie E	11	Swansea Aquatics	38.49	38.03
39	Pearce, Molly	12	Llanelli Asc	40.09	38.11
40	Smith, Poppy	14	City of Southampton Swim Club	37.21	38.44
41	Davies, Katie-May	15	Merthyr Tydfil Swimming Club	37.83	38.68
42	Powell, Megan B	12	Swansea Aquatics	39.00	39.12
43	Davies, Ellie	12	Swansea Aquatics	37.97	39.17
44	Davies, Emily	13	Celtic Dolphins	38.17	39.73
45	Doughty, Katie	11	Milford Tigers	40.20	40.00
46	Warlow, Grace E	13	Neath Asc	37.47	40.34
47	Garcia, Ysabelle	11	City of Southampton Swim Club	46.76	42.11
48	Williams, Rhona	13	Chirk Dragons	42.90	43.30
49	Williams, Freya	10	Milford Tigers	44.15	47.24

Event 411 Boys 50 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Fraser, Lewis W	16	Swansea Aquatics	25.60	24.75
2	Beckett, Kieran	15	City of Southampton Swim Club	26.64	25.75
3	Stephens, Thomas	17	Neath Asc	27.88	27.68
4	Short, Simon	18	Neath Asc	27.82	27.92
5	Evans, Luke	17	Neath Asc	28.01	27.98
6	Evans, Luke T	16	Chirk Dragons	28.10	28.19
7	Thompson, Jack	16	Penyrheol Asc	28.21	28.35
8	Vernon, Thomas A	14	Chirk Dragons	28.92	28.58
9	Job, Kyle	17	Penyrheol Asc	28.41	28.90
10	Wells, Lewis	13	Neath Asc	29.15	29.02
11	Barton, Jack	15	City of Southampton Swim Club	29.32	29.65
12	Williams, Osian C	13	Swansea Aquatics	29.58	29.79
13	Langman, George T	14	Weston Super Mare SC	29.51	29.86
14	Healey, Richard	18	Chirk Dragons	30.02	30.08
15	Thomas, Joshua	15	Merthyr Tydfil Swimming Club	30.96	30.22
16	Rodriguez, Ab B	12	Swansea Aquatics	30.58	30.27
17	Elkin, Max	12	Swansea Aquatics	30.78	30.67
18	Wilk, Harri D	15	Chirk Dragons	32.13	30.68
19	Fitzsimmons, Arron	11	Pembroke & District	33.21	32.63
20	Gibson, Jason	16	Swansea Aquatics	34.50	32.66
21	Burkett, Max	11	Swansea Aquatics	32.37	32.67
22	Clapham, Patrick J	14	Fishguard Flyers SC	35.53	32.71
23	Willis, Morgan J	10	Swansea Aquatics	35.52	33.95
24	Beckett, Harrison	13	City of Southampton Swim Club	35.88	34.04
25	Williams, Osian	12	Swim Conwy Performance Centre	32.39	34.52
26	Wingrave-Rix, Harvey	12	Swansea Aquatics	34.47	34.67
27	Hearn, Calum	17	Penyrheol Asc	35.50	35.38
28	Hall, Lewis	13	Swim Conwy Performance Centre	34.83	36.02
29	Smith, Jake	10	City of Southampton Swim Club	37.47	37.55
---	Oates, Callum	15	Neath Asc	29.32	DQ

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****Event 501 Girls 8 Year Olds 50 LC Meter Backstroke Level 3**

	Name	Age	Team	Seed Time	Finals Time
1	Watkins, Amelia	8	Caerphilly County Swim Squad	50.77	47.04
2	Tucker, Holly	8	Swansea Aquatics	50.90	47.17
3	Horne, Victoria	8	Fishguard Flyers SC	1:00.61	50.45
4	O'Mahoney, Kaitlin	8	Neath Asc	NT	51.31
5	Martin, Gabrielle	8	City of Southampton Swim Club	54.09	51.44
6	Hamer, Megan	8	Celtic Dolphins	NT	53.85
7	Holdsworth, Sienna	8	Celtic Dolphins	NT	53.87
8	Raymond, Emily	8	City of Southampton Swim Club	1:02.69	54.13
9	Snelgrove, Violet	8	Neath Asc	1:00.85	54.22
10	Keigwin, Poppy	8	Caerphilly County Swim Squad	58.04	54.40
11	Page, Ann	8	Amman Valley Swimming Club	NT	54.65
12	Sparkes, Lola	8	Neath Asc	NT	55.21
13	Thomas, Medi A	8	Llanelli Asc	NT	56.92
14	Pemberton, Elen	8	Neath Asc	1:00.83	1:02.56
---	Harris, Ella	8	Neath Asc	NT	DQ
---	Woodward, Angharad	8	Neath Asc	NT	DQ

Event 501 Girls 9 Year Olds 50 LC Meter Backstroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Cleave, Mia	9	Celtic Dolphins	46.84	43.11
2	Peter, Sophie	9	Swansea Aquatics	43.80	44.45
3	Knowles, Amy A	9	Haverfordwest Swimming Club	43.21	45.36
4	Thomas, Ffion	9	Neath Asc	46.76	45.50
5	Edwards, Catrin	9	Swansea Aquatics	46.65	46.22
6	Gilligan, Gracie	9	Neath Asc	46.33	46.97
7	Tyrrell, Kiera	9	Celtic Dolphins	NT	47.12
8	Allen, Erin	9	Haverfordwest Swimming Club	51.61	48.73
9	Day, Livia	9	City of Southampton Swim Club	50.32	50.50
10	Sullivan, Katie	9	Celtic Dolphins	54.59	52.10
11	Goddard, Evie E	9	Haverfordwest Swimming Club	49.11	52.22
12	Enoch, Megan J	9	Caerphilly County Swim Squad	NT	53.32
13	Wilson, Jayden	9	Pembroke & District	53.23	53.54
14	Davies, Ria	9	Neath Asc	1:07.27	56.79
15	Durbin, Isabella	9	Merthyr Tydfil Swimming Club	56.76	57.02
16	Egan, Ffion	9	Neath Asc	NT	57.10
17	Ward, Poppy May	9	Caerphilly County Swim Squad	1:00.12	57.19
18	Hetherington, Liberty	9	Neath Asc	1:01.16	58.67
19	Nutt, Kira	9	Caerphilly County Swim Squad	NT	1:02.28
20	Schmidt, Nina	9	Fishguard Flyers SC	1:04.55	1:03.53
---	Richardson, Maizie	9	Swim Conwy Performance Centre	45.44	DQ
---	Hughes, Cari	9	Neath Asc	50.56	DQ

Event 501 Girls 10 Year Olds 50 LC Meter Backstroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Kara	10	Swansea Aquatics	41.20	40.29
2	Burgess, Sienna	10	Neath Asc	41.40	42.86
3	Harvey, Carys	10	Celtic Dolphins	44.33	42.99
4	Llewellyn, Nia	10	Haverfordwest Swimming Club	41.55	43.28
5	Krol, Sophie	10	Haverfordwest Swimming Club	45.20	43.42
6	King, Emilia	10	Penyrheol Asc	51.11	44.21
7	Brierley, Jessica	10	Swim Conwy Performance Centre	48.16	44.29
8	Wookey, Katie	10	Llanelli Asc	43.72	45.09
9	Lewis, Lowri	10	Neath Asc	44.96	45.11
10	Reed, Kayleigh	10	Fishguard Flyers SC	45.39	45.28
11	White, Eleanor R	10	Haverfordwest Swimming Club	50.91	45.51

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 501 Girls 10 Year Olds 50 LC Meter Backstroke Level 3)**

	Name	Age	Team	Seed Time	Finals Time
12	Jones, Holli	10	Swansea Aquatics	44.99	46.57
13	Evans, Caitlin	10	Neath Asc	45.36	46.86
14	Webb, Alys	10	Haverfordwest Swimming Club	47.99	47.03
15	Phillips, Erin	10	Celtic Dolphins	51.78	47.10
16	Thomas, Seren	10	Swansea Aquatics	47.32	47.28
17	Lewis, Abigail	10	Neath Asc	50.08	47.60
18	Hill, Marissa	10	Celtic Dolphins	51.91	48.52
19	Bawden, Amy G	10	Swansea Aquatics	50.00	48.84
20	John, Lucy	10	Haverfordwest Swimming Club	48.31	48.91
21	Collins, Erin S	10	Caerphilly County Swim Squad	49.94	49.80
22	Jones, Jessica	10	Caerphilly County Swim Squad	NT	50.09
23	Phillips, Rhianna	10	Llanelli Asc	58.57	50.72
24	Davies, Mai	10	Penyrheol Asc	52.33	51.13
25	Horne, Alexa	10	Fishguard Flyers SC	1:02.64	52.04
26	Morris, Imogen	10	Neath Asc	NT	52.07
27	Rowe-Lewis, Daisy	10	Swansea Aquatics	51.10	52.25
28	Worthington, Heather	10	Chirk Dragons	NT	52.33
29	Fitchett, Molly	10	Neath Asc	51.59	53.39
30	Smart, Libby	10	Milford Tigers	NT	55.57

Event 501 Girls 11 Year Olds 50 LC Meter Backstroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Raymond, Ellie	11	City of Southampton Swim Club	41.83	39.78
2	Moses, Ffion M	11	Haverfordwest Swimming Club	41.47	41.77
3	Gillett, Keira	11	Swansea Aquatics	43.60	43.68
4	Hetherington, Verity	11	Neath Asc	41.87	43.87
5	Clapham, Rhiannon m	11	Fishguard Flyers SC	42.97	44.18
6	Lloyd, Ruby	11	Swansea Aquatics	42.60	44.79
7	Watts, Non	11	Celtic Dolphins	46.57	45.19
8	Williams, Ellen R	11	Chirk Dragons	NT	46.27
9	George, Mia	11	Neath Asc	46.71	46.59
10	Scott, Summer	11	Neath Asc	NT	46.67
11	Curtis-Jones, Llian M	11	Celtic Dolphins	42.85	46.77
12	Scannell, Blythe	11	Merthyr Tydfil Swimming Club	47.56	46.93
13	Brooks, Tacha	11	Swansea Aquatics	45.10	47.44
14	Thomas, Abigail E	11	Celtic Dolphins	49.96	50.70
15	Evans, Samantha	11	Caerphilly County Swim Squad	NT	53.07
16	Davies, Katie	11	Celtic Dolphins	56.32	53.30
17	Morris, Scarlet	11	Haverfordwest Swimming Club	56.74	56.70
18	Richardson, Megan	11	Swim Conwy Performance Centre	51.40	56.79
19	Williams, Thea	11	Neath Asc	59.77	59.78

Event 501 Girls 12 Year Olds 50 LC Meter Backstroke Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Evans, Caitlin	12	Swansea Aquatics	38.10	38.08
2	Hetherington, Trinity	12	Neath Asc	38.87	38.78
3	Thomson, Megan E	12	Haverfordwest Swimming Club	37.90	40.73
4	Barber, Sydney P	12	Haverfordwest Swimming Club	45.58	43.28
5	Bennett, Briony	12	Haverfordwest Swimming Club	43.05	44.02
6	Williams, Olivia	12	Celtic Dolphins	47.52	45.03
7	Evans, Elena	12	Neath Asc	46.85	46.38
8	Robinson, Ffion	12	Swansea Aquatics	52.20	49.10
9	Shaddick, Libby	12	Caerphilly County Swim Squad	55.25	56.18

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****Event 502 Girls 50 LC Meter Backstroke Level 3 - MC Multi-Class**

	Name	Age	Team	Seed Time	Finals Time
1	Leconte, Seren E S9	11	Caerphilly County Swim Squad	NT	51.15

Event 503 Boys 8 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Gillett, Oliver	8	Swansea Aquatics	42.10	40.20
2	Montgomery, Sammy	8	Fishguard Flyers SC	51.31	43.03
3	Jones, Ben	8	Neath Asc	50.17	45.64
4	Pugh, Twm	8	Amman Valley Swimming Club	51.22	51.56

Event 503 Boys 9 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Thomas, Iestyn	9	Neath Asc	40.54	39.70
2	Thomas, Evan	9	Celtic Dolphins	NT	42.21
3	Fletcher, Owen	9	Haverfordwest Swimming Club	43.23	43.18
4	Cory, Dylan	9	Swansea Aquatics	47.80	43.73
5	Weston, Liam A	9	Llanelli Asc	41.27	44.71
6	Williams, Rueben	9	Caerphilly County Swim Squad	46.66	44.95
7	Richards, Aled	9	Celtic Dolphins	NT	45.01
8	Phillips, Alistair	9	Celtic Dolphins	1:00.15	45.78
9	Williams, Tyler	9	Milford Tigers	45.82	46.47
10	Parry, Thomas M	9	Neath Asc	NT	48.90
11	Thomas, Cameron	9	Neath Asc	55.80	49.73
12	Ford, Freddie	9	Caerphilly County Swim Squad	52.47	53.45

Event 503 Boys 10 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Thomas, Rhys a	10	Llanelli Asc	34.59	34.68
2	Wells, Oliver S	10	Celtic Dolphins	36.93	34.82
3	Thomas, Jac	10	Neath Asc	38.39	36.77
4	Gwyn, Osian	10	Neath Asc	38.47	37.70
5	Jones, Joshua	10	Neath Asc	37.92	37.82
6	Sanorjo, Angelo	10	Swansea Aquatics	37.38	39.04
7	West, Zac	10	Fishguard Flyers SC	45.31	39.26
8	Thomas, Travis	10	Neath Asc	43.56	40.76
9	James, Owain	10	Caerphilly County Swim Squad	45.08	44.22
10	Woodhouse, Seth	10	Fishguard Flyers SC	52.56	46.42
11	Rogers, Logan	10	Neath Asc	44.35	46.71
12	Shopland, Oliver	10	Neath Asc	56.07	47.01
13	Davies, Rhys	10	Penyrheol Asc	47.37	47.15
14	Williams, Cai	10	Neath Asc	44.32	47.45
15	Garcia, Raphael	10	City of Southampton Swim Club	58.36	53.33
16	Eaton Sawford, Kier A	10	Chirk Dragons	NT	56.93

Event 503 Boys 11 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Andrews, Rory	11	Haverfordwest Swimming Club	35.84	33.72
2	Catling, Finlay	11	Celtic Dolphins	37.48	35.03
3	Ralph, Robbie	11	Haverfordwest Swimming Club	40.73	38.45
4	Francis, Woody L	11	Swansea Aquatics	37.20	39.42
5	Rogers, Travis	11	Caerphilly County Swim Squad	NT	41.29
6	Schmidt, Hans	11	Fishguard Flyers SC	46.76	41.62
7	Robinson, Ellis	11	Haverfordwest Swimming Club	44.42	45.99

Event 503 Boys 12 Year Olds 50 LC Meter Freestyle Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Cooper, Joshua	12	Neath Asc	33.34	33.17

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 503 Boys 12 Year Olds 50 LC Meter Freestyle Level 3)**

	Name	Age	Team	Seed Time	Finals Time
2	Lewis, David	12	Merthyr Tydfil Swimming Club	33.15	33.21
3	Vernon, Harrison J	12	Chirk Dragons	45.98	41.94

Event 504 Boys 50 LC Meter Freestyle Level 3 MC Multi-Class

	Name	Age	Team	Seed Time	Finals Time
1	Thomas, Jack R S14	21	Swansea Aquatics	25.22	25.62

Event 505 Girls 9-11 100 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Dickinson, Jessica	11	Swansea Aquatics	1:22.10	1:20.38
	39.52	1:20.38 (40.86)			
2	Milligan, Jessica	11	City of Southampton Swim Club	1:19.30	1:22.44
	40.40	1:22.44 (42.04)			
3	Evans, Bethan	11	Neath Asc	1:20.76	1:23.11
	40.74	1:23.11 (42.37)			
4	Bailey-Jones, Nia	11	Swansea Aquatics	1:24.18	1:24.62
	42.06	1:24.62 (42.56)			
5	Pritchard, Kara	10	Swansea Aquatics	1:28.00	1:25.46
	41.98	1:25.46 (43.48)			
6	Garcia, Ysabelle	11	City of Southampton Swim Club	1:28.80	1:27.91
	42.96	1:27.91 (44.95)			
7	Garcia De Leaniz, Sofia	11	Swansea Aquatics	1:36.80	1:28.50
	42.96	1:28.50 (45.54)			
8	White, Amy V	11	Haverfordwest Swimming Club	1:29.67	1:30.04
	43.93	1:30.04 (46.11)			
9	Lewis, Rachael E	11	Fishguard Flyers SC	1:33.05	1:30.41
	44.21	1:30.41 (46.20)			
10	Watson, Ceri	11	Swim Conwy Performance Centre	1:28.38	1:30.98
	44.92	1:30.98 (46.06)			
11	Harvey, Carys	10	Celtic Dolphins	1:32.69	1:31.18
	44.36	1:31.18 (46.82)			
12	Doughty, Katie	11	Milford Tigers	1:30.36	1:32.36
	44.70	1:32.36 (47.66)			
*13	Glover, Katie	11	Neath Asc	1:30.32	1:34.33
	46.33	1:34.33 (48.00)			
*13	Lewis, Caera	10	Pembroke & District	1:30.87	1:34.33
	45.46	1:34.33 (48.87)			
15	Krol, Sophie	10	Haverfordwest Swimming Club	1:41.79	1:34.92
	46.82	1:34.92 (48.10)			
16	Williams, Freya	10	Milford Tigers	1:33.64	1:36.53
	46.97	1:36.53 (49.56)			
17	Lloyd, Ruby	11	Swansea Aquatics	1:31.95	1:37.47
	48.71	1:37.47 (48.76)			
18	Richardson, Maizie	9	Swim Conwy Performance Centre	1:38.26	1:38.69
	48.43	1:38.69 (50.26)			
19	Davies, Rhian	9	Swansea Aquatics	1:42.36	1:38.92
	49.52	1:38.92 (49.40)			
20	Webb, Alys	10	Haverfordwest Swimming Club	1:43.28	1:39.92
	50.68	1:39.92 (49.24)			
21	Scott, Summer	11	Neath Asc	1:42.34	1:40.51
	47.41	1:40.51 (53.10)			
22	Keigwin, Daisy	11	Caerphilly County Swim Squad	1:42.62	1:40.71
23	Lewis, Abigail	10	Neath Asc	1:45.69	1:45.33
	52.61	1:45.33 (52.72)			
24	Hughes, Cari	9	Neath Asc	2:01.45	1:46.45
	53.32	1:46.45 (53.13)			
---	Morris, Imogen	10	Neath Asc	1:43.56	DQ
	55.66	DQ (59.61)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****Event 505 Girls 12-13 100 LC Meter Backstroke Level 1**

	Name	Age	Team	Seed Time	Finals Time
1	Powell, Megan B	12	Swansea Aquatics	1:16.50	1:14.94
	37.81	1:14.94 (37.13)			
2	Edwards, Megan	13	Swansea Aquatics	1:16.97	1:15.61
	37.37	1:15.61 (38.24)			
3	Dowling, Katie	13	City of Southampton Swim Club	1:17.80	1:17.99
	38.17	1:17.99 (39.82)			
4	Peter, Hannah	12	Swansea Aquatics	1:18.20	1:19.21
	39.29	1:19.21 (39.92)			
5	Stokes, Aimee	12	Swansea Aquatics	1:17.64	1:19.57
	38.66	1:19.57 (40.91)			
6	Hetherington, Trinity	12	Neath Asc	1:22.06	1:21.46
	39.89	1:21.46 (41.57)			
7	Watson, Elin	13	Swim Conwy Performance Centre	1:19.30	1:21.79
	40.80	1:21.79 (40.99)			
8	Davies, Ellie	12	Swansea Aquatics	1:23.50	1:22.87
	40.31	1:22.87 (42.56)			
9	Jones, Ffion C	13	Penyrheol Asc	1:22.31	1:23.03
	41.08	1:23.03 (41.95)			
10	Evans, Caitlin	12	Swansea Aquatics	1:23.35	1:23.13
	41.35	1:23.13 (41.78)			
11	Warlow, Grace E	13	Neath Asc	1:22.62	1:23.54
	40.80	1:23.54 (42.74)			
12	Robinson, Francesca S	13	Haverfordwest Swimming Club	1:24.08	1:24.19
	42.52	1:24.19 (41.67)			
13	Watson, Kimberleigh	13	City of Southampton Swim Club	1:26.80	1:25.91
	43.47	1:25.91 (42.44)			
14	Thomson, Megan E	12	Haverfordwest Swimming Club	1:24.40	1:26.13
	42.82	1:26.13 (43.31)			
15	Williams, Danielle	13	Swansea Aquatics	1:26.40	1:27.31
	43.25	1:27.31 (44.06)			
16	Slater, Jessica	13	City of Southampton Swim Club	1:29.40	1:29.17
	41.86	1:29.17 (47.31)			
17	Owen, Caitlin	13	Swim Conwy Performance Centre	1:28.28	1:29.35
	43.63	1:29.35 (45.72)			
18	Greenwood, Hannah	12	Pembroke & District	1:23.10	1:29.63
	42.90	1:29.63 (46.73)			
19	Pearce, Molly	12	Llanelli Asc	1:29.90	1:30.16
	43.60	1:30.16 (46.56)			
20	Ost, Katie	13	Penyrheol Asc	1:30.51	1:32.13
	44.55	1:32.13 (47.58)			
21	Jaworska, Maja	13	Caerphilly County Swim Squad	1:36.23	1:32.92
	46.19	1:32.92 (46.73)			
22	Oates, Ellia	13	Neath Asc	1:32.22	1:35.46
	47.08	1:35.46 (48.38)			
---	Williams, Rhona	13	Chirk Dragons	1:24.70	DQ
	42.65	DQ (45.21)			

Event 505 Girls 14-15 100 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Wilcox, Hollie M	14	Weston Super Mare SC	1:11.34	1:12.72
	35.17	1:12.72 (37.55)			
2	Ward, Caitlin A	15	Swansea Aquatics	1:11.03	1:12.85
	34.80	1:12.85 (38.05)			
3	Trueman, Lily M	14	Haverfordwest Swimming Club	1:12.62	1:14.00
	36.91	1:14.00 (37.09)			
4	Rayment, Ashleigh	15	City of Southampton Swim Club	1:12.40	1:15.15
	35.66	1:15.15 (39.49)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 505 Girls 14-15 100 LC Meter Backstroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
5	Maiden, Mya	15	Merthyr Tydfil Swimming Club	1:15.18	1:16.61
	36.94	1:16.61 (39.67)			
6	Hopkins, Lauren	14	Celtic Dolphins	1:15.03	1:18.51
	37.72	1:18.51 (40.79)			
7	Mills, Rebecca	15	City of Southampton Swim Club	1:17.49	1:18.98
	38.02	1:18.98 (40.96)			
8	Lewis, Helen	14	Merthyr Tydfil Swimming Club	1:17.38	1:19.37
	38.97	1:19.37 (40.40)			
9	Roberts, Anya	14	Llanelli Asc	1:21.94	1:19.45
	38.77	1:19.45 (40.68)			
10	Thompson, Alannah	14	Penyrheol Asc	1:15.99	1:19.48
	37.96	1:19.48 (41.52)			
11	Fletcher, Chloe	14	Haverfordwest Swimming Club	1:18.93	1:20.39
	40.09	1:20.39 (40.30)			
12	Humphries, Chloe A	14	Bilston Swimming Club	1:20.94	1:20.92
	38.95	1:20.92 (41.97)			
13	Pullen, Megan K	15	Swansea Aquatics	1:20.40	1:21.17
	39.50	1:21.17 (41.67)			
14	Davies, Katie-May	15	Merthyr Tydfil Swimming Club	1:20.41	1:21.31
	38.95	1:21.31 (42.36)			
15	Nicholls, Jasmine	15	Swansea Aquatics	1:21.10	1:21.64
	40.21	1:21.64 (41.43)			
16	Walters, Aisha M	14	Merthyr Tydfil Swimming Club	1:18.44	1:22.66
	39.70	1:22.66 (42.96)			
17	Wells, Bethan	15	Swansea Aquatics	1:21.10	1:23.17
	40.67	1:23.17 (42.50)			
18	Armstrong, Sophie	14	Neath Asc	1:24.94	1:25.91
	41.04	1:25.91 (44.87)			
19	Smith, Poppy	14	City of Southampton Swim Club	1:23.87	1:26.46
	41.42	1:26.46 (45.04)			
20	Hughes, Ellie	14	Swim Conwy Performance Centre	1:23.17	1:28.56
	43.00	1:28.56 (45.56)			

Event 505 Girls 16 & Over 100 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Chloe M	17	Swansea Aquatics	1:07.91	1:07.98
	32.72	1:07.98 (35.26)			
2	Golding, Francesca M	24	Neath Asc	1:11.54	1:17.41
	37.13	1:17.41 (40.28)			
3	Wilkinson, Brooke	17	City of Southampton Swim Club	1:14.62	1:18.40
	37.08	1:18.40 (41.32)			
4	Jones, Niamh J	16	Penyrheol Asc	1:19.79	1:19.19
	38.49	1:19.19 (40.70)			
5	Davies, Chloe	16	Swansea Aquatics	1:21.01	1:19.23
	39.81	1:19.23 (39.42)			
6	Johns, Lauren M	17	Celtic Dolphins	1:16.40	1:20.17
	39.31	1:20.17 (40.86)			
7	Fletcher, Megan	16	Haverfordwest Swimming Club	1:20.39	1:27.40
	40.84	1:27.40 (46.56)			

Event 506 Boys 9-10 100 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Pugh, Gethin	10	Amman Valley Swimming Club	1:46.92	1:44.73
	49.68	1:44.73 (55.05)			
2	West, Zac	10	Fishguard Flyers SC	1:53.47	1:49.75
	51.79	1:49.75 (57.96)			
3	Sanorjo, Angelo	10	Swansea Aquatics	1:59.00	2:00.56
	56.49	2:00.56 (1:04.07)			

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****Event 506 Boys 11-12 100 LC Meter Breaststroke Level 1**

	Name	Age	Team	Seed Time	Finals Time
1	Seppman, Neo	12	Swansea Aquatics	1:30.95	1:31.30
	43.92		1:31.30 (47.38)		
2	Cole, Toby	11	Swansea Aquatics	1:37.89	1:32.67
	45.59		1:32.67 (47.08)		
3	Burkett, Max	11	Swansea Aquatics	1:33.80	1:33.96
	44.93		1:33.96 (49.03)		
4	Fitzsimmons, Arron	11	Pembroke & District	1:34.23	1:34.01
	46.28		1:34.01 (47.73)		
5	White, Henry	12	Haverfordwest Swimming Club	1:33.62	1:35.14
	45.89		1:35.14 (49.25)		
6	Williams, Osian	12	Swim Conwy Performance Centre	1:37.19	1:38.67
	47.92		1:38.67 (50.75)		
7	Jones, Harry E	12	Celtic Dolphins	1:40.95	1:41.55
	48.32		1:41.55 (53.23)		
8	Andrews, Rory	11	Haverfordwest Swimming Club	1:42.03	1:42.25
	49.07		1:42.25 (53.18)		

Event 506 Boys 13-14 100 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Langman, George T	14	Weston Super Mare SC	1:20.15	1:23.49
	38.42		1:23.49 (45.07)		
2	Webb, Jac D	13	Haverfordwest Swimming Club	1:25.72	1:25.37
	40.77		1:25.37 (44.60)		
3	Jones, Kyran	13	Caerphilly County Swim Squad	1:30.89	1:28.52
	42.01		1:28.52 (46.51)		

Event 506 Boys 15 & Over 100 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Fraser, Lewis W	16	Swansea Aquatics	1:05.23	1:06.27
	31.40		1:06.27 (34.87)		
2	Davies, Daniel J	18	Swansea Aquatics	1:06.02	1:08.33
	32.32		1:08.33 (36.01)		
3	Simons, Fabio	20	Neath Asc	1:10.90	1:12.80
	34.78		1:12.80 (38.02)		
4	Loney, Joshua	15	Swansea Aquatics	1:12.98	1:15.85
	36.00		1:15.85 (39.85)		
5	Stephens, Thomas	17	Neath Asc	1:13.67	1:18.67
	35.38		1:18.67 (43.29)		
6	Jones, Daniel	18	City of Cardiff Swimming Club	1:17.71	1:19.50
	37.44		1:19.50 (42.06)		
7	Barton, Jack	15	City of Southampton Swim Club	1:17.39	1:20.32
	38.74		1:20.32 (41.58)		
8	Short, Simon	18	Neath Asc	1:17.04	1:21.81
	38.74		1:21.81 (43.07)		
9	Healey, Richard	18	Chirk Dragons	1:21.99	1:23.44
	38.67		1:23.44 (44.77)		
10	Wilk, Harri D	15	Chirk Dragons	1:25.59	1:23.69
	39.34		1:23.69 (44.35)		
11	Job, Kyle	17	Penyrheol Asc	1:19.93	1:24.23
	38.87		1:24.23 (45.36)		

Event 507 Girls 9-11 200 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Dickinson, Jessica	11	Swansea Aquatics	2:31.34	2:28.85
	34.59		1:12.60 (38.01) 1:51.28 (38.68)	2:28.85 (37.57)	
2	Milligan, Jessica	11	City of Southampton Swim Club	2:31.72	2:30.36
	34.91		1:13.63 (38.72) 1:52.51 (38.88)	2:30.36 (37.85)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 507 Girls 9-11 200 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
3	Evans, Bethan	11	Neath Asc	2:44.10	2:39.53
	37.05	1:18.73 (41.68)	2:00.59 (41.86)	2:39.53 (38.94)	
4	Tucker, Natalie E	11	Swansea Aquatics	2:36.89	2:39.98
	36.90	1:17.73 (40.83)	1:59.55 (41.82)	2:39.98 (40.43)	
5	Burgess, Sienna	10	Neath Asc	2:45.54	2:44.38
	37.53	1:20.52 (42.99)	2:04.54 (44.02)	2:44.38 (39.84)	
6	Lloyd, Ruby	11	Swansea Aquatics	2:47.22	2:44.85
	38.71	1:20.81 (42.10)	2:04.22 (43.41)	2:44.85 (40.63)	
7	Marshall, Polly	11	Caerphilly County Swim Squad	3:01.01	2:49.17
	37.91	1:21.66 (43.75)	2:05.96 (44.30)	2:49.17 (43.21)	
8	Curtis-Jones, Llian M	11	Celtic Dolphins	2:42.17	2:51.71
	39.19	1:24.32 (45.13)	2:08.72 (44.40)	2:51.71 (42.99)	
9	Jones, Holli	10	Swansea Aquatics	2:52.32	2:54.22
	41.14	1:26.17 (45.03)	2:11.82 (45.65)	2:54.22 (42.40)	
10	Fischer, Kayleigh	10	Fishguard Flyers SC	2:57.07	2:55.46
	38.97	1:24.52 (45.55)	2:10.70 (46.18)	2:55.46 (44.76)	
11	Hetherington, Verity	11	Neath Asc	2:49.11	2:56.29
	39.66	1:25.46 (45.80)	2:12.79 (47.33)	2:56.29 (43.50)	
12	Lewis, Caera	10	Pembroke & District	2:56.09	2:58.03
	40.82	1:27.90 (47.08)	2:14.87 (46.97)	2:58.03 (43.16)	
13	Watson, Ceri	11	Swim Conwy Performance Centre	2:58.80	2:58.54
	41.96	1:29.28 (47.32)	2:15.46 (46.18)	2:58.54 (43.08)	
14	Wilkins, Maia	11	Swansea Aquatics	3:04.76	2:59.24
	40.01	1:26.41 (46.40)	2:14.39 (47.98)	2:59.24 (44.85)	
15	Thomas, Seren	10	Swansea Aquatics	3:03.91	2:59.64
	42.19	1:28.48 (46.29)	2:14.82 (46.34)	2:59.64 (44.82)	
16	White, Amy V	11	Haverfordwest Swimming Club	3:01.35	3:01.52
	41.69	1:29.27 (47.58)	2:18.06 (48.79)	3:01.52 (43.46)	
17	Keigwin, Daisy	11	Caerphilly County Swim Squad	3:10.68	3:02.66
	41.24	1:27.92 (46.68)	2:16.80 (48.88)	3:02.66 (45.86)	
18	Lewis, Lowri	10	Neath Asc	3:12.29	3:03.29
	41.10	1:29.90 (48.80)	2:18.49 (48.59)	3:03.29 (44.80)	
19	Davies, Ella	11	Penyrheol Asc	3:05.70	3:07.21
	41.57	1:30.40 (48.83)	2:20.41 (50.01)	3:07.21 (46.80)	
20	George, Mia	11	Neath Asc	3:06.24	3:07.27
	42.34	1:31.41 (49.07)	2:21.20 (49.79)	3:07.27 (46.07)	
21	Williams, Freya	10	Milford Tigers	3:01.65	3:08.86
	40.99	1:30.00 (49.01)	2:21.42 (51.42)	3:08.86 (47.44)	
22	Jones, Isabelle	11	Caerphilly County Swim Squad	3:17.84	3:22.48
	44.32	1:35.04 (50.72)	2:30.30 (55.26)	3:22.48 (52.18)	

Event 507 Girls 12-13 200 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Willis, Ashleigh	13	Swansea Aquatics	2:22.53	2:23.15
	32.91	1:08.96 (36.05)	1:46.57 (37.61)	2:23.15 (36.58)	
2	Robins, Aaliyah M	13	Chirk Dragons	2:21.31	2:23.91
	32.60	1:09.90 (37.30)	1:48.19 (38.29)	2:23.91 (35.72)	
3	Stokes, Aimee	12	Swansea Aquatics	2:24.00	2:26.41
	33.68	1:11.18 (37.50)	1:49.42 (38.24)	2:26.41 (36.99)	
4	Powell, Megan B	12	Swansea Aquatics	2:29.64	2:28.04
	34.59	1:13.11 (38.52)	1:52.24 (39.13)	2:28.04 (35.80)	
5	Dowling, Katie	13	City of Southampton Swim Club	2:22.22	2:30.68
	33.66	1:11.22 (37.56)	1:51.12 (39.90)	2:30.68 (39.56)	
6	Sullivan, Nia	12	Celtic Dolphins	2:39.76	2:36.02
	35.84	1:16.06 (40.22)	1:57.00 (40.94)	2:36.02 (39.02)	
7	Warlow, Grace E	13	Neath Asc	2:33.91	2:37.17
	36.14	1:16.49 (40.35)	1:57.81 (41.32)	2:37.17 (39.36)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 507 Girls 12-13 200 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
8	Thomson, Megan E	12	Haverfordwest Swimming Club	2:38.60	2:39.14
	36.47	1:16.79 (40.32)	1:59.33 (42.54)	2:39.14 (39.81)	
9	Williams, Danielle	13	Swansea Aquatics	2:42.10	2:41.08
	37.14	1:18.33 (41.19)	2:00.64 (42.31)	2:41.08 (40.44)	
10	Watson, Kimberleigh	13	City of Southampton Swim Club	2:43.60	2:41.35
	37.70	1:19.01 (41.31)	2:01.18 (42.17)	2:41.35 (40.17)	
11	Watson, Elin	13	Swim Conwy Performance Centre	2:38.76	2:43.11
	37.86	1:19.90 (42.04)	2:01.75 (41.85)	2:43.11 (41.36)	
12	Jones, Ffion C	13	Penyrheol Asc	2:48.25	2:44.35
	39.09	1:22.81 (43.72)	2:06.39 (43.58)	2:44.35 (37.96)	
13	Nicholls, Cameron	12	Swansea Aquatics	2:47.16	2:44.90
	37.37	1:19.30 (41.93)	2:02.51 (43.21)	2:44.90 (42.39)	
14	Pearce, Molly	12	Llanelli Asc	2:53.34	2:45.40
	37.03	1:19.78 (42.75)	2:03.34 (43.56)	2:45.40 (42.06)	

Event 507 Girls 14-15 200 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Arnold, Elizabeth	14	Swansea Aquatics	2:12.73	2:10.53
	31.19	1:04.59 (33.40)	1:38.35 (33.76)	2:10.53 (32.18)	
2	Wilcox, Hollie M	14	Weston Super Mare SC	2:21.59	2:24.00
	32.96	1:08.97 (36.01)	1:46.90 (37.93)	2:24.00 (37.10)	
3	Brown, Sophie	14	Swim Conwy Performance Centre	2:22.94	2:25.48
	32.67	1:10.48 (37.81)	1:49.27 (38.79)	2:25.48 (36.21)	
4	Paisey, Savita	14	City of Southampton Swim Club	2:23.90	2:26.49
	33.29	1:10.65 (37.36)	1:49.64 (38.99)	2:26.49 (36.85)	
5	Gibbins, Layla	15	Neath Asc	2:26.30	2:26.78
	33.87	1:10.61 (36.74)	1:49.31 (38.70)	2:26.78 (37.47)	
6	Maiden, Mya	15	Merthyr Tydfil Swimming Club	2:24.69	2:27.08
	33.72	1:10.96 (37.24)	1:50.07 (39.11)	2:27.08 (37.01)	
7	Cole, Cerys	14	Neath Asc	2:24.06	2:27.79
	33.06	1:10.78 (37.72)	1:49.58 (38.80)	2:27.79 (38.21)	
8	Millan, Fiona	14	Neath Asc	2:27.78	2:28.60
	34.33	1:12.90 (38.57)	1:52.65 (39.75)	2:28.60 (35.95)	
9	Short, Mollie	14	Neath Asc	2:28.27	2:28.92
	34.57	1:12.65 (38.08)	1:52.42 (39.77)	2:28.92 (36.50)	
10	Davies, Cara J	15	Swansea Aquatics	2:22.67	2:29.74
	33.71	1:11.68 (37.97)	1:51.23 (39.55)	2:29.74 (38.51)	
11	Day, Neve	14	City of Southampton Swim Club	2:34.34	2:31.81
	35.28	1:13.96 (38.68)	1:54.04 (40.08)	2:31.81 (37.77)	
12	Fletcher, Chloe	14	Haverfordwest Swimming Club	2:31.20	2:33.09
	35.14	1:13.99 (38.85)	1:54.66 (40.67)	2:33.09 (38.43)	
13	Harvey, Rhiannon	15	Celtic Dolphins	2:33.23	2:33.62
	35.82	1:16.64 (40.82)	1:57.76 (41.12)	2:33.62 (35.86)	
14	Roberts, Anya	14	Llanelli Asc	2:35.30	2:33.83
	36.65	1:15.89 (39.24)	1:55.90 (40.01)	2:33.83 (37.93)	
15	Walters, Aisha M	14	Merthyr Tydfil Swimming Club	2:33.19	2:35.08
	35.53	1:15.15 (39.62)	1:55.54 (40.39)	2:35.08 (39.54)	
16	Holdsworth, Jasmine	14	Celtic Dolphins	2:34.78	2:36.47
	35.91	1:16.25 (40.34)	1:56.91 (40.66)	2:36.47 (39.56)	
17	Laugharne, Zoe	15	Celtic Dolphins	2:39.62	2:38.01
	35.72	1:15.67 (39.95)	1:57.11 (41.44)	2:38.01 (40.90)	
18	Johns, Hannah K	14	Celtic Dolphins	2:33.42	2:46.33
	37.26	1:19.14 (41.88)	2:02.54 (43.40)	2:46.33 (43.79)	

Event 507 Girls 16 & Over 200 LC Meter Freestyle Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Ellena	19	Swansea Aquatics	2:01.00	2:07.85
	30.64	1:02.18 (31.54)	1:34.85 (32.67)	2:07.85 (33.00)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 507 Girls 16 & Over 200 LC Meter Freestyle Level 1)**

	Name	Age	Team	Seed Time	Finals Time
2	Hoyle, Katie	18	Swansea Aquatics	2:08.94	2:11.70
	31.06	1:04.07 (33.01)	1:37.83 (33.76)	2:11.70 (33.87)	
3	Rothwell, Harriet	18	Swansea Aquatics	2:09.11	2:13.73
	31.51	1:05.07 (33.56)	1:39.79 (34.72)	2:13.73 (33.94)	
4	Andrews, Ffion	16	Neath Asc	2:20.54	2:25.12
	32.65	1:08.91 (36.26)	1:47.35 (38.44)	2:25.12 (37.77)	
5	McQueen, Amy	17	Swansea Aquatics	2:21.09	2:27.78
	33.49	1:11.24 (37.75)	1:49.90 (38.66)	2:27.78 (37.88)	
6	Jones, Niamh J	16	Penyrheol Asc	2:26.04	2:31.74
	34.64	1:13.48 (38.84)	1:53.81 (40.33)	2:31.74 (37.93)	

Event 508 Boys 11-12 200 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Rodriguez, Ab B	12	Swansea Aquatics	2:33.32	2:35.91
	33.86	1:13.82 (39.96)	1:55.21 (41.39)	2:35.91 (40.70)	

Event 508 Boys 13-14 200 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Martin, Luke	13	City of Southampton Swim Club	2:41.77	2:52.02
	36.61	1:20.66 (44.05)	2:07.89 (47.23)	2:52.02 (44.13)	
2	Preece, Alex J	13	Neath Asc	2:46.60	2:59.76
	36.66	1:22.56 (45.90)	2:12.87 (50.31)	2:59.76 (46.89)	

Event 508 Boys 15 & Over 200 LC Meter Butterfly Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Llewelyn W	15	Swansea Aquatics	2:12.51	2:13.13
	29.19	1:02.98 (33.79)	1:37.48 (34.50)	2:13.13 (35.65)	
2	Beckett, Kieran	15	City of Southampton Swim Club	2:21.02	2:28.97
	29.87	1:06.78 (36.91)	1:48.22 (41.44)	2:28.97 (40.75)	

Event 509 Girls 50 LC Meter Backstroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Davies, Chloe M	17	Swansea Aquatics	32.33	33.12
2	Ward, Caitlin A	15	Swansea Aquatics	33.11	33.86
3	Wilcox, Hollie M	14	Weston Super Mare SC	34.57	34.39
4	Trueman, Lily M	14	Haverfordwest Swimming Club	33.94	34.47
5	Rayment, Ashleigh	15	City of Southampton Swim Club	33.90	34.49
6	Hopkins, Lauren	14	Celtic Dolphins	34.84	35.64
7	Maiden, Mya	15	Merthyr Tydfil Swimming Club	34.06	35.85
8	Powell, Megan B	12	Swansea Aquatics	36.00	36.17
9	Millan, Fiona	14	Neath Asc	34.63	36.26
10	Dowling, Katie	13	City of Southampton Swim Club	35.72	36.59
11	Davies, Cara J	15	Swansea Aquatics	35.91	36.98
12	Robins, Aaliyah M	13	Chirk Dragons	36.52	37.00
13	Jones, Niamh J	16	Penyrheol Asc	36.43	37.31
14	Mills, Rebecca	15	City of Southampton Swim Club	35.89	37.32
15	Short, Mollie	14	Neath Asc	36.65	37.42
16	Dickinson, Jessica	11	Swansea Aquatics	43.26	37.50
17	Thompson, Alannah	14	Penyrheol Asc	35.77	37.63
18	Humphries, Chloe A	14	Bilston Swimming Club	35.40	37.80
19	Fletcher, Chloe	14	Haverfordwest Swimming Club	38.95	37.94
*20	Johns, Lauren M	17	Celtic Dolphins	34.91	37.98
*20	Davies, Chloe	16	Swansea Aquatics	38.00	37.98
22	Lewis, Helen	14	Merthyr Tydfil Swimming Club	37.16	37.99
23	Davies, Ellie	12	Swansea Aquatics	37.44	38.05
24	Golding, Francesca M	24	Neath Asc	34.23	38.23
25	Robinson, Francesca S	13	Haverfordwest Swimming Club	37.91	38.54

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 509 Girls 50 LC Meter Backstroke Level 1)**

	Name	Age	Team	Seed Time	Finals Time
26	Smith, Poppy	14	City of Southampton Swim Club	37.86	38.70
27	Gibbins, Layla	15	Neath Asc	38.36	38.90
28	Fletcher, Megan	16	Haverfordwest Swimming Club	36.21	38.99
29	Evans, Bethan	11	Neath Asc	38.68	39.07
30	Nicholls, Jasmine	15	Swansea Aquatics	38.49	39.10
31	Bailey-Jones, Nia	11	Swansea Aquatics	39.10	39.54
32	Day, Neve	14	City of Southampton Swim Club	41.87	39.87
33	Norris, Alyssa	13	Caerphilly County Swim Squad	38.20	40.04
34	Pullen, Megan K	15	Swansea Aquatics	38.42	40.23
35	Davies, Emily	13	Celtic Dolphins	38.19	41.18
36	Watson, Kimberleigh	13	City of Southampton Swim Club	39.60	41.34
37	Nicholls, Cameron	12	Swansea Aquatics	40.40	41.38
38	Langman, Sophie L	17	Weston Super Mare SC	38.83	41.40
39	Garcia De Leaniz, Sofia	11	Swansea Aquatics	42.86	41.49
40	Slater, Jessica	13	City of Southampton Swim Club	41.74	41.74
41	Jones, Ffion C	13	Penyrheol Asc	39.66	41.77
42	Garcia, Ysabelle	11	City of Southampton Swim Club	43.56	42.12
43	Owen, Caitlin	13	Swim Conwy Performance Centre	41.71	42.15
44	Williams, Rhona	13	Chirk Dragons	39.38	42.25
45	Pearce, Molly	12	Llanelli Asc	42.31	42.39
46	Tucker, Natalie E	11	Swansea Aquatics	42.52	42.42
47	Doughty, Katie	11	Milford Tigers	41.97	42.81
48	Hughes, Ellie	14	Swim Conwy Performance Centre	39.21	43.18
49	Ost, Katie	13	Penyrheol Asc	42.17	43.46
50	Williams, Freya	10	Milford Tigers	43.16	44.00
51	Oates, Ellia	13	Neath Asc	42.85	44.68
52	Knight, Ffion L	11	Penyrheol Asc	53.12	46.33

Event 510 Boys 50 LC Meter Breaststroke Level 1

	Name	Age	Team	Seed Time	Finals Time
1	Fraser, Lewis W	16	Swansea Aquatics	29.82	30.81
2	Simons, Fabio	20	Neath Asc	31.82	32.88
3	Stephens, Thomas	17	Neath Asc	34.15	35.66
4	Job, Kyle	17	Penyrheol Asc	34.91	36.11
5	Langman, George T	14	Weston Super Mare SC	35.79	36.84
6	Barton, Jack	15	City of Southampton Swim Club	36.03	37.64
7	Short, Simon	18	Neath Asc	35.70	38.11
8	Wilk, Harri D	15	Chirk Dragons	40.28	38.68
9	Webb, Jac D	13	Haverfordwest Swimming Club	40.99	39.89
10	Thomas, Joshua	15	Merthyr Tydfil Swimming Club	44.29	41.82
11	Wells, Lewis	13	Neath Asc	43.62	42.02
12	Fitzsimmons, Arron	11	Pembroke & District	42.36	42.66
13	Burkett, Max	11	Swansea Aquatics	43.86	44.19
14	Clapham, Patrick J	14	Fishguard Flyers SC	47.01	44.77
15	Hall, Lewis	13	Swim Conwy Performance Centre	47.59	46.99
16	Hearn, Calum	17	Penyrheol Asc	47.75	49.58
17	Smith, Jake	10	City of Southampton Swim Club	56.36	56.09

Event 511 Girls 8 Year Olds 200 LC Meter IM Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Tucker, Holly	8	Swansea Aquatics	NT	3:38.28
	50.55	1:45.05 (54.50)	2:49.28 (1:04.23)	3:38.28 (49.00)	
2	Horne, Victoria	8	Fishguard Flyers SC	NT	4:09.33
	1:00.13	2:01.74 (1:01.61)	3:10.97 (1:09.23)	4:09.33 (58.36)	
3	Hamer, Megan	8	Celtic Dolphins	NT	4:27.78
	1:06.30	2:11.14 (1:04.84)	4:27.78 (2:16.64)		

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 511 Girls 8 Year Olds 200 LC Meter IM Level 3)**

Name	Age	Team	Seed Time	Finals Time
4 Keigwin, Poppy	8	Caerphilly County Swim Squad	NT	4:35.93
1:14.88	2:16.03 (1:01.15)	4:35.93 (2:19.90)		
--- Sparkes, Lola	8	Neath Asc	NT	DQ
1:38.41	2:58.77 (1:20.36)	4:50.86 (1:52.09)	DQ (1:10.23)	
--- Thomas, Medi A	8	Llanelli Asc	NT	DQ
2:30.29 ()		DQ (2:26.72)		
--- Watkins, Amelia	8	Caerphilly County Swim Squad	NT	DQ
57.11	1:52.78 (55.67)	2:58.39 (1:05.61)	DQ (50.93)	
--- Holdsworth, Sienna	8	Celtic Dolphins	NT	DQ
1:15.27	2:26.61 (1:11.34)	3:46.21 (1:19.60)	DQ (1:12.49)	
--- Snelgrove, Violet	8	Neath Asc	NT	DQ
1:09.98	2:15.74 (1:05.76)	3:35.08 (1:19.34)	DQ (58.52)	

Event 511 Girls 9 Year Olds 200 LC Meter IM Level 3

Name	Age	Team	Seed Time	Finals Time
1 Knowles, Amy A	9	Haverfordwest Swimming Club	3:24.45	3:27.93
45.61	1:39.51 (53.90)	2:43.94 (1:04.43)	3:27.93 (43.99)	
2 Peter, Sophie	9	Swansea Aquatics	3:28.03	3:29.13
46.01	1:39.41 (53.40)	2:44.31 (1:04.90)	3:29.13 (44.82)	
3 Thomas, Ffion	9	Neath Asc	3:49.73	3:32.98
1:41.31 ()		2:48.40 (1:07.09)	3:32.98 (44.58)	
4 Richardson, Maizie	9	Swim Conwy Performance Centre	3:36.90	3:40.75
53.03	1:49.46 (56.43)	2:54.34 (1:04.88)	3:40.75 (46.41)	
5 Edwards, Catrin	9	Swansea Aquatics	3:36.20	3:43.60
55.44	1:51.96 (56.52)	2:56.93 (1:04.97)	3:43.60 (46.67)	
6 Cleave, Mia	9	Celtic Dolphins	NT	3:44.60
54.82	1:45.88 (51.06)	2:55.24 (1:09.36)	3:44.60 (49.36)	
7 Sullivan, Katie	9	Celtic Dolphins	NT	3:50.72
50.76	1:47.22 (56.46)	2:56.98 (1:09.76)	3:50.72 (53.74)	
8 Gilligan, Gracie	9	Neath Asc	NT	3:52.50
1:53.88 ()		3:00.51 (1:06.63)	3:52.50 (51.99)	
9 Goddard, Evie E	9	Haverfordwest Swimming Club	3:42.82	3:52.54
1:54.38 ()		3:01.08 (1:06.70)	3:52.54 (51.46)	
10 Allen, Erin	9	Haverfordwest Swimming Club	4:27.26	4:03.63
1:04.60	2:02.80 (58.20)	3:14.87 (1:12.07)	4:03.63 (48.76)	
11 Wilson, Jayden	9	Pembroke & District	5:02.46	4:07.80
59.69	2:02.45 (1:02.76)	3:13.49 (1:11.04)	4:07.80 (54.31)	
12 Ward, Poppy May	9	Caerphilly County Swim Squad	NT	4:30.66
1:05.46	2:09.58 (1:04.12)	3:30.56 (1:20.98)	4:30.66 (1:00.10)	
13 Nutt, Kira	9	Caerphilly County Swim Squad	NT	4:40.95
1:08.25	2:20.91 (1:12.66)	3:45.43 (1:24.52)	4:40.95 (55.52)	
14 Enoch, Megan J	9	Caerphilly County Swim Squad	NT	4:44.33
1:18.52	2:22.14 (1:03.62)	3:45.13 (1:22.99)	4:44.33 (59.20)	

Event 511 Girls 10 Year Olds 200 LC Meter IM Level 3

Name	Age	Team	Seed Time	Finals Time
1 Burgess, Sienna	10	Neath Asc	3:11.76	3:08.51
41.01	1:32.19 (51.18)	2:27.11 (54.92)	3:08.51 (41.40)	
2 Wookey, Katie	10	Llanelli Asc	3:13.77	3:17.92
45.65	1:35.26 (49.61)	2:33.04 (57.78)	3:17.92 (44.88)	
3 Llewellyn, Nia	10	Haverfordwest Swimming Club	3:19.03	3:19.29
47.49	1:37.93 (50.44)	2:34.27 (56.34)	3:19.29 (45.02)	
4 Jones, Holli	10	Swansea Aquatics	3:26.20	3:21.62
47.55	1:38.57 (51.02)	2:39.76 (1:01.19)	3:21.62 (41.86)	
5 Harvey, Carys	10	Celtic Dolphins	3:29.22	3:24.04
45.00	1:35.41 (50.41)	2:40.66 (1:05.25)	3:24.04 (43.38)	
6 White, Eleanor R	10	Haverfordwest Swimming Club	4:03.76	3:27.98
45.10	1:39.01 (53.91)	2:40.51 (1:01.50)	3:27.98 (47.47)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 511 Girls 10 Year Olds 200 LC Meter IM Level 3)**

	Name	Age	Team	Seed Time	Finals Time
7	Krol, Sophie	10	Haverfordwest Swimming Club	3:35.04	3:28.31
	52.08	1:43.97 (51.89)	2:42.78 (58.81)	3:28.31 (45.53)	
8	Webb, Alys	10	Haverfordwest Swimming Club	3:43.33	3:30.84
	47.45	1:40.96 (53.51)	2:43.77 (1:02.81)	3:30.84 (47.07)	
9	Reed, Kayleigh	10	Fishguard Flyers SC	3:36.75	3:31.89
	47.68	1:42.29 (54.61)	2:46.96 (1:04.67)	3:31.89 (44.93)	
10	Thomas, Seren	10	Swansea Aquatics	3:30.40	3:33.51
		1:46.48 ()	2:47.89 (1:01.41)	3:33.51 (45.62)	
11	Evans, Caitlin	10	Neath Asc	3:38.12	3:33.75
	50.01	1:45.67 (55.66)	2:45.27 (59.60)	3:33.75 (48.48)	
12	Lewis, Lowri	10	Neath Asc	3:32.88	3:33.78
	47.55	1:43.30 (55.75)	2:45.86 (1:02.56)	3:33.78 (47.92)	
13	King, Emilia	10	Penyrheol Asc	NT	3:34.71
	54.15	1:42.71 (48.56)	2:46.75 (1:04.04)	3:34.71 (47.96)	
14	Brierley, Jessica	10	Swim Conwy Performance Centre	3:47.52	3:43.96
	52.19	1:48.69 (56.50)	2:54.59 (1:05.90)	3:43.96 (49.37)	
15	Collins, Erin S	10	Caerphilly County Swim Squad	4:07.20	3:45.26
	59.81	1:53.70 (53.89)	2:56.90 (1:03.20)	3:45.26 (48.36)	
16	Lewis, Abigail	10	Neath Asc	3:40.93	3:45.83
	55.27	1:51.87 (56.60)	2:54.06 (1:02.19)	3:45.83 (51.77)	
17	Hill, Marissa	10	Celtic Dolphins	4:03.93	3:48.44
	59.98	1:54.85 (54.87)	2:55.51 (1:00.66)	3:48.44 (52.93)	
18	Phillips, Rhianna	10	Llanelli Asc	4:20.85	3:48.52
	55.50	1:58.03 (1:02.53)	3:00.91 (1:02.88)	3:48.52 (47.61)	
19	Bawden, Amy G	10	Swansea Aquatics	3:48.00	3:48.79
	56.25	1:50.22 (53.97)	3:00.53 (1:10.31)	3:48.79 (48.26)	
20	John, Lucy	10	Haverfordwest Swimming Club	3:51.51	3:51.09
		1:55.87 ()	2:58.93 (1:03.06)	3:51.09 (52.16)	
21	Rowe-Lewis, Daisy	10	Swansea Aquatics	3:58.60	3:51.33
	53.96	1:54.53 (1:00.57)	3:04.72 (1:10.19)	3:51.33 (46.61)	
22	Phillips, Erin	10	Celtic Dolphins	3:55.30	3:52.12
	56.66	1:56.16 (59.50)	3:03.04 (1:06.88)	3:52.12 (49.08)	
23	Davies, Mai	10	Penyrheol Asc	NT	3:55.57
	53.47	1:53.28 (59.81)	3:04.20 (1:10.92)	3:55.57 (51.37)	
24	Worthington, Heather	10	Chirk Dragons	NT	3:58.07
25	Jones, Jessica	10	Caerphilly County Swim Squad	4:22.48	3:58.21
	1:00.38	1:56.20 (55.82)	3:07.08 (1:10.88)	3:58.21 (51.13)	
26	Fitchett, Molly	10	Neath Asc	4:00.30	3:58.73
	55.49	1:57.94 (1:02.45)	3:06.88 (1:08.94)	3:58.73 (51.85)	
---	Horne, Alexa	10	Fishguard Flyers SC	NT	DQ
	1:00.42	2:01.63 (1:01.21)	3:10.07 (1:08.44)	DQ (56.54)	

Event 511 Girls 11 Year Olds 200 LC Meter IM Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Lewis, Rachael E	11	Fishguard Flyers SC	3:20.79	3:12.98
	47.09	1:35.56 (48.47)	2:32.41 (56.85)	3:12.98 (40.57)	
2	Moses, Ffion M	11	Haverfordwest Swimming Club	3:19.65	3:14.13
	44.23	1:33.42 (49.19)	2:31.37 (57.95)	3:14.13 (42.76)	
3	Curtis-Jones, Llian M	11	Celtic Dolphins	3:09.92	3:15.85
	48.41	1:41.05 (52.64)	2:35.26 (54.21)	3:15.85 (40.59)	
4	Gillett, Keira	11	Swansea Aquatics	3:27.70	3:21.94
	47.17	1:38.02 (50.85)	2:39.85 (1:01.83)	3:21.94 (42.09)	
5	Glover, Katie	11	Neath Asc	3:25.69	3:24.34
	47.88	1:36.13 (48.25)	2:37.57 (1:01.44)	3:24.34 (46.77)	
6	Watts, Non	11	Celtic Dolphins	3:51.18	3:26.55
	49.37	1:41.43 (52.06)	2:43.27 (1:01.84)	3:26.55 (43.28)	
7	Brooks, Tacha	11	Swansea Aquatics	3:28.77	3:26.79
	47.18	1:40.32 (53.14)	2:42.64 (1:02.32)	3:26.79 (44.15)	

Neath ASC Open Meet - 22/10/2016 to 23/10/2016**Results - Session Five****(Event 511 Girls 11 Year Olds 200 LC Meter IM Level 3)**

	Name	Age	Team	Seed Time	Finals Time
8	Davies, Katie	11	Celtic Dolphins	3:51.09	3:43.17
		1:50.00 ()	2:53.45 (1:03.45)	3:43.17 (49.72)	
9	Thomas, Abigail E	11	Celtic Dolphins	4:04.88	3:53.06
	55.69	1:54.20 (58.51)	3:00.71 (1:06.51)	3:53.06 (52.35)	
10	Scannell, Blythe	11	Merthyr Tydfil Swimming Club	3:58.48	3:55.82
		1:56.23 ()	3:04.61 (1:08.38)	3:55.82 (51.21)	
11	Evans, Samantha	11	Caerphilly County Swim Squad	4:24.00	4:25.12
	1:12.22	2:12.12 (59.90)	3:32.25 (1:20.13)	4:25.12 (52.87)	
12	Richardson, Megan	11	Swim Conwy Performance Centre	4:15.11	4:27.58
	1:09.34	2:12.29 (1:02.95)	3:28.67 (1:16.38)	4:27.58 (58.91)	
13	Williams, Thea	11	Neath Asc	NT	4:42.03
---	Morris, Scarlet	11	Haverfordwest Swimming Club	4:37.20	DQ
	1:04.97	2:14.20 (1:09.23)	3:26.32 (1:12.12)	DQ (1:10.46)	

Event 511 Girls 12 Year Olds 200 LC Meter IM Level 3

	Name	Age	Team	Seed Time	Finals Time
1	Hetherington, Trinity	12	Neath Asc	3:05.83	3:01.29
	42.76	1:25.89 (43.13)	2:19.15 (53.26)	3:01.29 (42.14)	
2	Thomson, Megan E	12	Haverfordwest Swimming Club	3:00.99	3:05.41
	41.17	1:30.67 (49.50)	2:26.45 (55.78)	3:05.41 (38.96)	
3	Barber, Sydney P	12	Haverfordwest Swimming Club	3:17.00	3:13.83
	44.44	1:33.79 (49.35)	2:30.75 (56.96)	3:13.83 (43.08)	
4	Bennett, Briony	12	Haverfordwest Swimming Club	3:21.27	3:14.49
	44.59	1:32.79 (48.20)	2:31.11 (58.32)	3:14.49 (43.38)	
5	Greenwood, Hannah	12	Pembroke & District	3:14.08	3:17.95
	44.84	1:35.20 (50.36)	2:35.06 (59.86)	3:17.95 (42.89)	
6	Williams, Olivia	12	Celtic Dolphins	3:34.35	3:29.39
		1:38.57 ()	2:42.22 (1:03.65)	3:29.39 (47.17)	
7	Evans, Elena	12	Neath Asc	3:36.92	3:33.02
		1:46.06 ()	2:48.33 (1:02.27)	3:33.02 (44.69)	
8	Robinson, Ffion	12	Swansea Aquatics	3:43.40	3:33.54
	50.33	1:45.66 (55.33)	2:46.92 (1:01.26)	3:33.54 (46.62)	
9	Shaddick, Libby	12	Caerphilly County Swim Squad	4:19.04	4:17.02
	1:07.40	2:10.35 (1:02.95)	3:24.17 (1:13.82)	4:17.02 (52.85)	

Event 512 Girls 200 LC Meter IM Level 3 - MC Multi-Class

	Name	Age	Team	Seed Time	Finals Time
1	Jones, Cerys SM14	15	Swansea Aquatics	3:12.24	3:11.25
	39.05	1:27.56 (48.51)	2:28.71 (1:01.15)	3:11.25 (42.54)	
2	Leconte, Seren E SM9	11	Caerphilly County Swim Squad	4:13.86	4:23.70
	1:04.38	2:08.02 (1:03.64)	3:33.04 (1:25.02)	4:23.70 (50.66)	